

# Effect of inhibiting aldosterone production on human adrenocortical cells

Kha Chin Long<sup>1</sup>, Amnani Aminuddin<sup>1,2</sup>, Najiah Ajlaa Ayub<sup>3</sup>, Geok Chin Tan<sup>3</sup>, A. Rahman A. Jamal<sup>4</sup>, Nor Azian Abdul Murad<sup>4</sup>, Nor Adzimah Johdi<sup>4</sup>, Norlela Sukor<sup>1</sup>, Morris J. Brown<sup>5</sup>, **Elena A. Azizan**<sup>1,2,5\*</sup>

<sup>1</sup>Department of Medicine, Faculty of Medicine, The National University of Malaysia (UKM), Kuala Lumpur, Malaysia. <sup>2</sup>Research Center, Hospital Tunku Ampuan Besar Tuanku Aishah Rohani, Universiti Kebangsaan Malaysia Specialist Children's Hospital, Kuala Lumpur, Malaysia. <sup>3</sup>Department of Pathology, Faculty of Medicine, The National University of Malaysia (UKM), Kuala Lumpur, Malaysia. <sup>4</sup>UKM Medical Molecular Biology Institute (UMBI), The National University of Malaysia (UKM), Kuala Lumpur, Malaysia. <sup>5</sup>William Harvey Research Institute, Queen Mary University of London, London, United Kingdom.

ORIGINAL ARTICLE



The NEW ENGLAND  
JOURNAL of MEDICINE

## Phase 2 Trial of Baxdrostat for Treatment-Resistant Hypertension

**Authors:** Mason W. Freeman, M.D., Yuan-Di Halvorsen, Ph.D., William Marshall, M.D., Mackenzie Pater, Ph.D., Jon Isaacsohn, M.D., Catherine Pearce, D.H.Sc., Brian Murphy, M.D., M.P.H., Nicholas Alp, M.D., Ajay Srivastava, M.D., Deepak L. Bhatt, M.D., M.P.H. , and Morris J. Brown, M.D. , for the BrigHTN Investigators\* [Author Info & Affiliations](#)

Published November 7, 2022 | N Engl J Med 2023;388:395-405 | DOI: 10.1056/NEJMoa2213169 | VOL. 388 NO. 5



The NEW ENGLAND  
JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Lorundrostat Efficacy and Safety in Patients with Uncontrolled Hypertension

**Authors:** Luke J. Laffin, M.D., Branko Kopjar, M.D., Carrie Melgaard, M.S., Kathy Wolski, M.P.H., Jessica Ibbitson, M.S., Shivani Bhikam, Matthew R. Weir, M.D., Elizabeth O. Ofili, M.D., Reena Mehra, M.D., James M. Luther, M.D., Debbie L. Cohen, M.D., Ashish Sarraju, M.D. , Michael J. Wilkinson, M.D., John M. Flack, M.D., David Rodman, M.D., and Steven E. Nissen, M.D. , for the Advance-HTN Investigators\*  [Author Info & Affiliations](#)

Published April 23, 2025 | N Engl J Med 2025;392:1813-1823 | DOI: 10.1056/NEJMoa2501440 | VOL. 392 NO. 18

Naunyn-Schmiedeberg's Archives of Pharmacology  
<https://doi.org/10.1007/s00210-025-03838-0>

RESEARCH



## Phase 1 studies of the safety, tolerability, pharmacokinetics, and pharmacodynamics of BI 690517 (vicadrostat), a novel aldosterone synthase inhibitor, in healthy male volunteers

Friedrich Schulze<sup>1</sup> , Jennifer Schaible<sup>2</sup> , Markus Goettel<sup>1</sup>, Yuko Tanaka<sup>3</sup>, Kathrin Hohl<sup>2</sup>, Armin Schultz<sup>4</sup>, In-Jin Jang<sup>5</sup>

Received: 29 April 2024 / Accepted: 20 January 2025

ARTICLES · Volume 71, 102576, May 2024 · [Open Access](#)

 Download Full Issue

eClinicalMedicine

Part of THE LANCET *Discovery Science*

Safety and efficacy of once-daily dexfadrostat phosphate in patients with primary aldosteronism: a randomised, parallel group, multicentre, phase 2 trial

[Paolo Mulatero](#) <sup>a</sup>  · [Gregoire Wuerzner](#)<sup>b</sup> · [Michael Groessl](#)<sup>c</sup> · [Elisa Sconfienza](#)<sup>a</sup> · [Aikaterini Damianaki](#)<sup>b</sup> · [Vittorio Forestiero](#)<sup>a</sup> · [Bruno Vogt](#)<sup>c</sup> · [Hans Brunner](#)<sup>d</sup> · [Teresa Gerlock](#)<sup>e</sup> · [Ronald Steele](#)<sup>e</sup> · [Christoph Schumacher](#)<sup>e</sup> [Show less](#)

