

Overview of Tubulopathies

Prof. Kandai Nozu, MD, PhD

Department of Pediatrics,

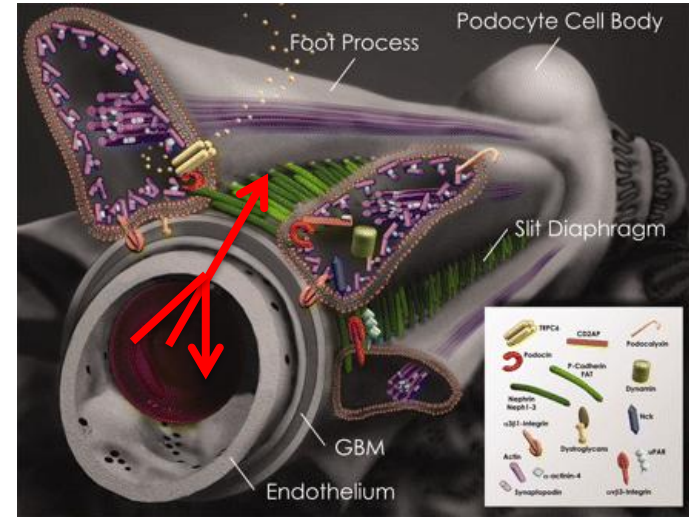
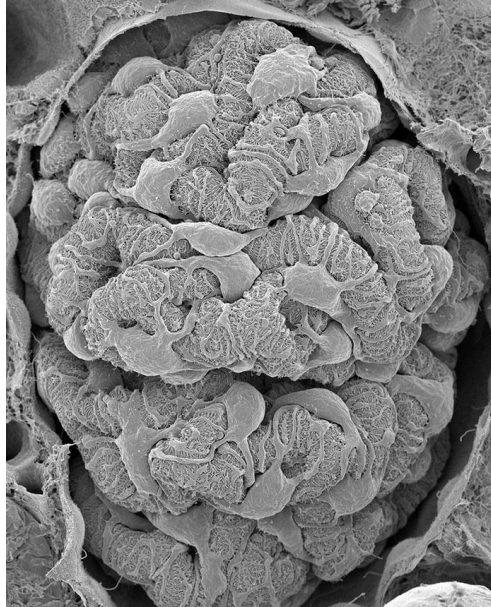
Kobe University Graduate School of Medicine, Kobe, JAPAN

Agenda



1. Structure and function of glomerulus and tubules
2. Primary Functions of the Proximal Tubule
3. Small molecular protein reabsorption from proximal tubule
4. Renal Tubular Acidosis
5. Diuretic effects

Barrier structure of the glomeruli

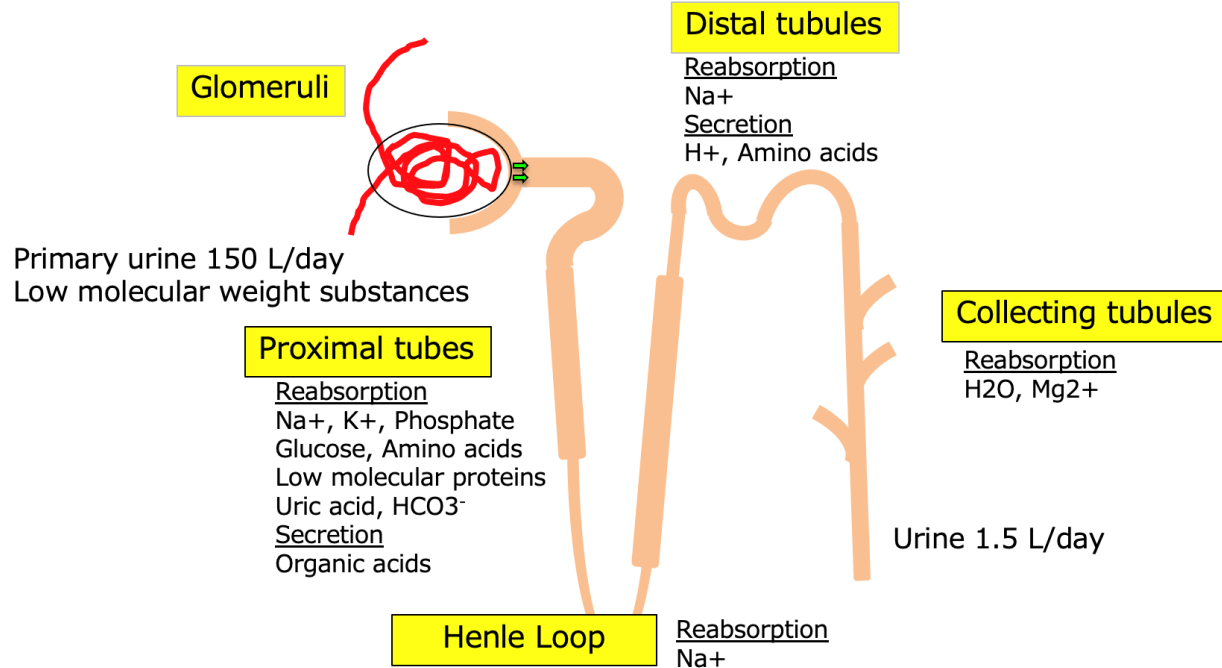


Miyaki T et al, Cell and Tissue Research **volume 379**, pages245–254(2020)

Reiser J et al, J Am Soc Nephrol
2009;950-953

Filters water and substances with a molecular weight of 3.5×10^4 or less (6.6×10^4 for albumin and 1.18×10^4 for B₂-MG) to filter blood waste and excrete it in urine

Structure and function of tubules



Roles

1. Regulating serum electrolyte levels.
2. Maintaining the blood pH between 7.35 and 7.45.
3. Reabsorbing small molecules that leak from the glomerulus.
4. Reabsorb approximately 99% of the water that leaks out during filtration.

