



Childhood Nephrotic Syndrome

An update on management

Eugene Yu-hin Chan

Clinical Associate Professor

MBBS (HK), MD (HKU), FRCPCH (UK), FISN

Department of Paediatrics, The Chinese University of Hong Kong
Hong Kong Children's Hospital



香港中文大學醫學院
Faculty of Medicine
The Chinese University of Hong Kong

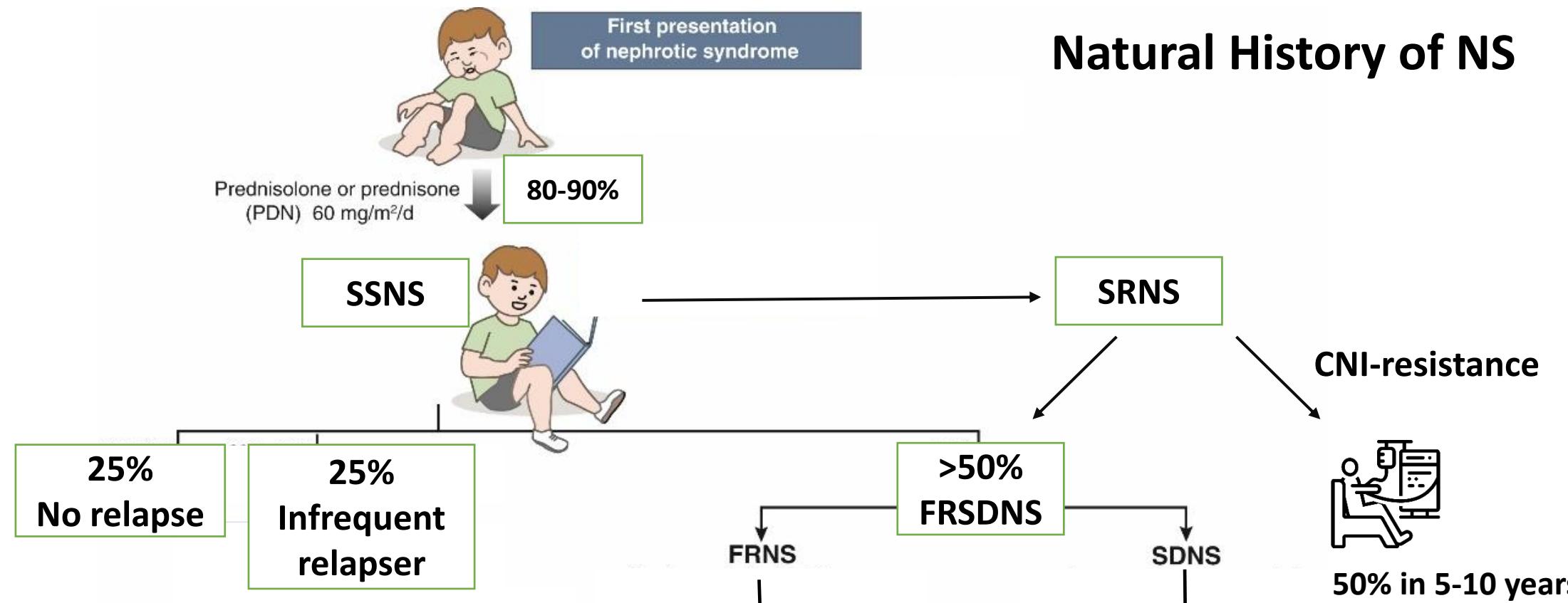
APCN x TSN x 2025

香港兒童醫院
Hong Kong Children's Hospital

Disclosures

- No relevant financial relationships with ineligible companies

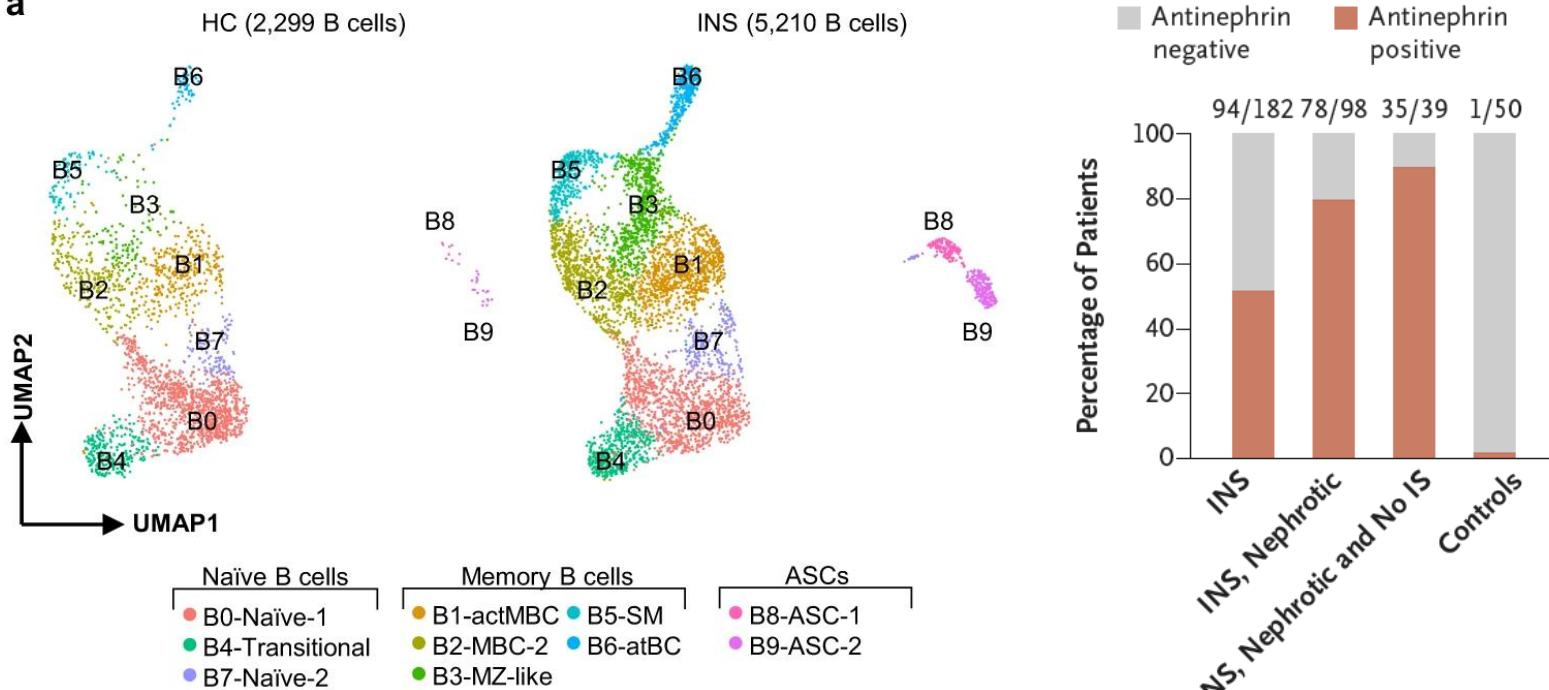
Natural History of NS



B-cells and anti-nephrin antibodies: Towards personalized medicine?