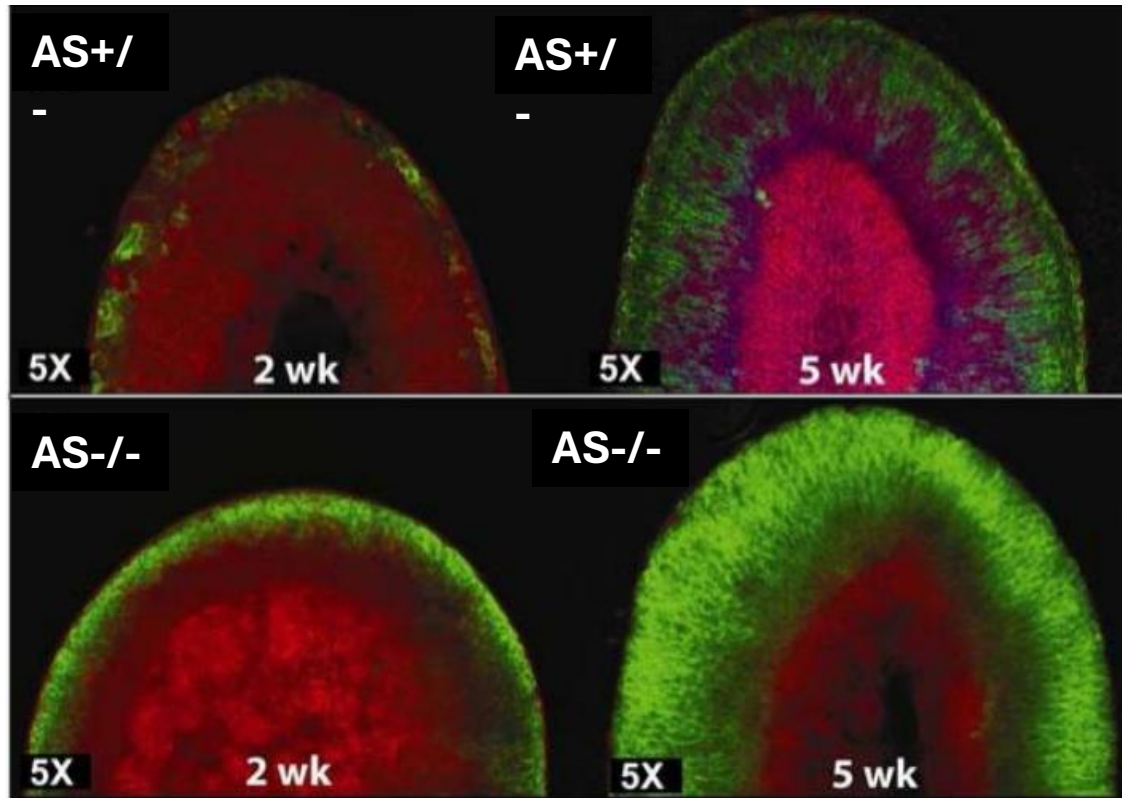
[Affiliations & Notes](#)  [Article Info](#) 

Publication History: Received January 9, 2024; Revised March 15, 2024; Accepted March 18, 2024; Published April 5, 2024

DOI: [10.1016/j.eclnm.2024.102576](https://doi.org/10.1016/j.eclnm.2024.102576)  Also available on [ScienceDirect](#) 

# AS knockout mice models

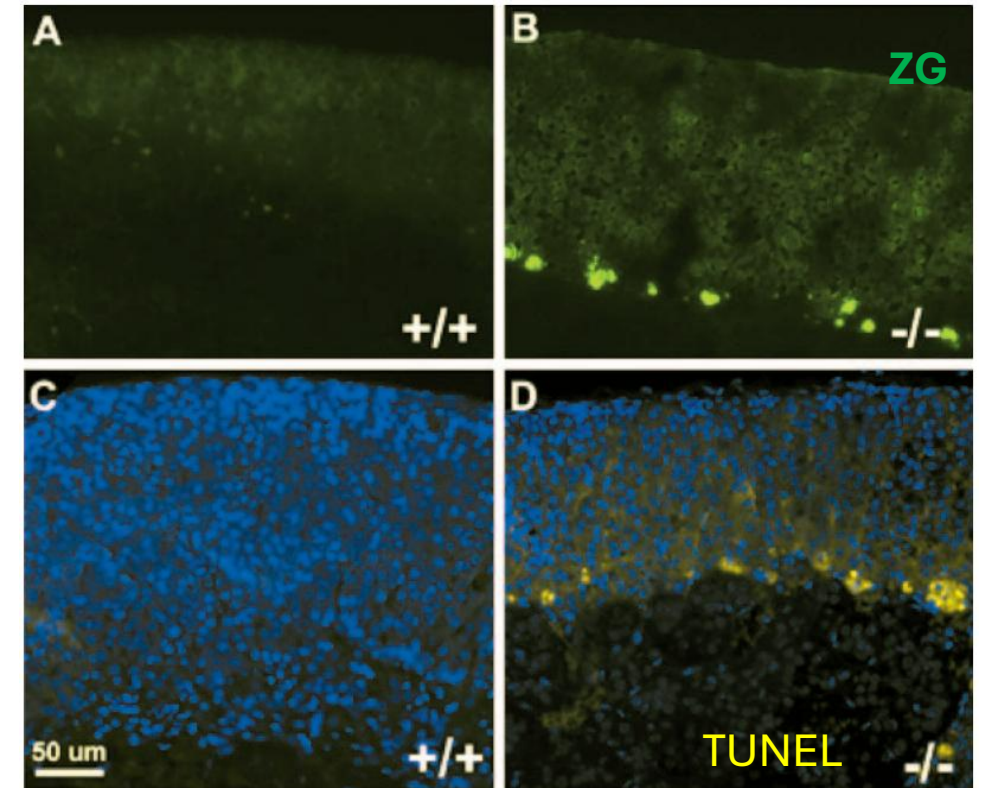
Adrenals from mice with heterozygous (AS+/-) and homozygous (AS-/-) knockout of aldosterone synthase (CYP11B2)



**CYP11B2 deletion induces centripetal migration of outer zona glomerulosa (ZG; green) cells towards the inner layer of the adrenal cortex.**

Freedman, B. D. et al. Adrenocortical zonation results from lineage conversion of differentiated zona glomerulosa cells. *Dev. Cell* 26, 666–673 (2013).