Agenda



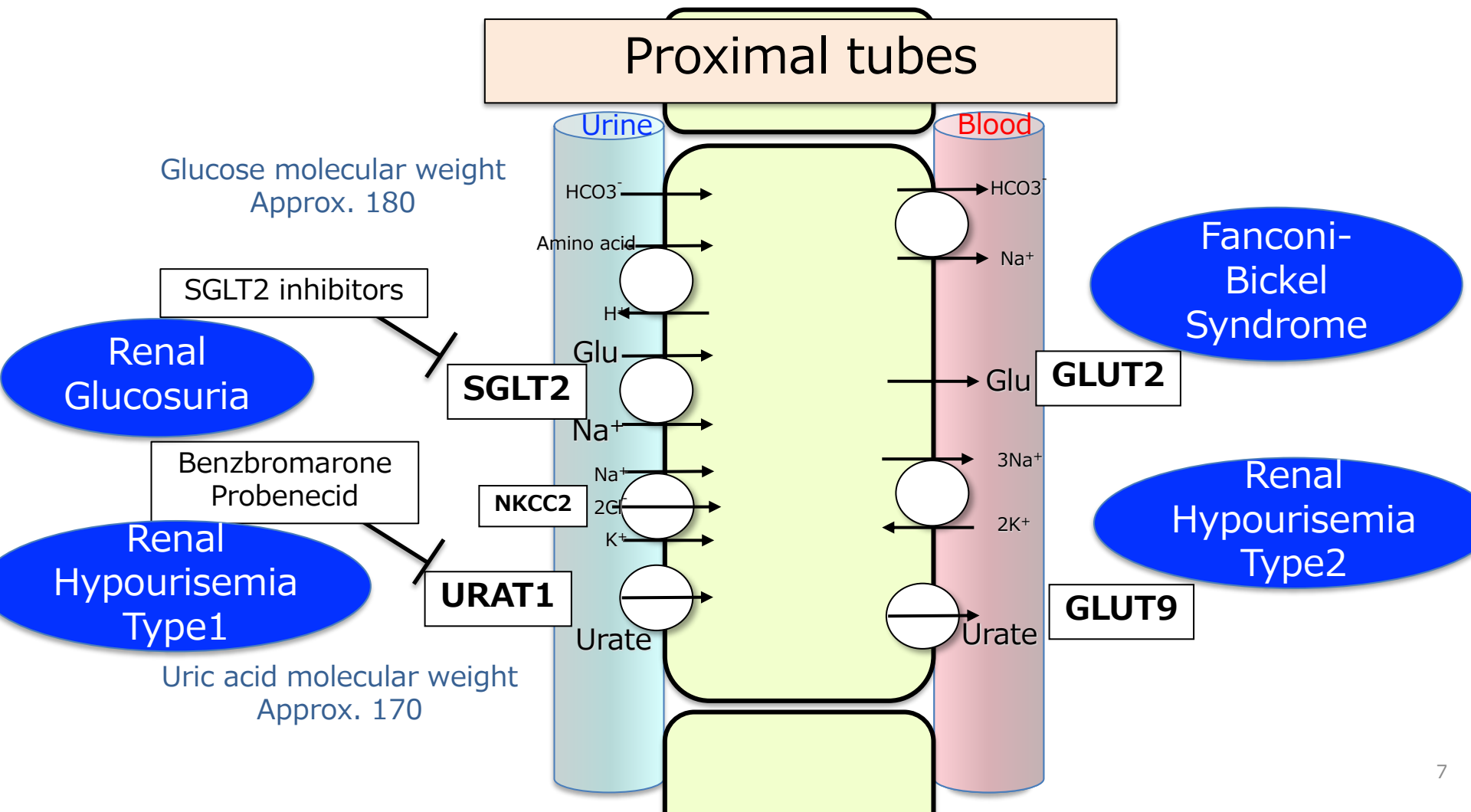
1. Structure and function of glomerulus and tubules
2. Primary Functions of the Proximal Tubule
3. Small molecular protein reabsorption from proximal tubule
4. Renal Tubular Acidosis
5. Diuretic effects

Structure and function of tubules

Question:

Can you explain the mechanism of action of SGLT2 inhibitors for the treatment of diabetes?





Agenda



1. Structure and function of glomerulus and tubules
2. Primary Functions of the Proximal Tubule
3. Small molecular protein reabsorption from proximal tubule
4. Renal Tubular Acidosis
5. Diuretic effects

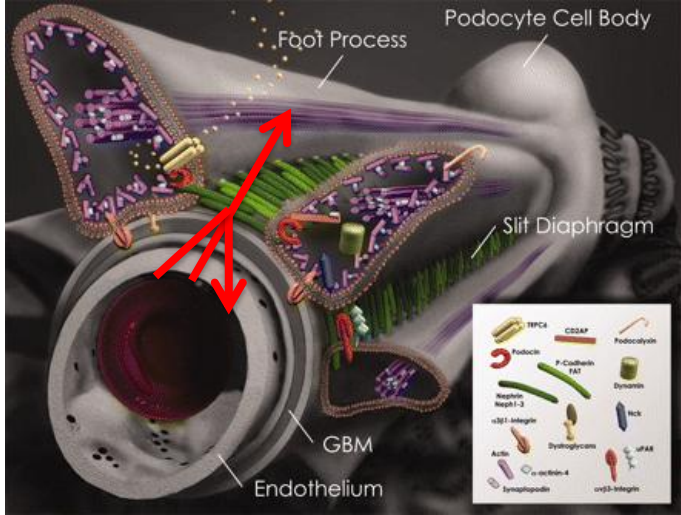
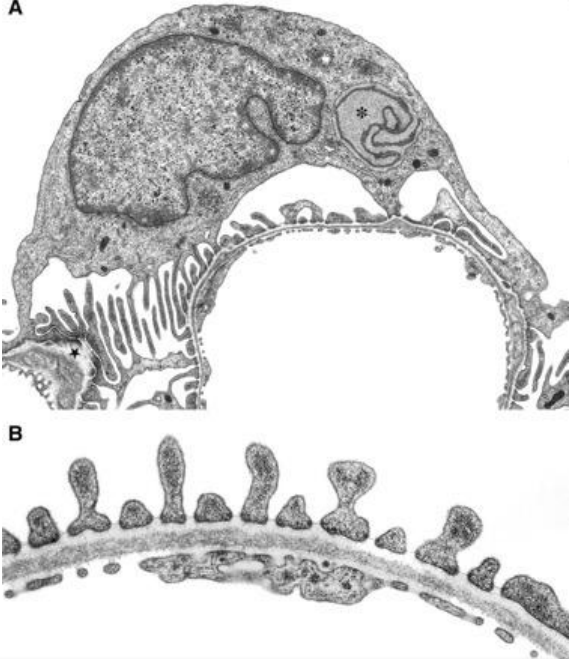
Structure and function of tubules

Question:

What are the indicators of high levels of urinary $\beta 2$ microglobulin? How does it occur?