SSNS

a

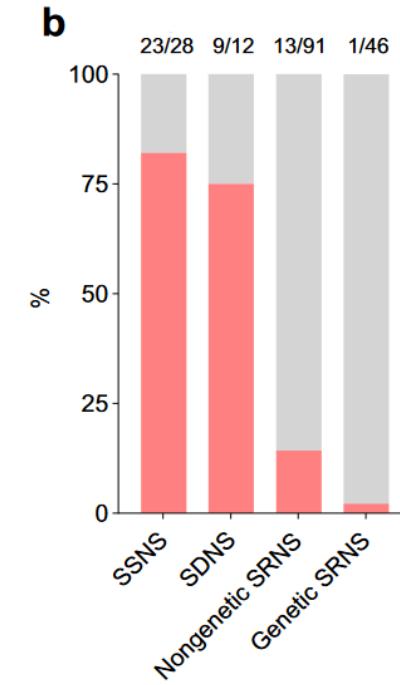


Extra-follicular B cell response

80-90% children with SSNS had anti-nephrin Abs

SRNS

b



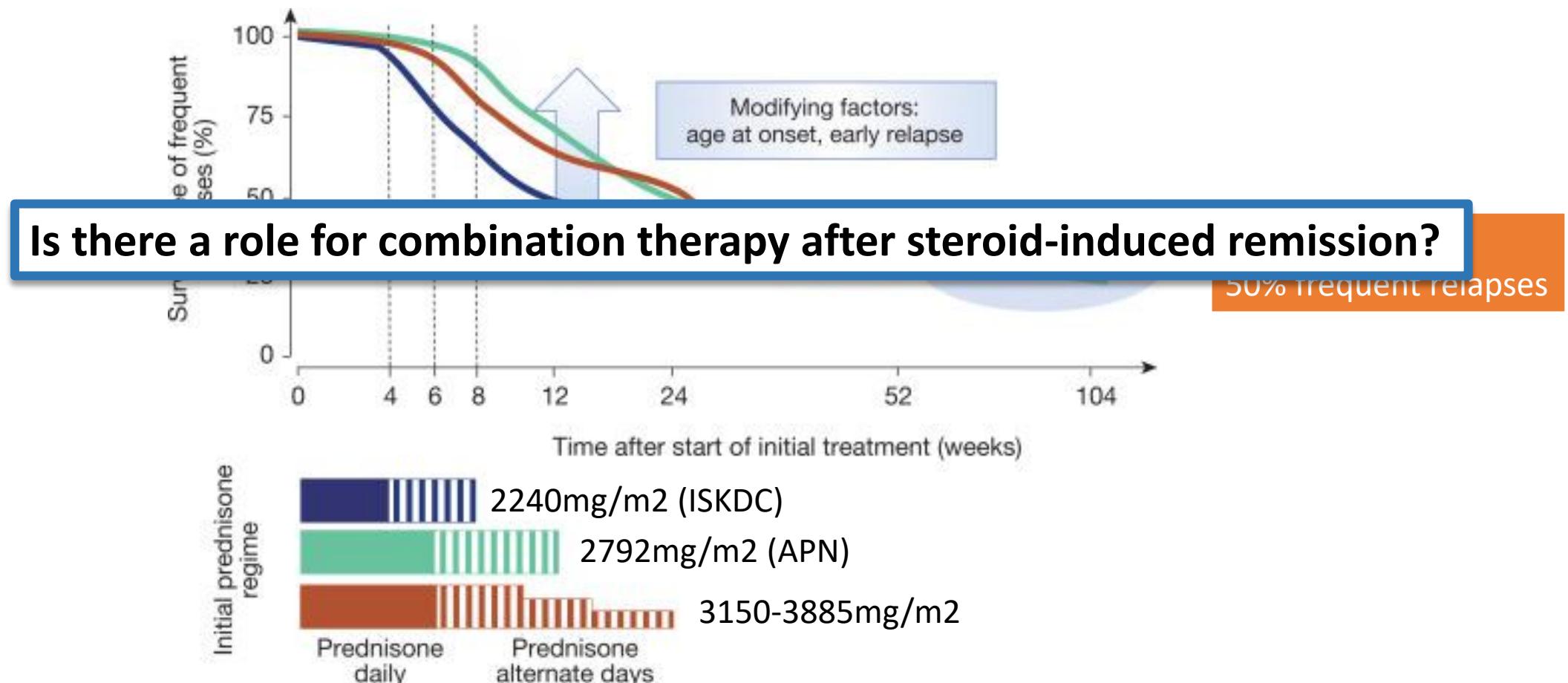
~20% SRNS has anti-nephrin Abs

Outlines

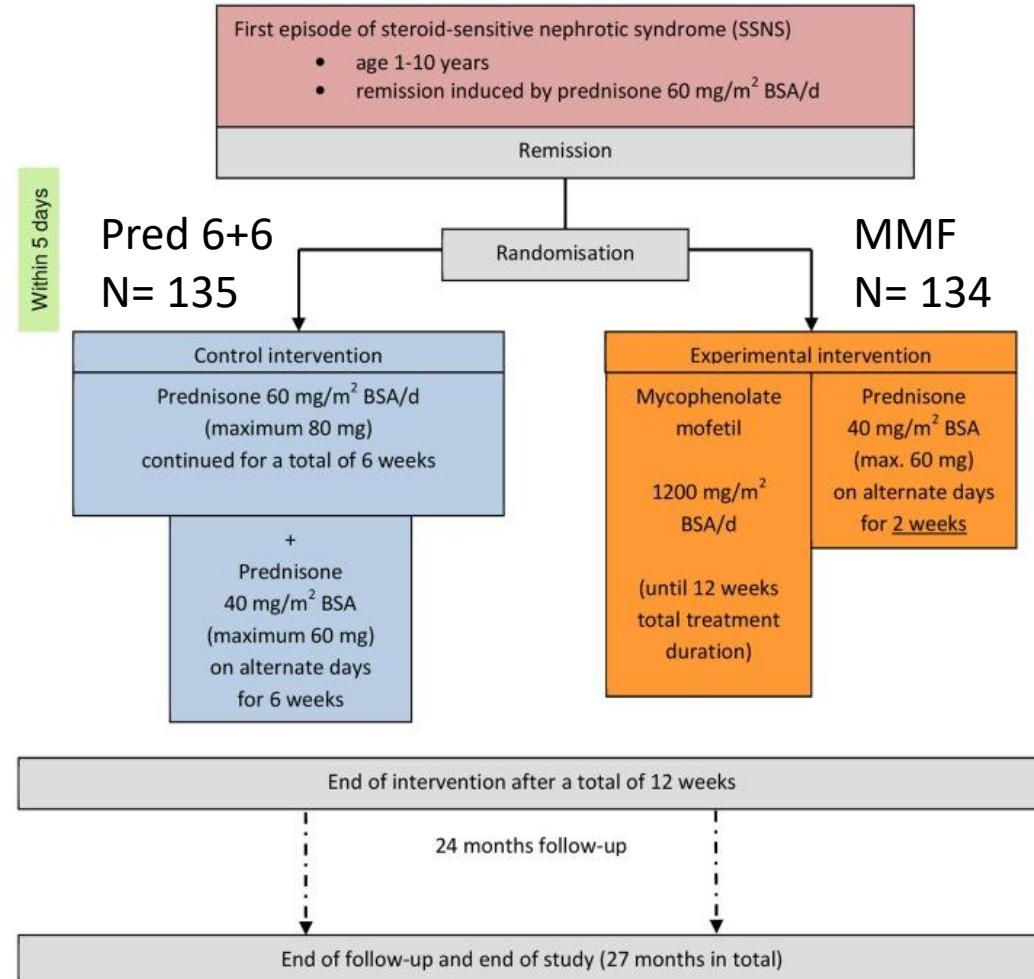
- Initial management
- Anti-CD20 monoclonal antibodies in FRSDNS
- Management of immune-mediated SRNS

Initial treatment

Initial steroid treatment does not alter long-term disease behavior