Adrenals of wild-type (+/+) and CYP11B2-null (-/-) mice at 3-6 months



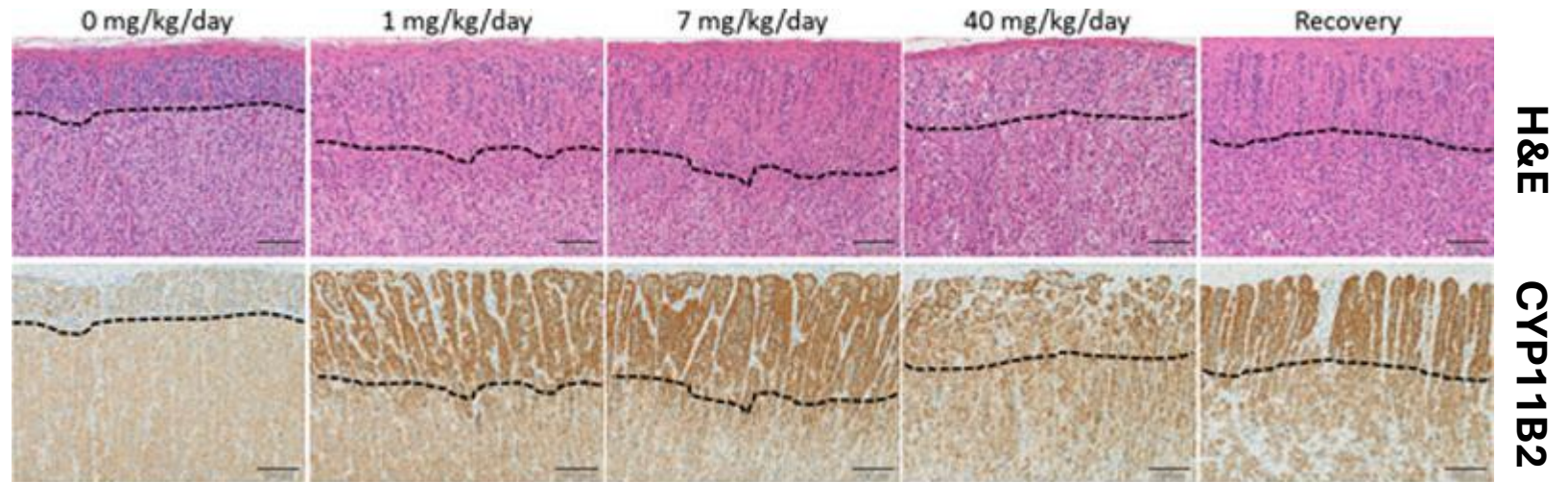
**In AS-/- mice migrated ZG cells (green) expresses markers for apoptosis (yellow).**

Lee, G. et al. Homeostatic responses in the adrenal cortex to the absence of aldosterone in mice. *Endocrinology* 146, 2650–2656 (2005).



# AS inhibition in monkeys

**4-week toxicology studies  
ASI in cynomolgus monkey.**  
H&E, immunohistochemistry  
of CYP11B2 expression,  
apoptosis (TUNEL), and cell  
proliferation (Ki-67) of the  
adrenals.



| Dose (mg/kg/day)  | 0 | 1 | 7 | 40 | Recovery |
|-------------------|---|---|---|----|----------|
| CYP11B2           | 1 | 3 | 3 | 2  | 2        |
| Transitional zone | P | A | A | A  | A        |
| Apoptosis         | 0 | 1 | 1 | 1  | 1        |
| Proliferation     | 1 | 2 | 2 | 2  | 2        |

**Both apoptosis and proliferation of ZG cells were increased suggesting increased cell cycle turnover. There was also an ASI-related expansion of the ZG, hypertrophy, and increased AS (CYP11B2) expression of ZG cells.**

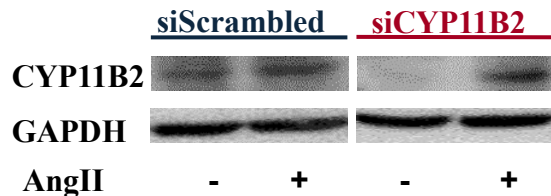
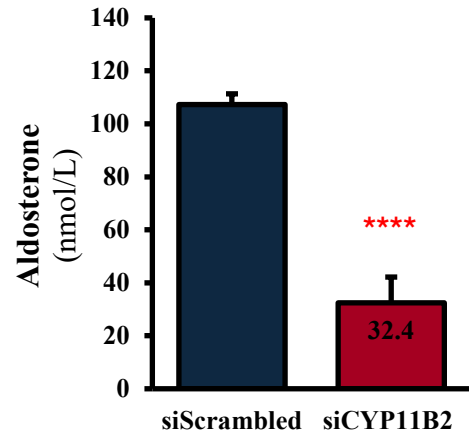
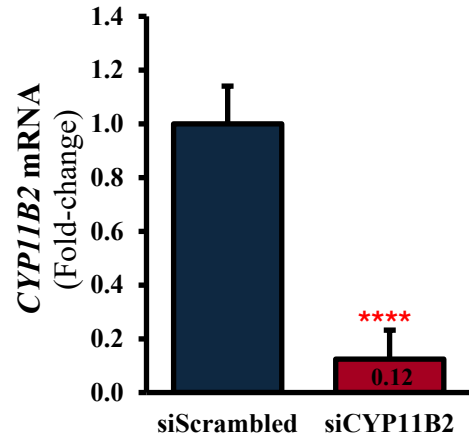
To examine the impact of CYP11B2 inhibition on human adrenal cell function