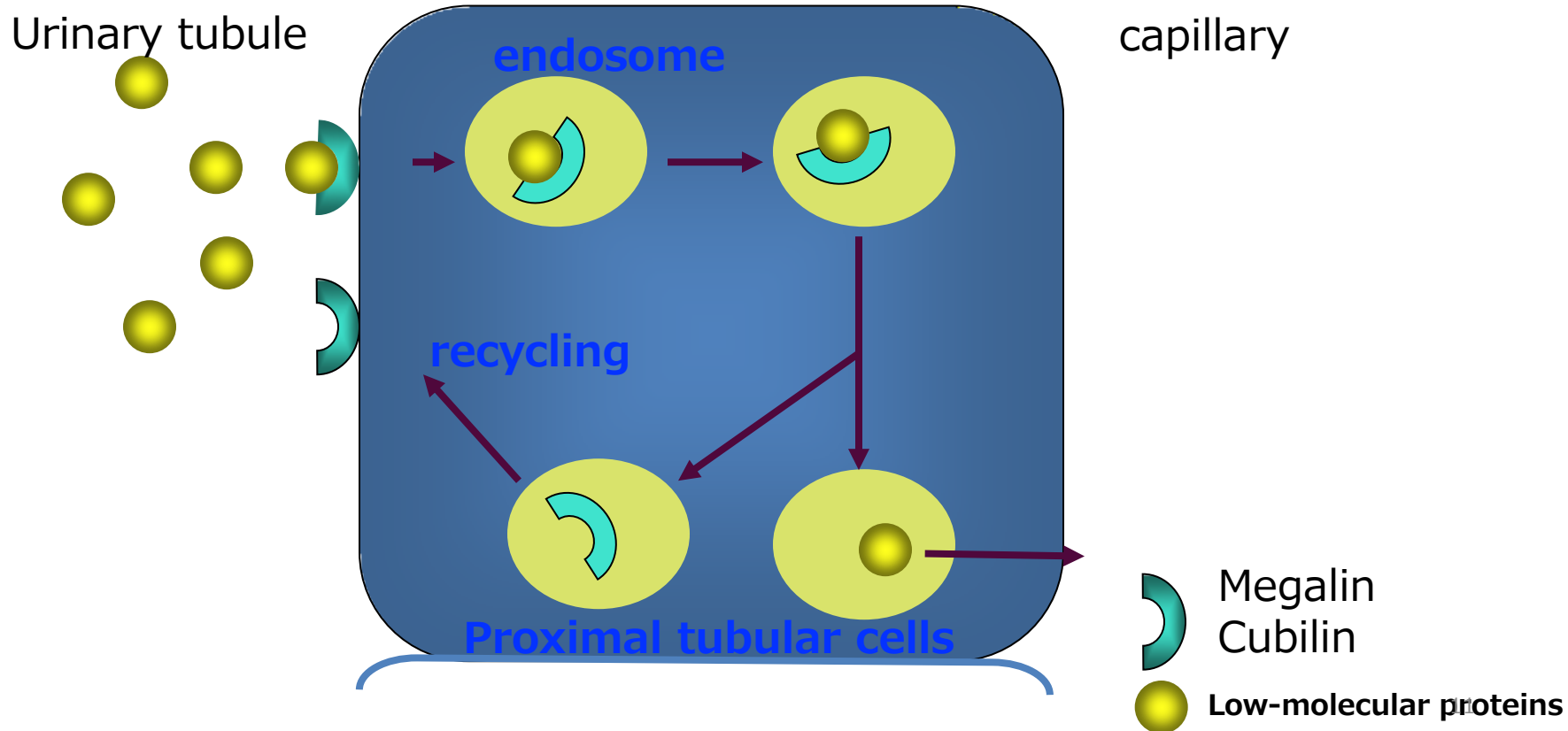


Barrier structure of the glomeruli

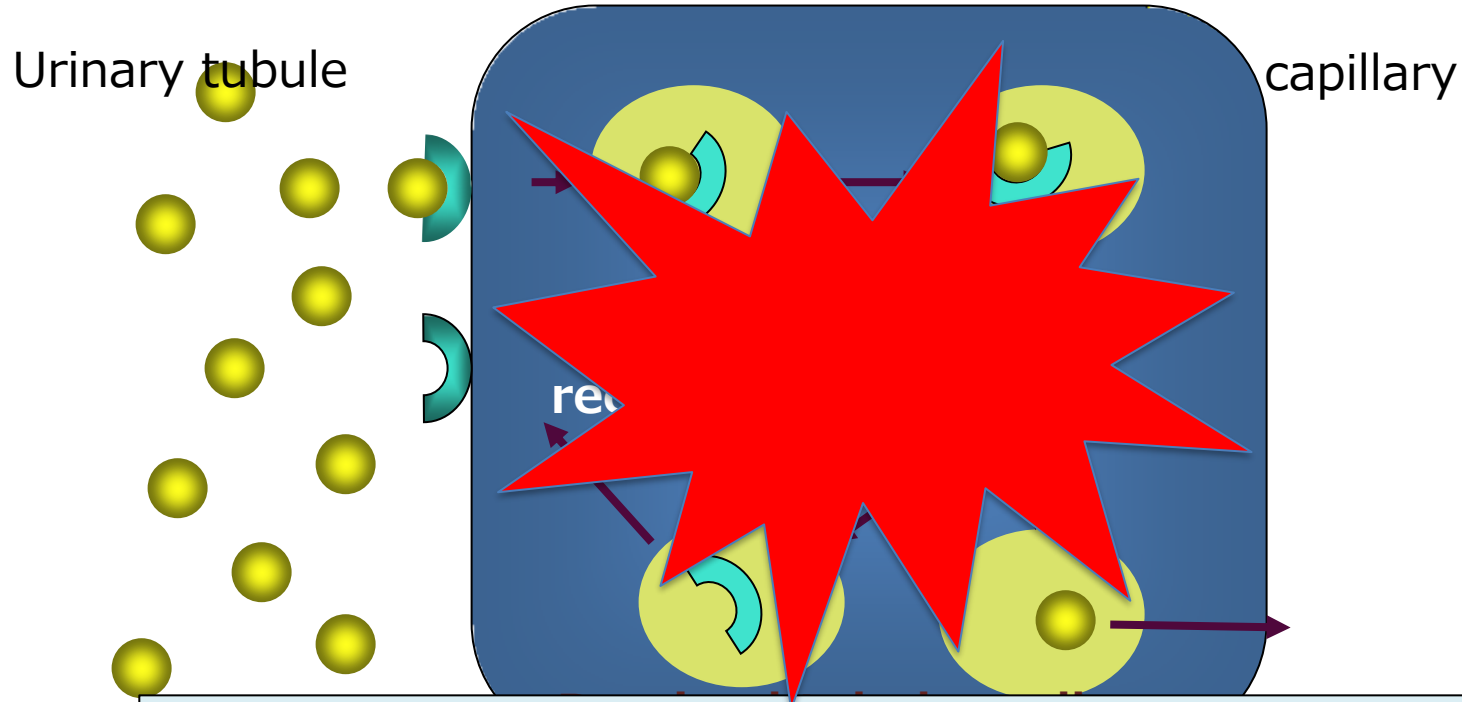


Filters water and substances with a molecular weight of 3.5×10^4 or less (6.6×10^4 for albumin and 1.18×10^4 for B2-MG) to filter blood waste and excrete it in urine

Reabsorption of low molecular weight proteins by megalin and cubilin



Reabsorption of low molecular weight proteins by megalin and cubillin



Mitochondrial dysfunction by ischemia, medications, etc.
→ proximal tubular disorders → high urinary BMG

Reabsorption of low molecular weight proteins by megalin and cubillin

Megalin dysfunction

Primary: Donnai-Barrow syndrome

(craniofacial features, hearing loss, Low-molecular proteinuria)

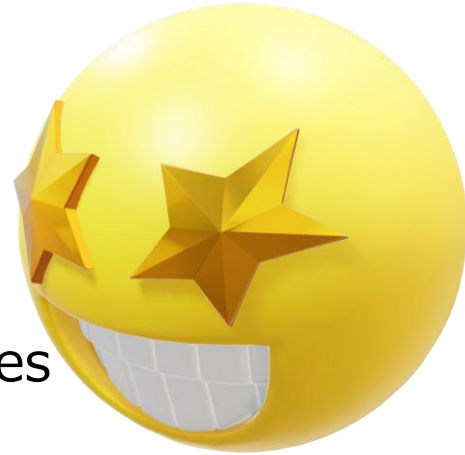
Secondary: Dent-disease 1 (CLCN5), Dent-disease 2 (OCRL)