MMF (Phase 3, open-label, non-inferiority INTENT Trial)



Primary outcome: Relapse

N= 269 First NS

Median Age 4 years

MMF not inferior to prednisolone
(79.1% vs 74.8%);

Difference 4.3%, 95% CI -4.2 to 12.7%
FRNS rates similar between two groups

Less steroid S/E with MMF group
More infections and GI disorder

Preprint:

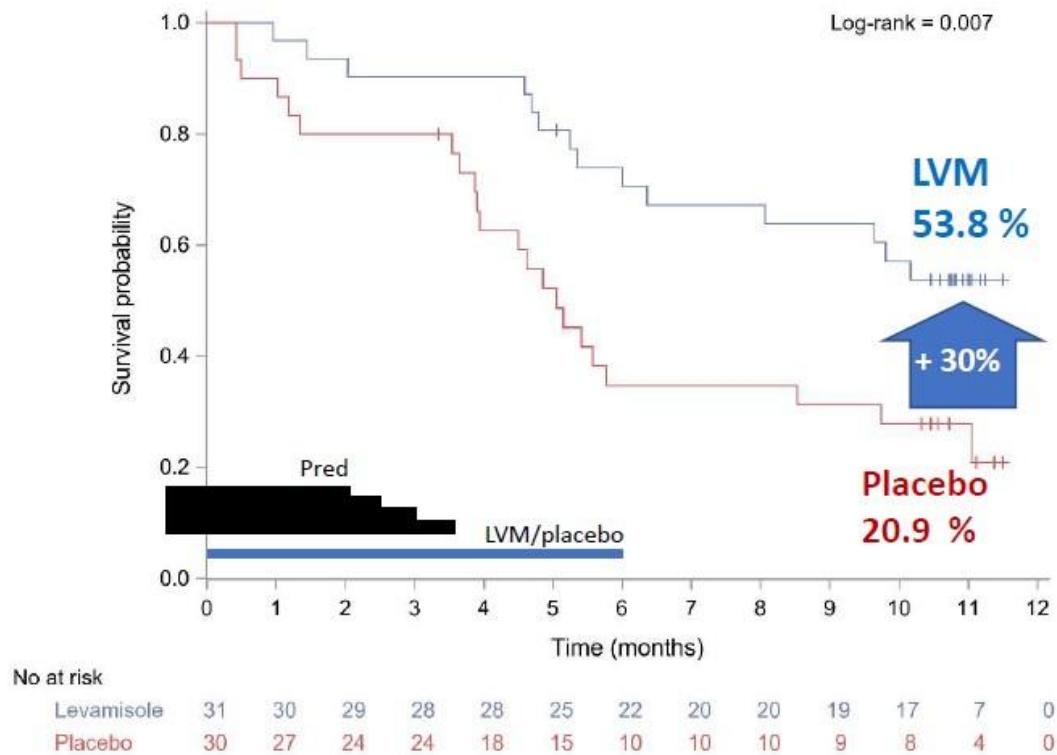
<http://dx.doi.org/10.2139/ssrn.5306078>