## Methods

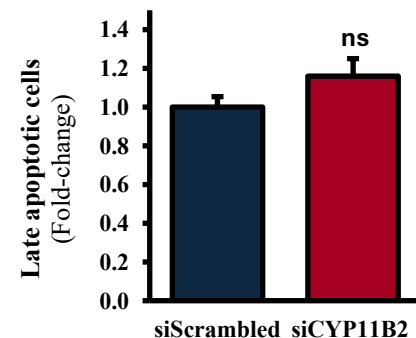
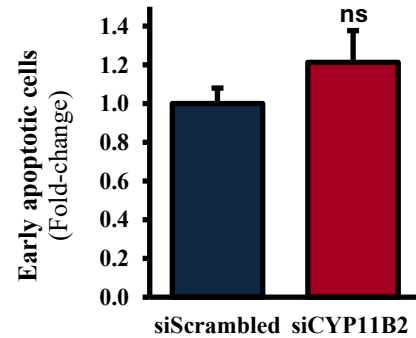
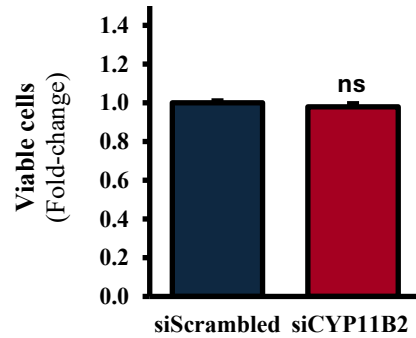
CYP11B2 was inhibited in HAC15 cells using siRNA (siCYP11B2) or Baxdrostat, a selective CYP11B2 inhibitor.

48 hours post-transfection/post-treatment, transcriptome analysis, hormone levels, Annexin V/SYTOX Apoptosis Assays, EZMTT and xCELLigence proliferation assay, and functional assays were performed.