Cubilin dysfunction

CUBN-related Nephropathy (Chronic Benign Proteinuria)

Imerslund-Grasbeck Syndrome (Vit B12 deficiency)

Agenda



1. Structure and function of glomerulus and tubules
2. Primary Functions of the Proximal Tubule
3. Small molecular protein reabsorption from proximal tubule
4. Renal Tubular Acidosis
5. Diuretic effects

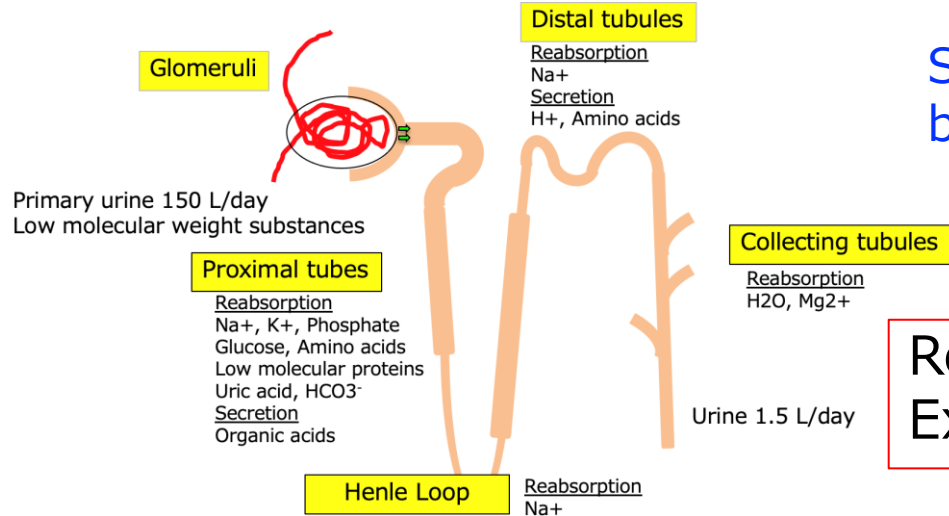
Structure and function of tubules

Question:

Can you explain the onset mechanisms of tubular acidosis to your students?



Basic knowledge of tubular acidosis

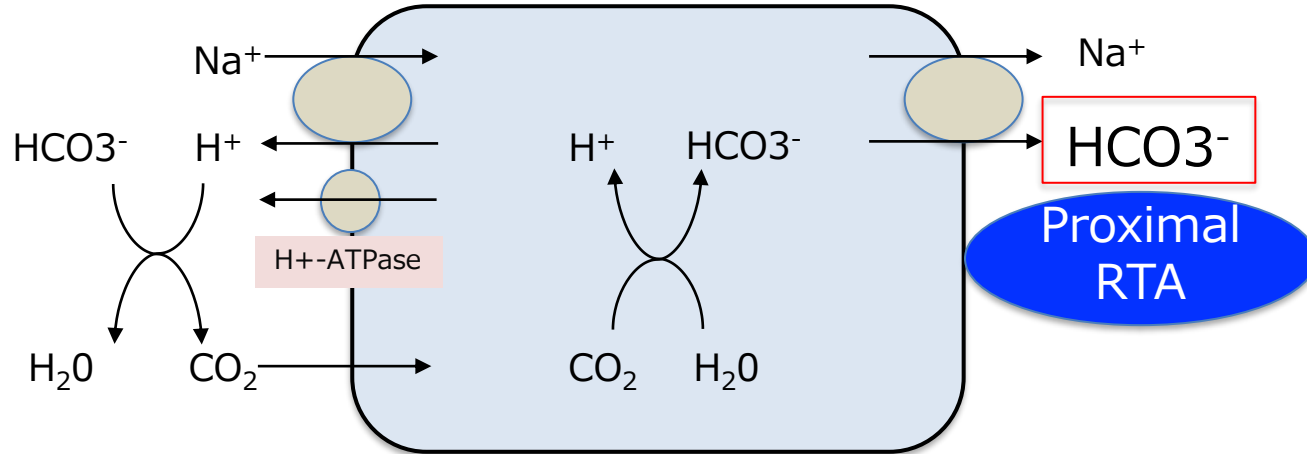


Serum pH to 7.35-7.45 is controlled by the kidney tubules

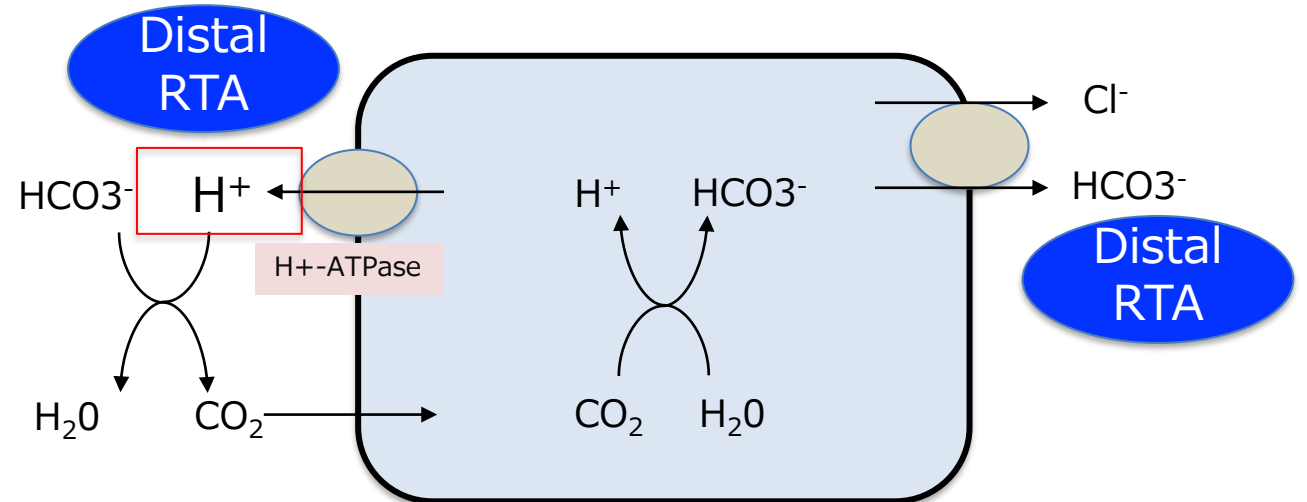
Reabsorb HCO₃⁻ → proximal tubules
Excretion of H⁺ → distal tubules

Proximal tubular acidosis → inability to reabsorb (lose) HCO₃⁻
Distal tubular acidosis → inability to excrete H⁺ (accumulation)

Proximal tubules



Distal tubules



Agenda



1. Structure and function of glomerulus and tubules
2. Primary Functions of the Proximal Tubule
3. Small molecular protein reabsorption from proximal tubule
4. Renal Tubular Acidosis
5. Diuretic effects