Levamisole

LEVAMISOLE, NEPHROVIR-3 study

- A placebo-controlled, double-blind, superiority, randomized (1:1) trial
- ✓ *Primary Objective* : Assess the efficacy of **levamisole**, given at the posology of **2.5 mg/kg/48h, during 6 months**, in addition to a **18 weeks-steroid** therapy in children at first flare of steroid sensitive nephrotic syndrome.
- ✓ *Primary Endpoint* : Relapse-free survival at M12

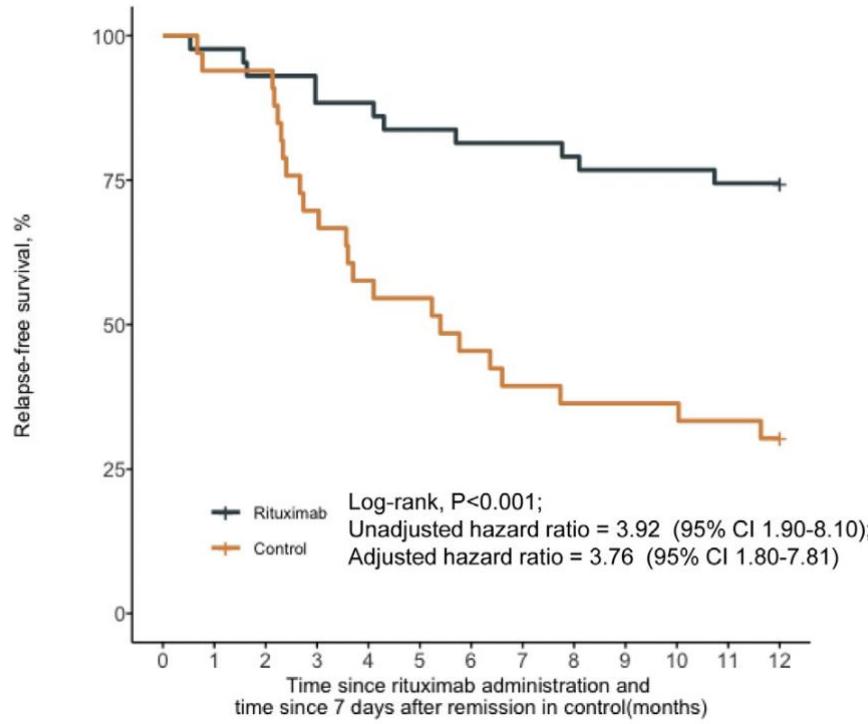
- 38 centers (NEPHROVIR network / Paris area)
- 2-16 yrs
- N= 86 inclusions
- N= 63 randomisations (SS after 4 wks of oral pred)



N° EUDRACT 2016-002324-92, NCT02818738

Courtesy of Claire Dossier

Rituximab - Moving more upfront?



Complete protocol:

- IV rituximab \times 4
- 1-week intervals



N=17

Complete remission in **12 cases (70%)**

- 11 maintained
- 1 relapsed after 85 weeks

Partial remission or no response in **5 cases**

Add rituximab therapy
after steroid-induced
remission

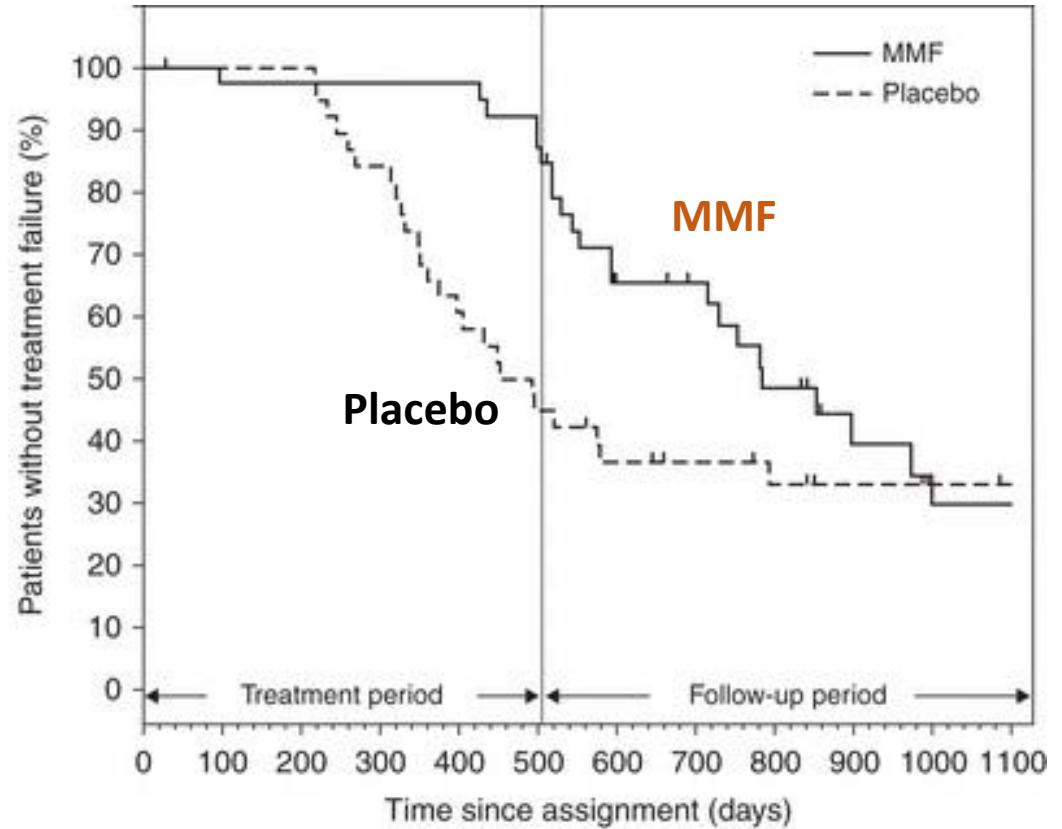
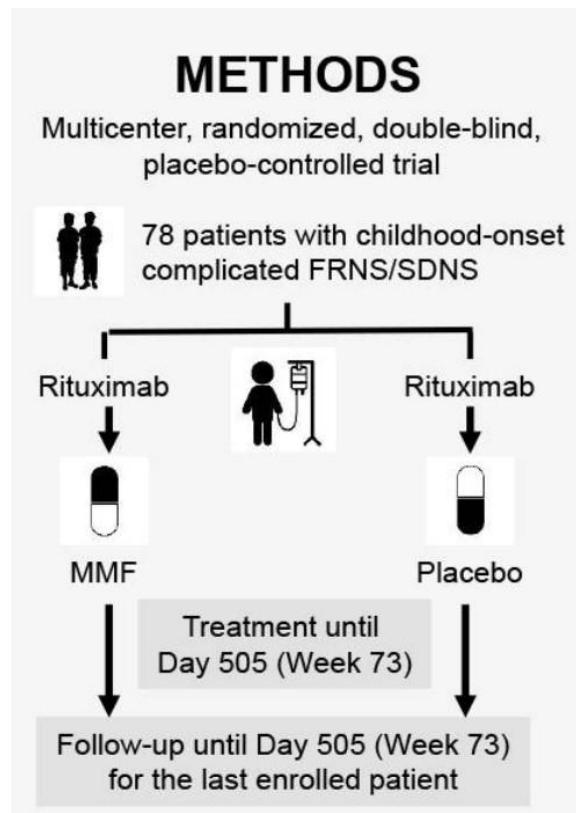
Anti-CD20 monotherapy as
induction for new-onset NS