# Results

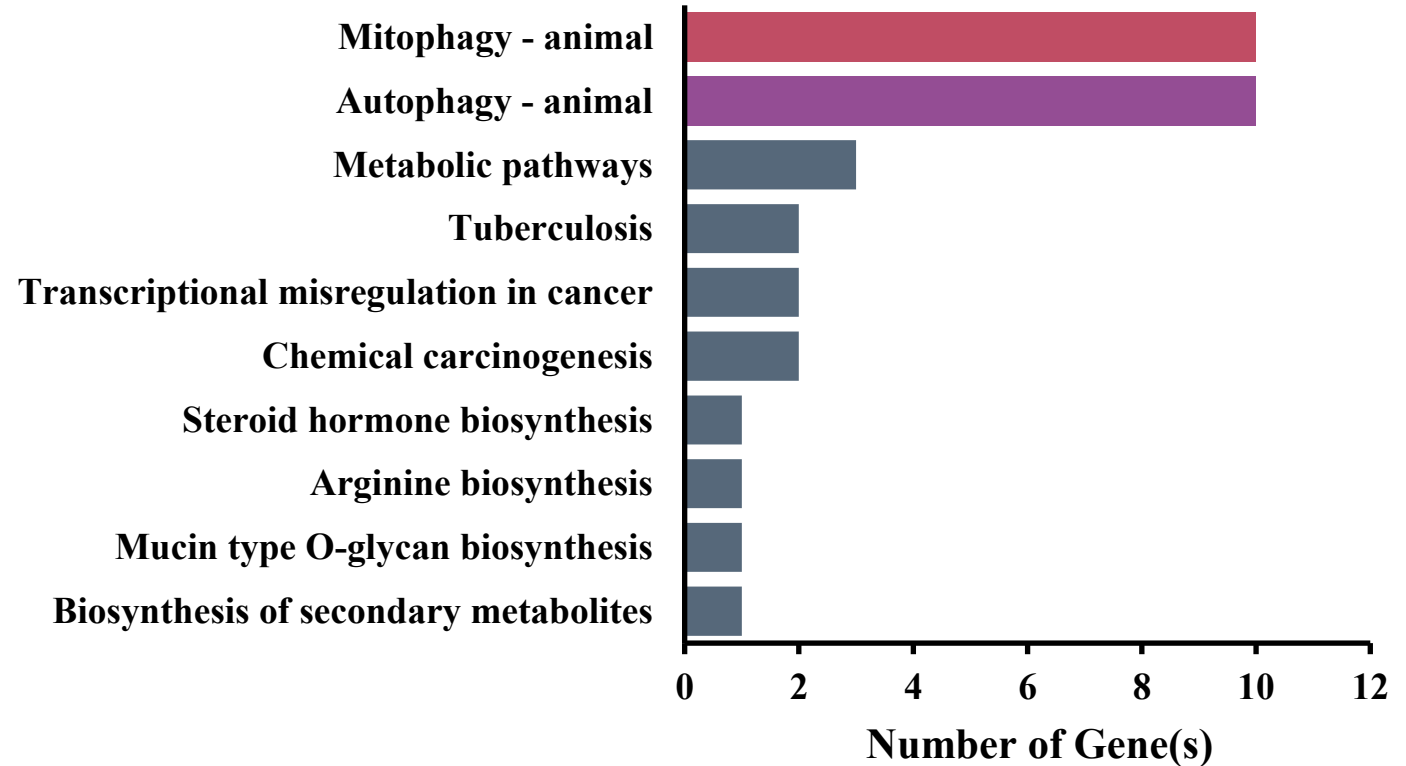


## Annexin V/SYTOX Assay

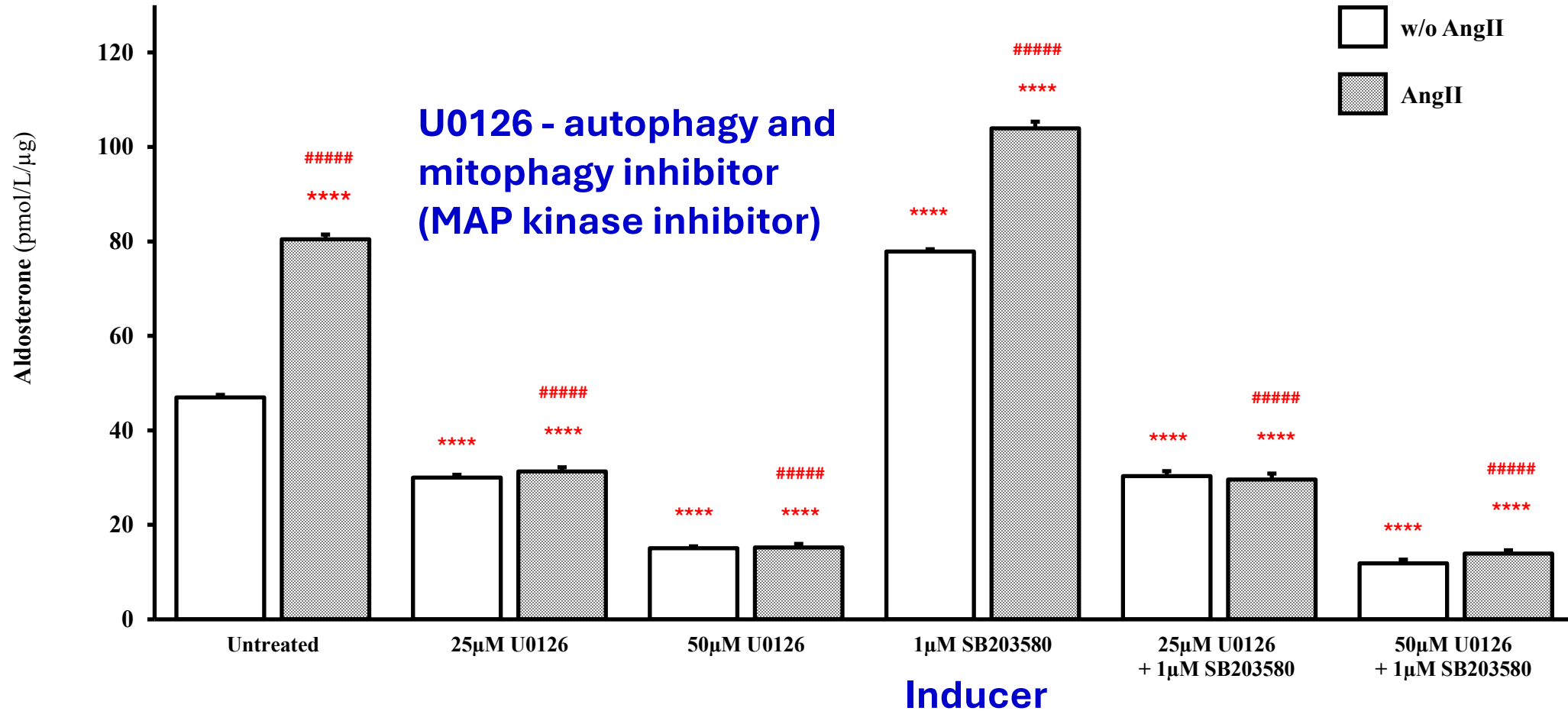


*n*=12

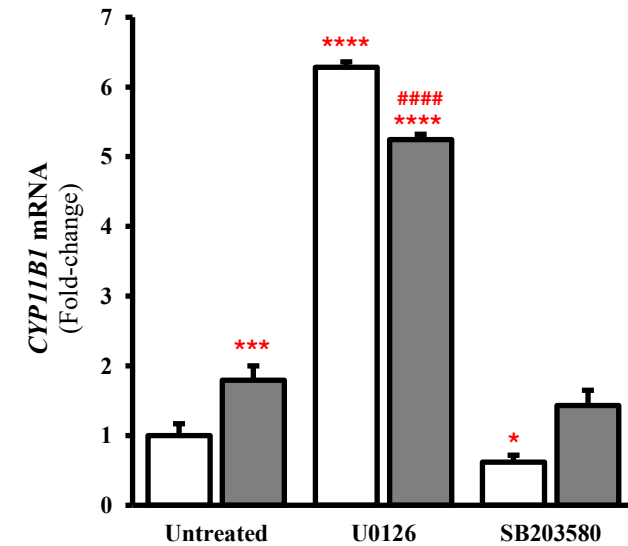
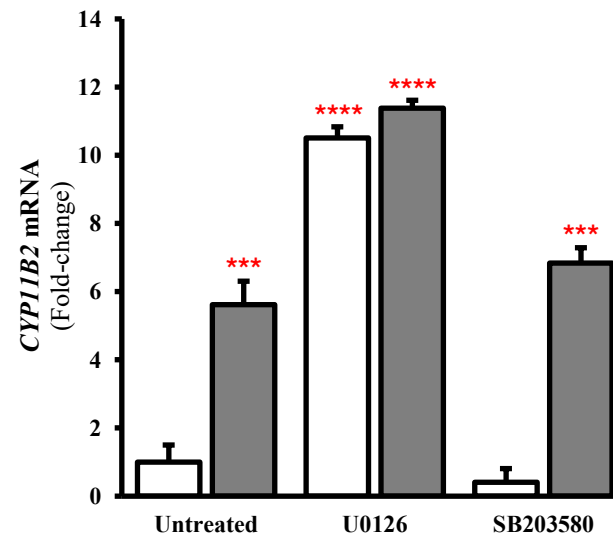