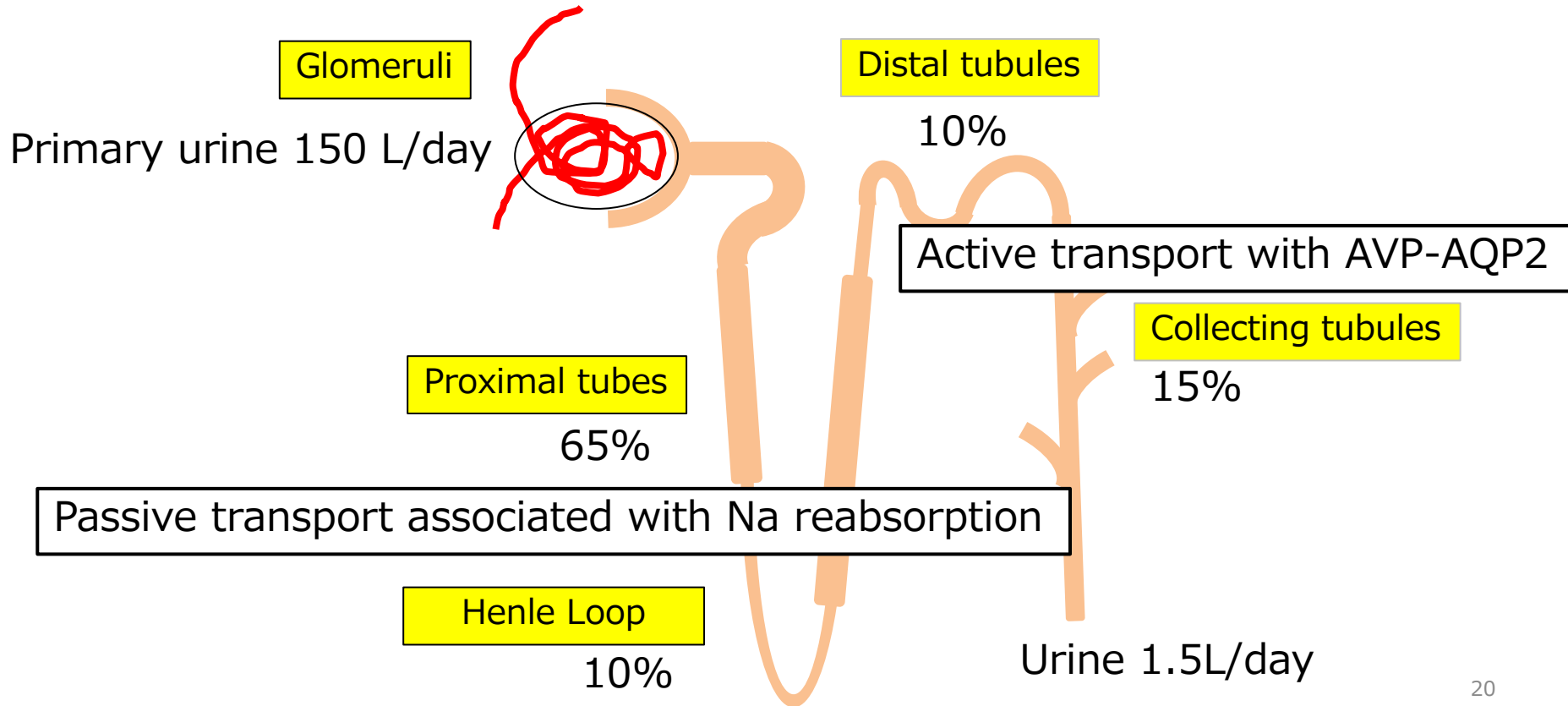
Structure and function of tubules

Question:

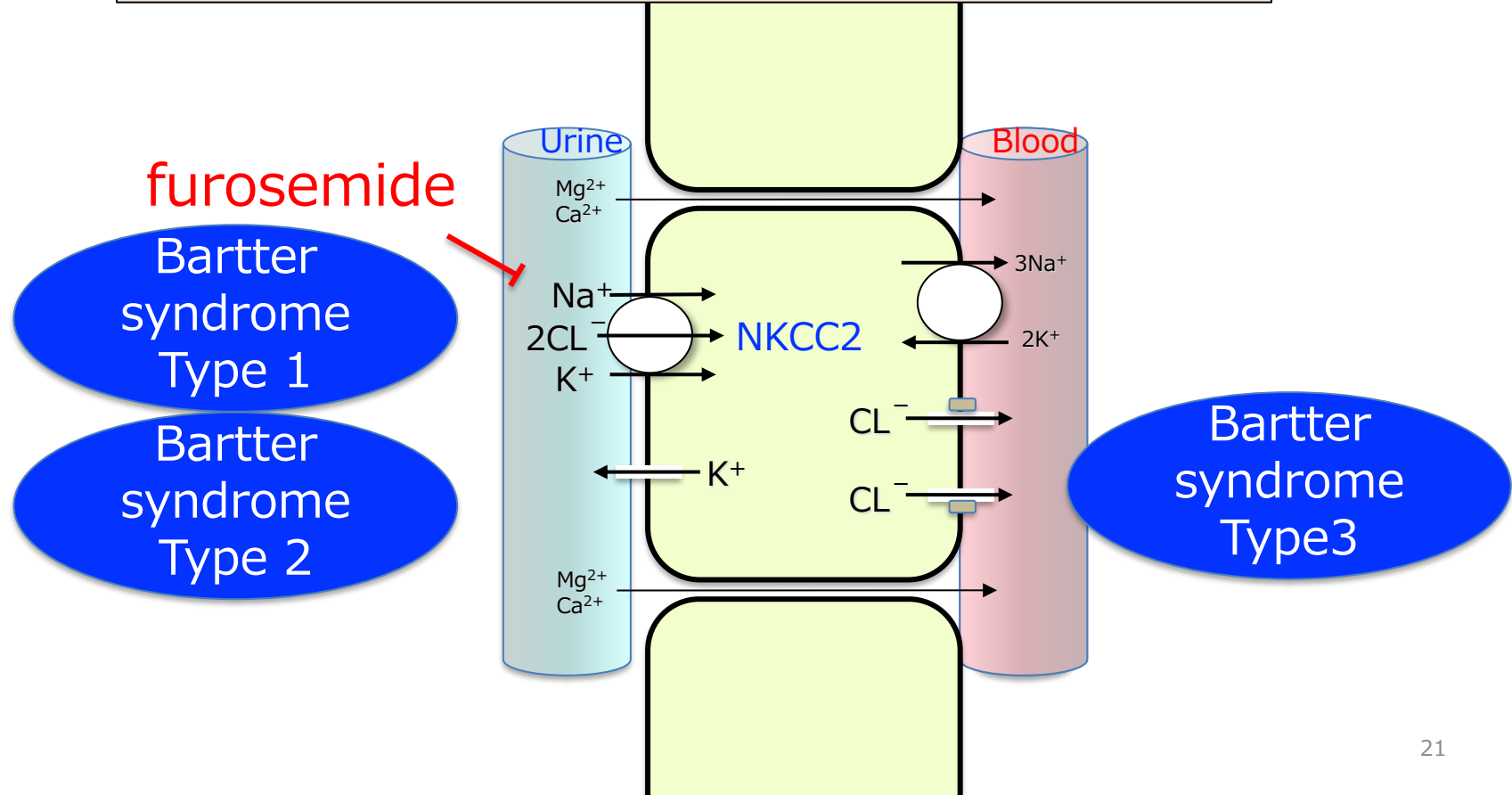
Why do furosemide and thiazide have a diuretic effect? Can you explain it correctly?