Anti-CD20 therapy in FRSDNS

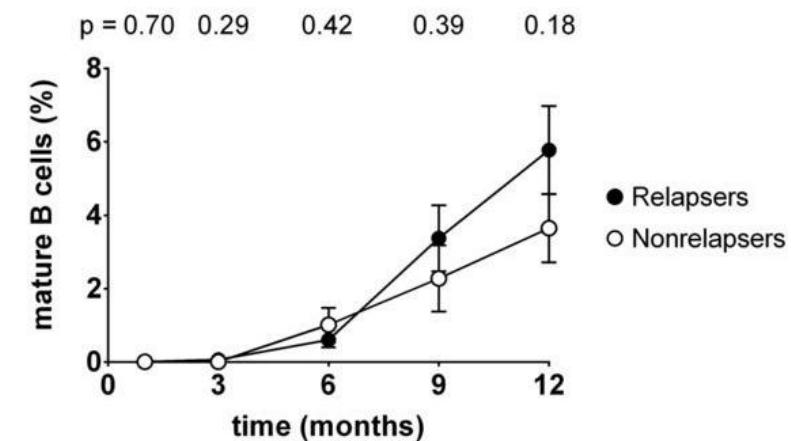
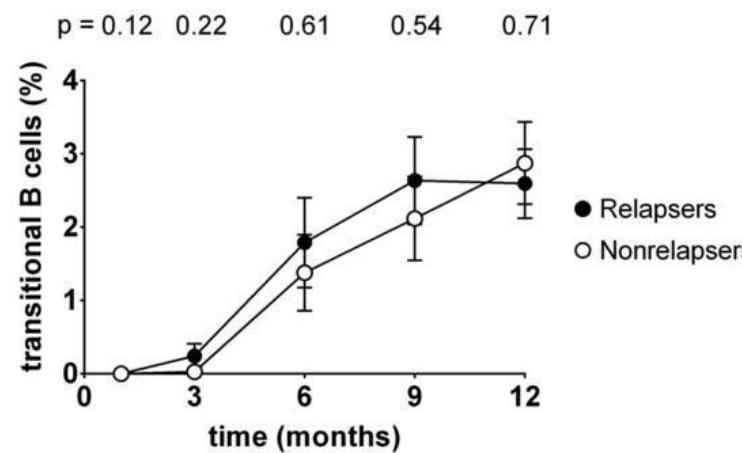
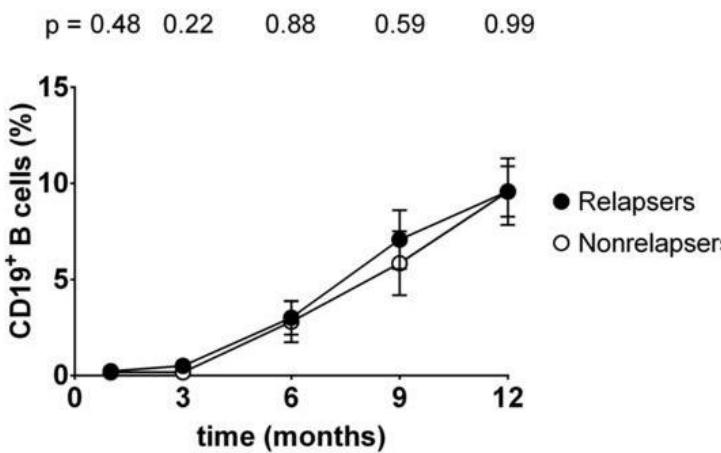
MMF reduces relapse but effect wane after discontinuation

Mycophenolate Mofetil after Rituximab for Childhood-Onset Complicated Frequently-Relapsing or Steroid-Dependent Nephrotic Syndrome