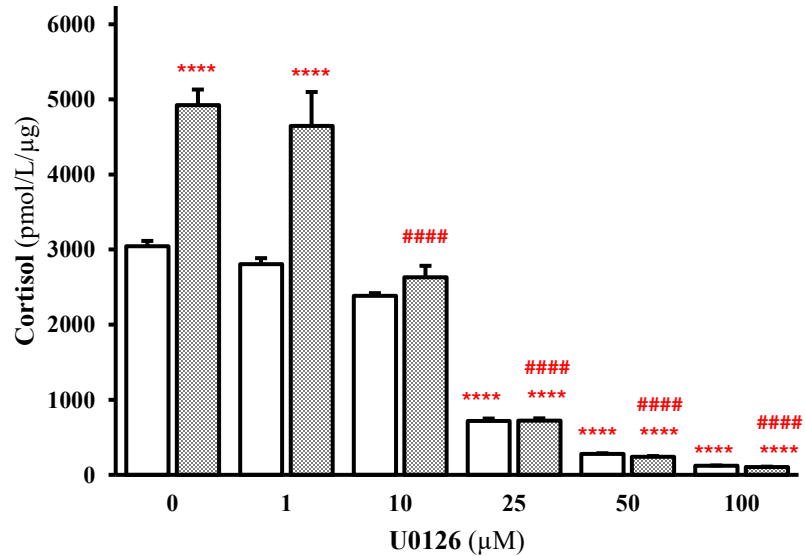
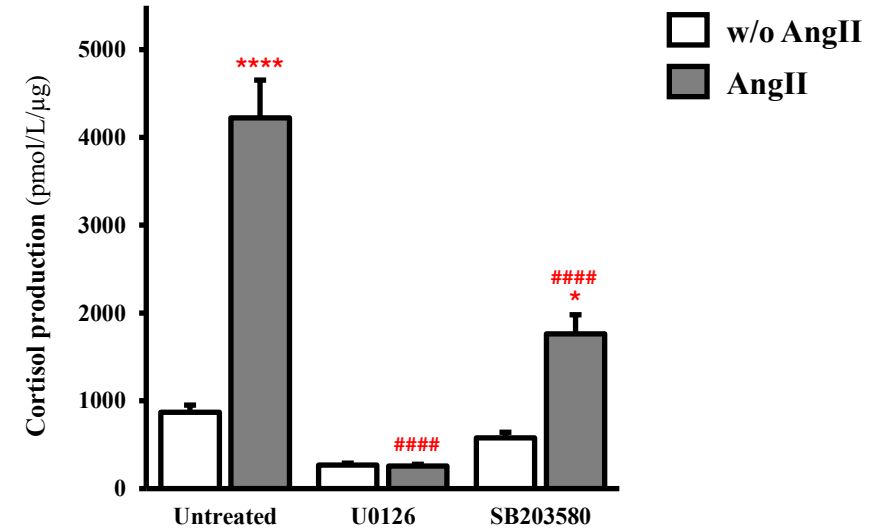
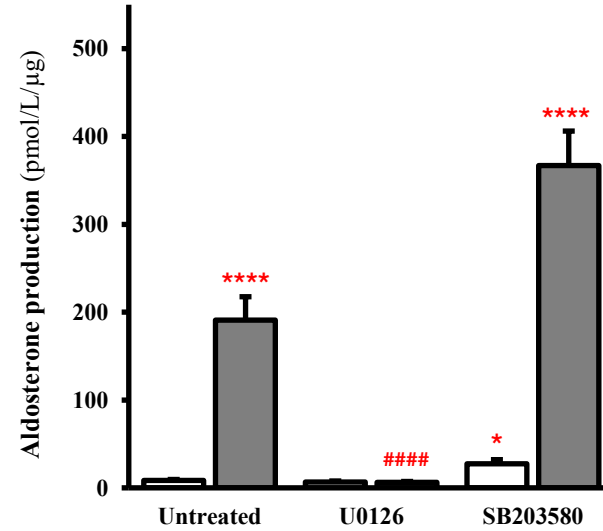
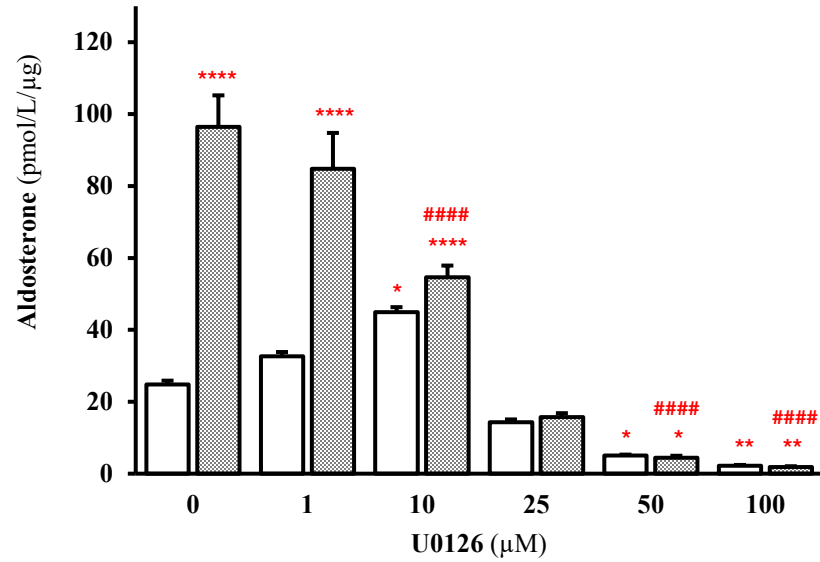
## KEGG Pathways enriched in DEG