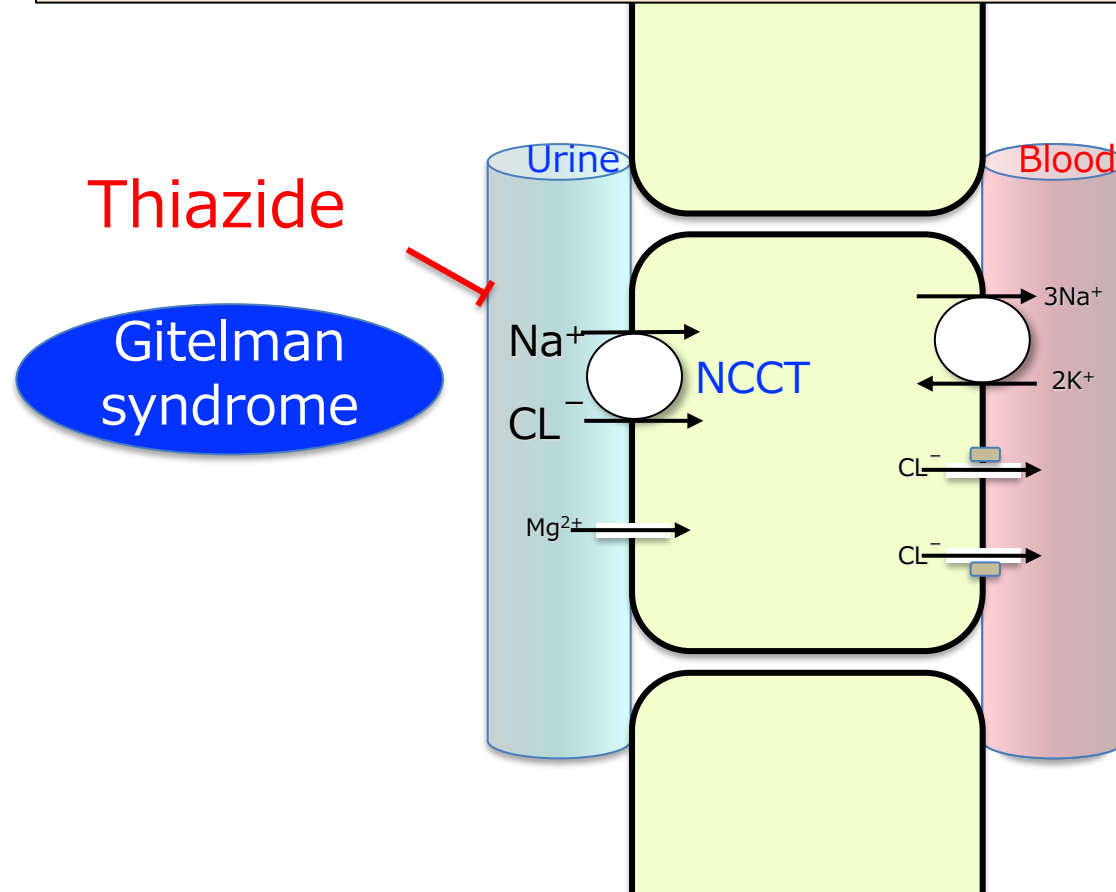
Reabsorption of water in the tubules



Henle Loop



Distal tubules

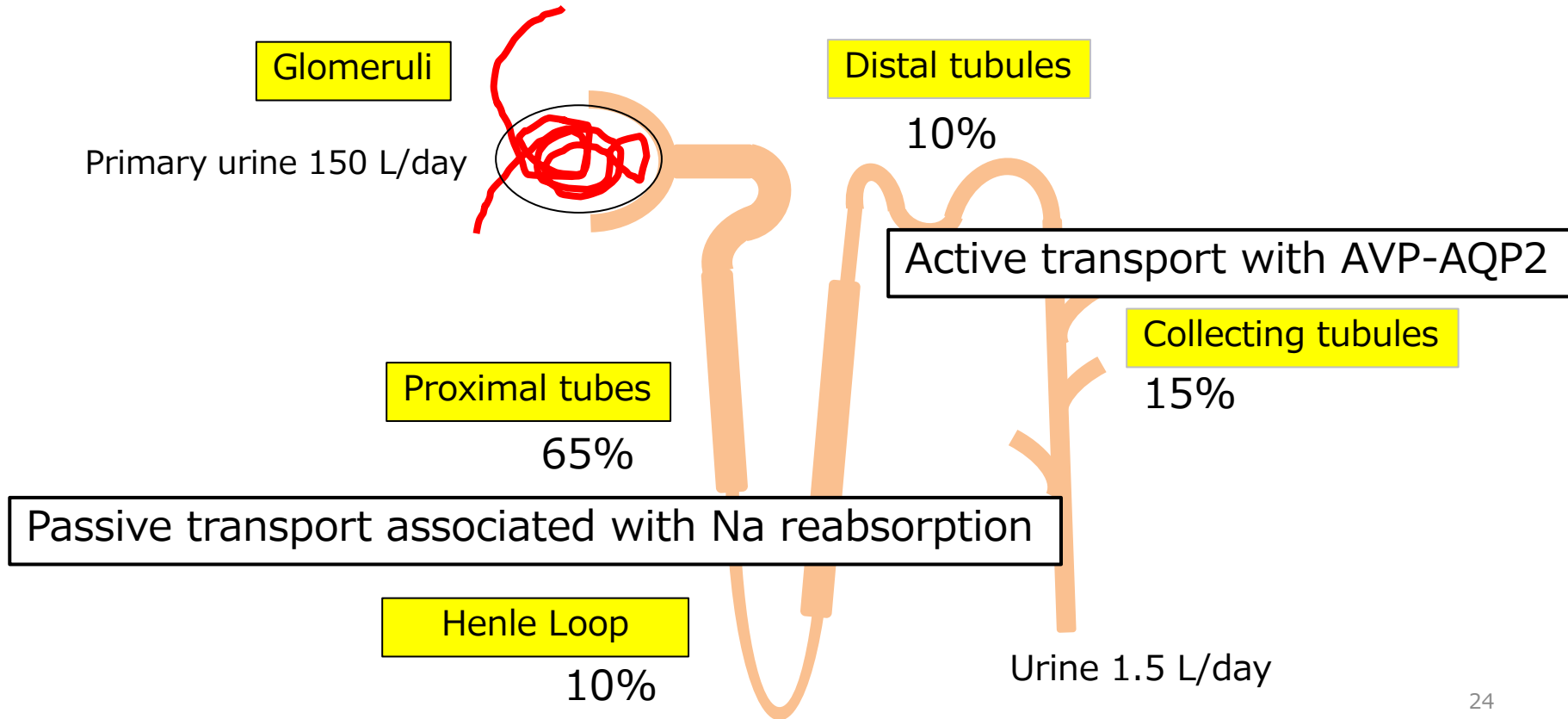


Reabsorption of water in the tubules

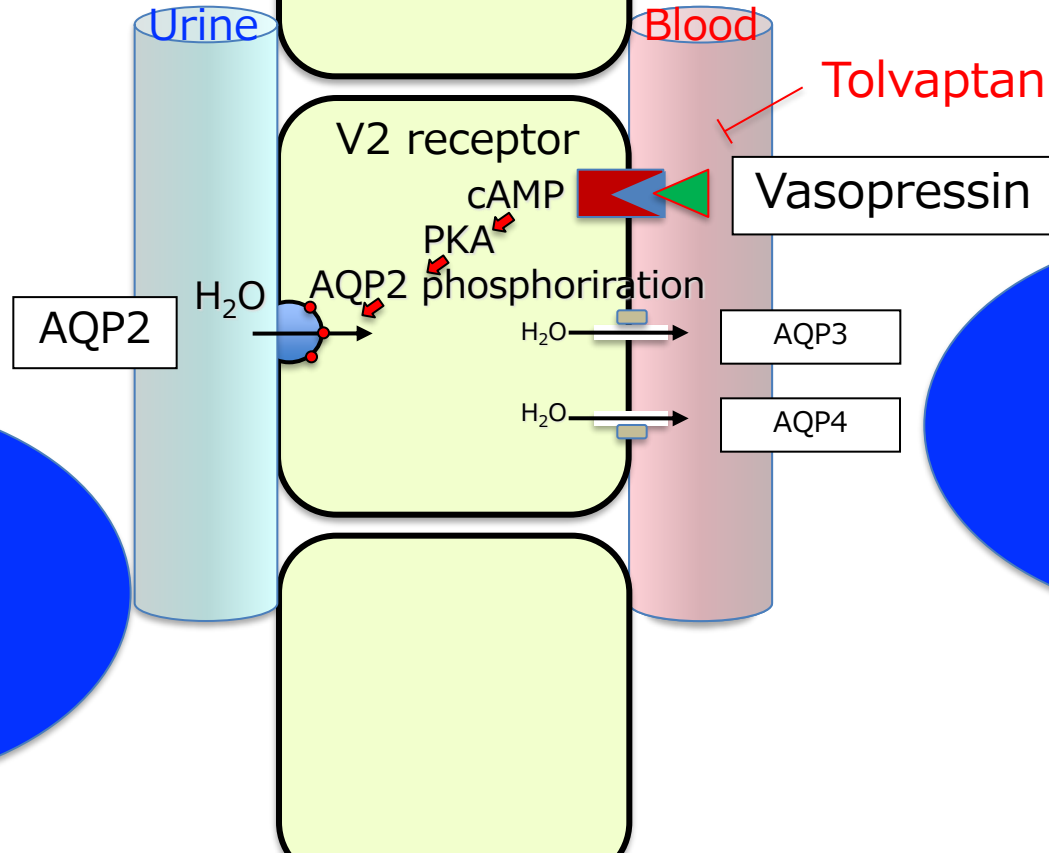
Question:
Wasn't there another important diuretic?



Reabsorption of water in the tubules



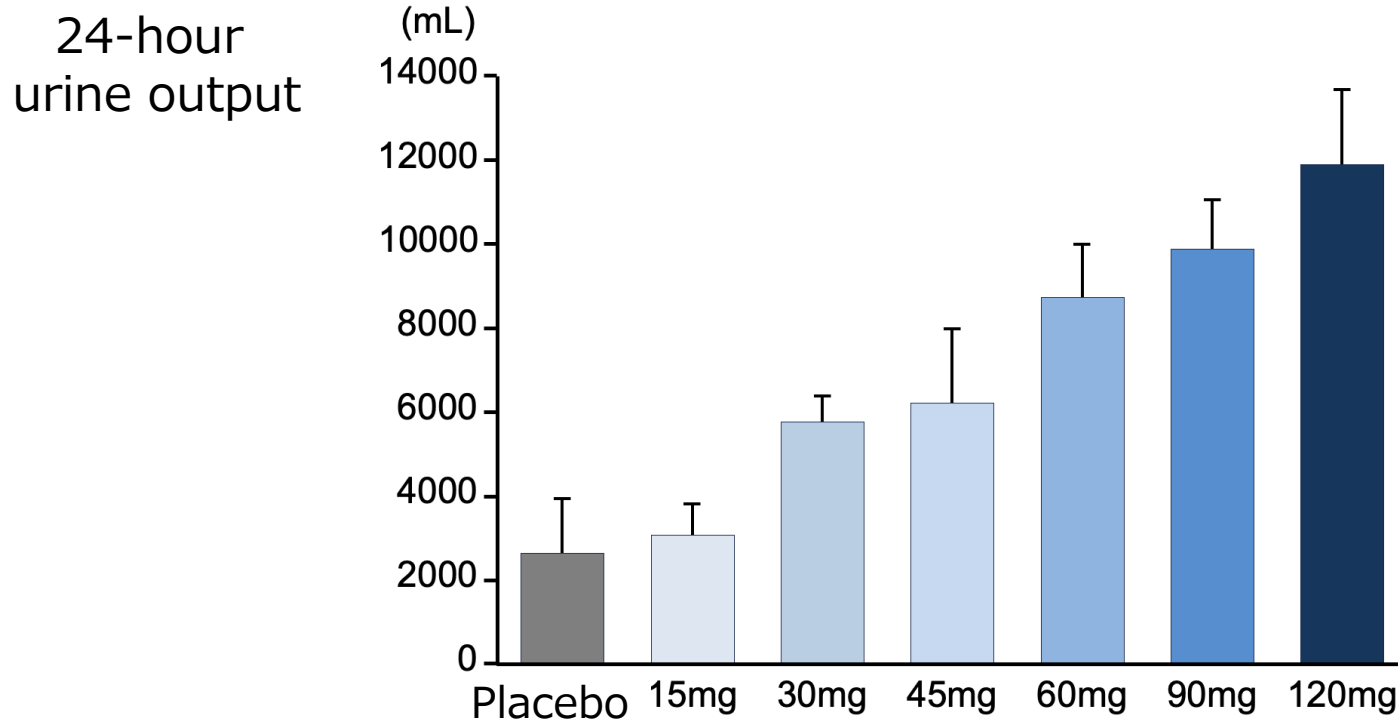
Collecting tubules



Nephrogenic
Diabetes
Insipidus
(Arginine
Vasopressin
Resistance)

Nephrogenic
Diabetes
Insipidus
(Arginine
Vasopressin
Resistance)

Tolvaptan Single Dose Study in Healthy Adults

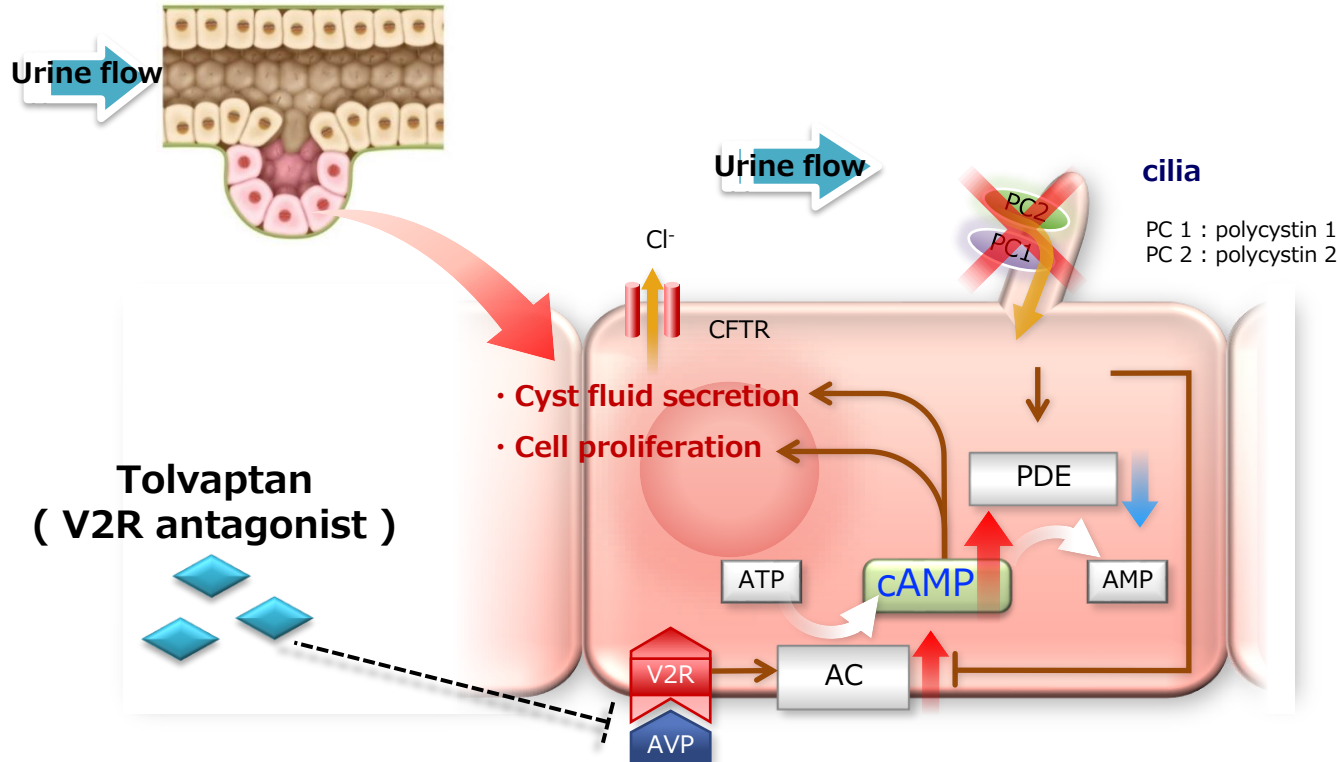


尿細管

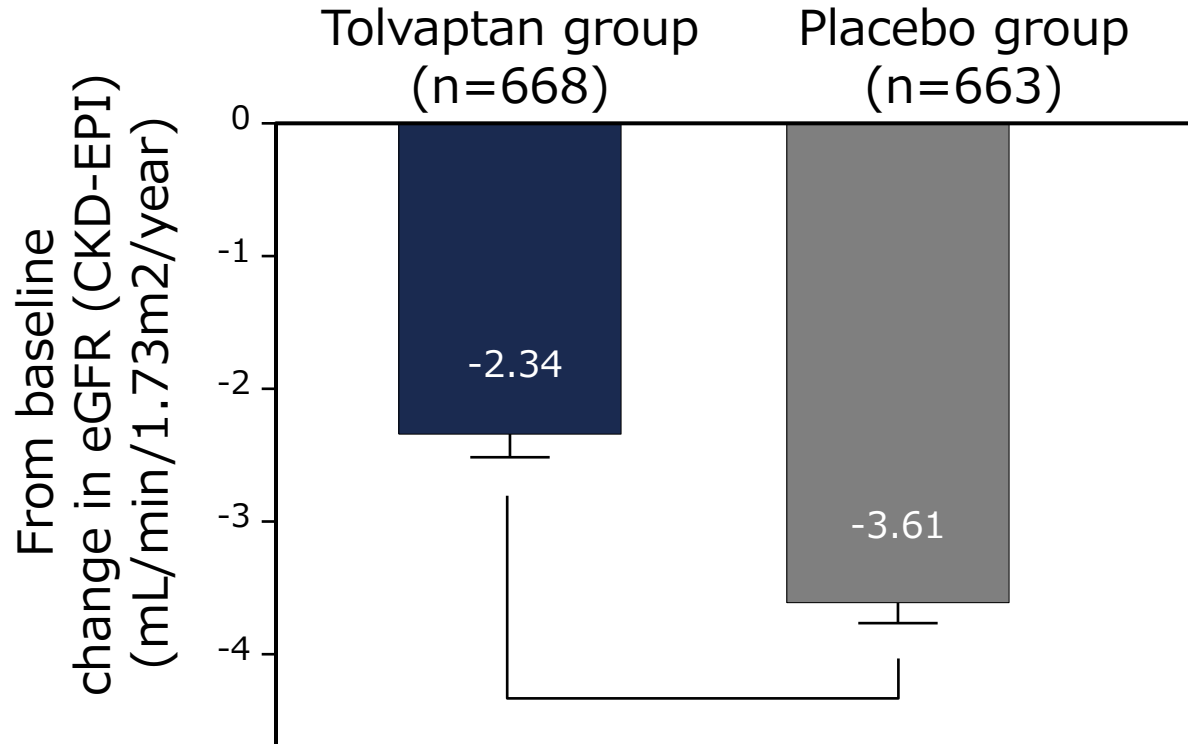
Tolvaptan, which was originally developed as a diuretic, has an unexpected effect...



Molecular mechanism of cyst formation in polycystic kidney disease (ADPKD)



Amount of change in eGFR from pre-dose baseline



Tolvaptan is now used all over the world as a silver bullet for ADPKD!

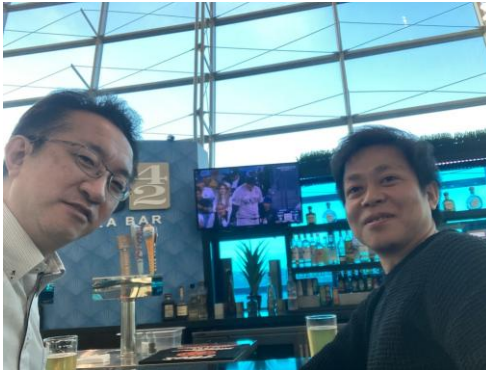
Take Home Message

1. The function and structure of the kidneys, which may seem complicated, are actually quite simple.
2. By carefully examining each channel and transporter, we can elucidate the molecular mechanisms underlying kidney function.
3. Furthermore, understanding that many drugs exert their effects by blocking these transporters enables us to use these medications more effectively.
4. By enjoying the study of kidney biology, you can gain a deeper understanding of your patients, so I encourage you to continue learning about these molecular mechanisms.

Pediatrics, Nephrology Group, Kobe University



The Department of Pediatrics at Kobe University accepts Japanese government-sponsored international students from ASEAN countries. Don't hesitate to get in touch with me if you are interested!



kandainozu@gmail.com