# Results

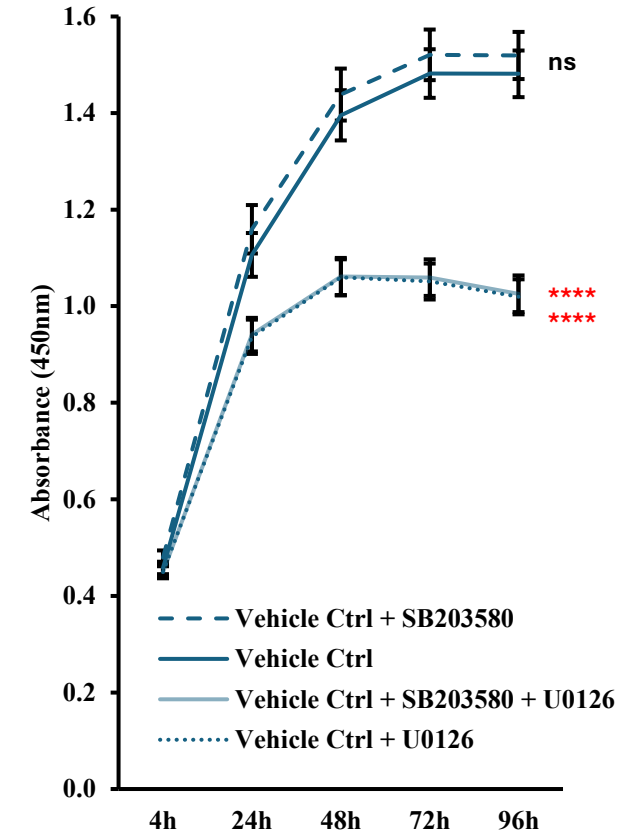
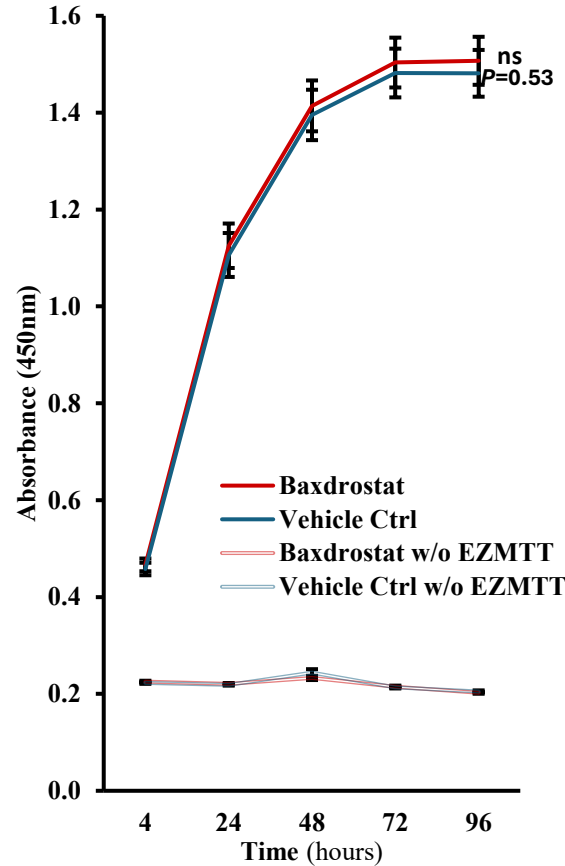
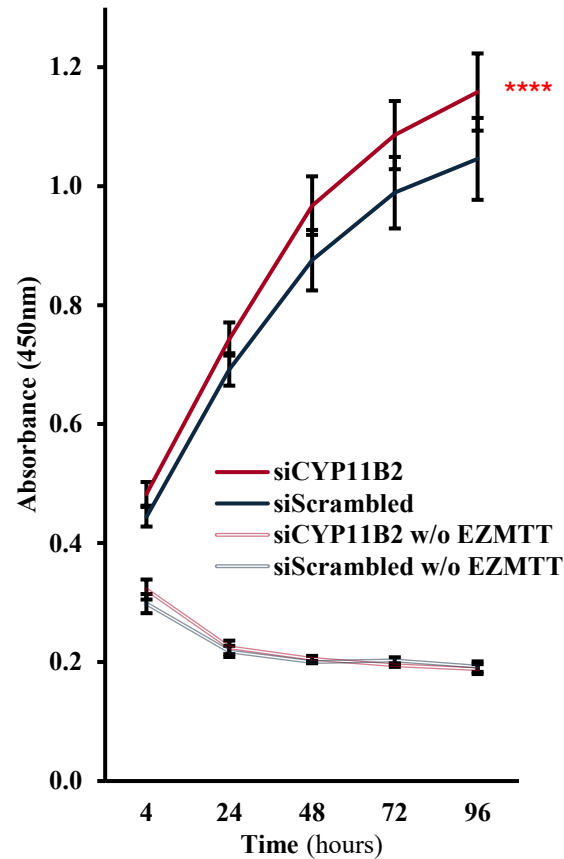


# Results





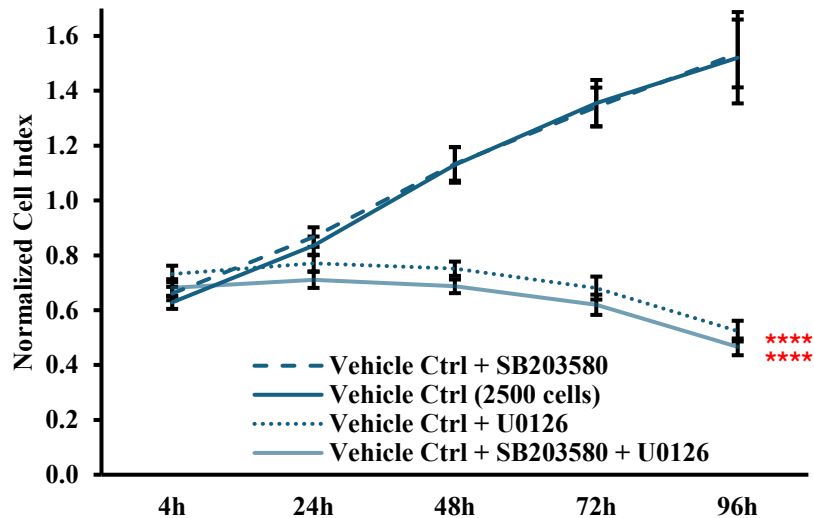
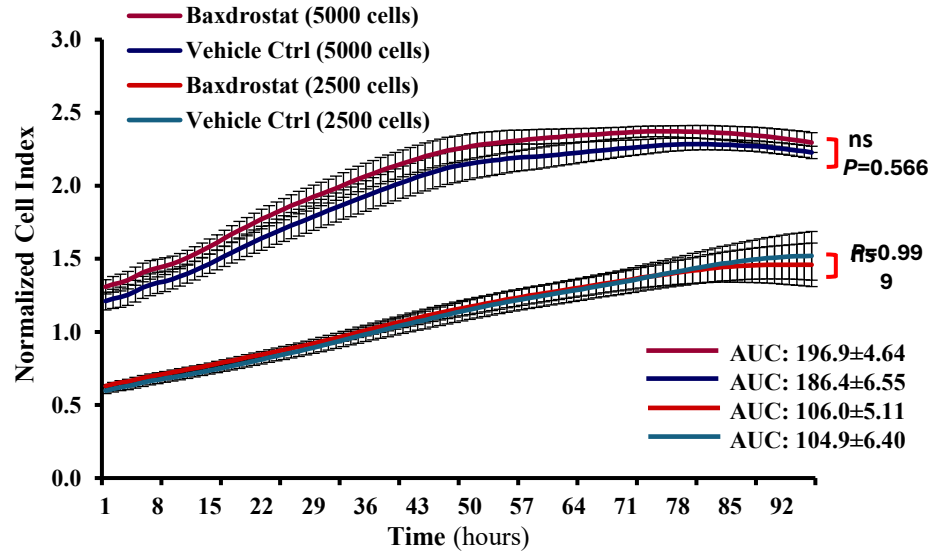
# EZMTT Cell Proliferation Assay



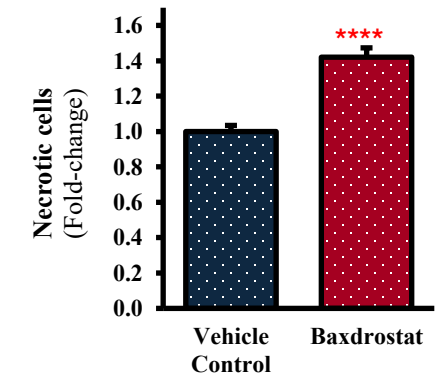
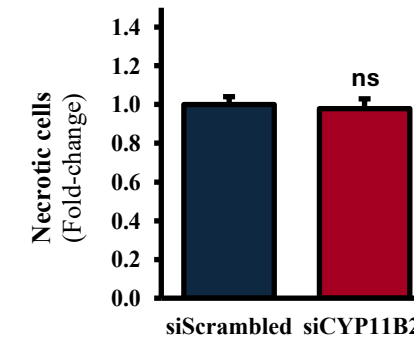
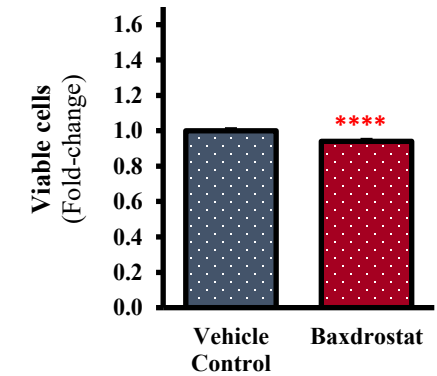
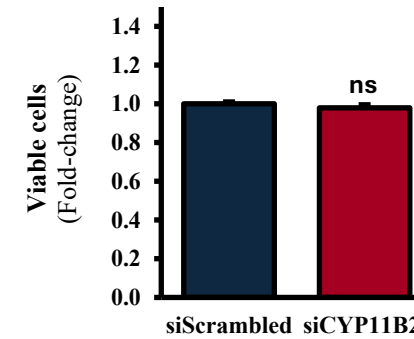
The EZMTT assay showed a  $0.141 \pm 0.02$  increased in absorbance in siCYP11B2 cells (96 hours), but not in Baxdrostat-treated cells.

A substantial decrease (~30%) of absorbance was seen with U0126 treatment .

# xCELLigence proliferation and apoptosis assay



## Annexin V/SYTOX Assay



Baxdrostat increased necrosis by 40%

# Summary

- Mitophagy and autophagy was the most enriched pathways in the DEG of siCYP11B2 cell transcriptomes.
- U0126 (autophagy inhibitor) reduced aldosterone in a dose-responsive manner.
- SB203580 (autophagy inducer) increases basal and stimulated (Ang II) aldosterone production.
- The EZMTT assay showed an increased in absorbance in siCYP11B2 cells but not in Baxdrostat-treated cells.
- U0126 decreased absorbance of EZMTT by 41.2% (Reproduced in the xCELLigence assay).
- No consistent apoptosis changes were observed with siCYP11B2, though Baxdrostat treatment did significantly increased necrotic cells.

## Conclusion

**Aldosterone production capability modulates adrenal cell fate potentially through autophagy and/or mitophagy, with pharmacological inhibition of CYP11B2 potentially leading to the cells expressing CYP11B2 (ZG) cell death.**

# Acknowledgements



THE ROYAL SOCIETY



MINISTRY OF HIGHER EDUCATION



**FAKULTI PERUBATAN**  
UNIVERSITI KEBANGSAAN MALAYSIA