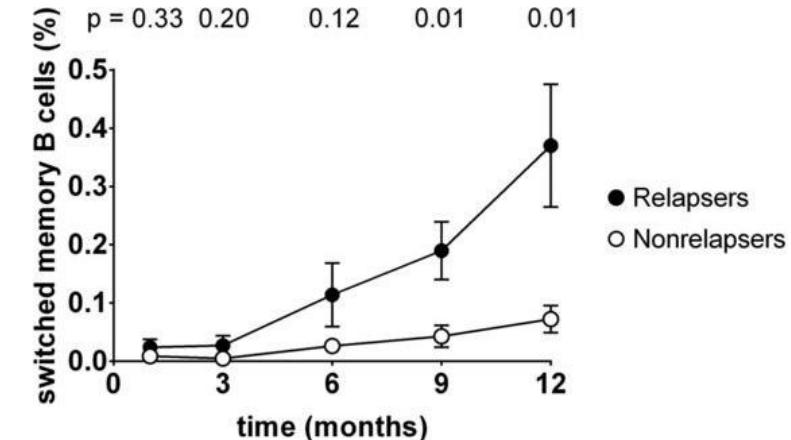
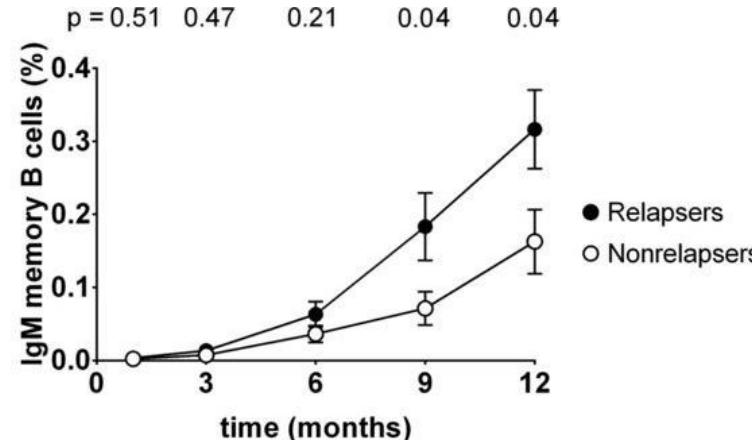
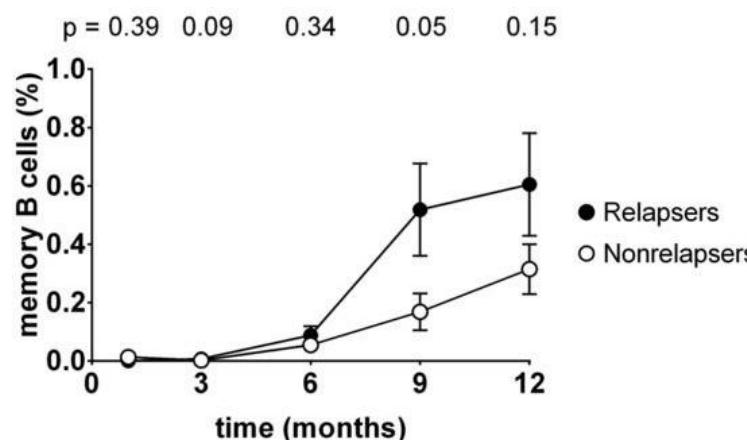
JASN
JOURNAL OF THE AMERICAN SOCIETY OF NEPHROLOGY



Memory B cells as a promising biomarker



Total, transitional and mature B cells: No difference between relapser and non relapser



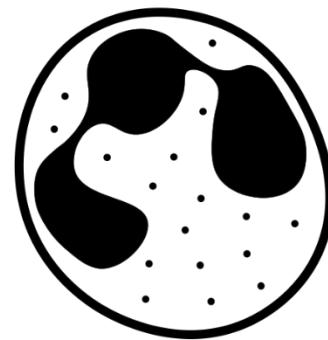
Memory B cells & subsets reconstitution are associated with NS relapse

Long-term safety profiles (346 children, 1149 infusions)

Infection

Similar incidence with increasing courses
and cumulative dose of RTX

1%



Neutropenia, 4%



Neoplasia, n=1/1149

Sequential rituximab therapy sustains remission of nephrotic syndrome but carries high risk of adverse effects

Background

Rituximab induced remission of nephrotic syndrome lasts 6–18 months; repeat therapy is often required. Significant adverse events have been reported following multiple rituximab doses.

Methods



Nephrotic syndrome

- 72% boys
- Median age 10 yrs
- Steroid dependence (SSNS) n = 127
- Steroid resistance (SRNS) n = 123



Therapy

≥ 2 sequential courses of IV rituximab



Screened for adverse events (AE)

Results

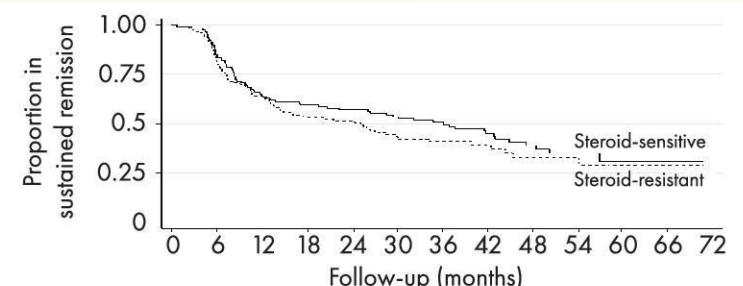
Efficacy

Relapses

2.0 (95% CI 1.8–2.2) per person-year

Sustained remission

SSNS: 41%
Median time 3 yrs
SRNS: 40%
Median time 2 yrs



Adverse events

0.20 (95% CI 0.17–0.23) per person-years

Infusion reactions

Infections

Serious AE

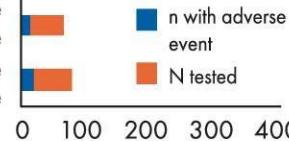
Reduced IgG

HACA

BK/JC viruria

Hepatitis B vaccine hyporesponsive

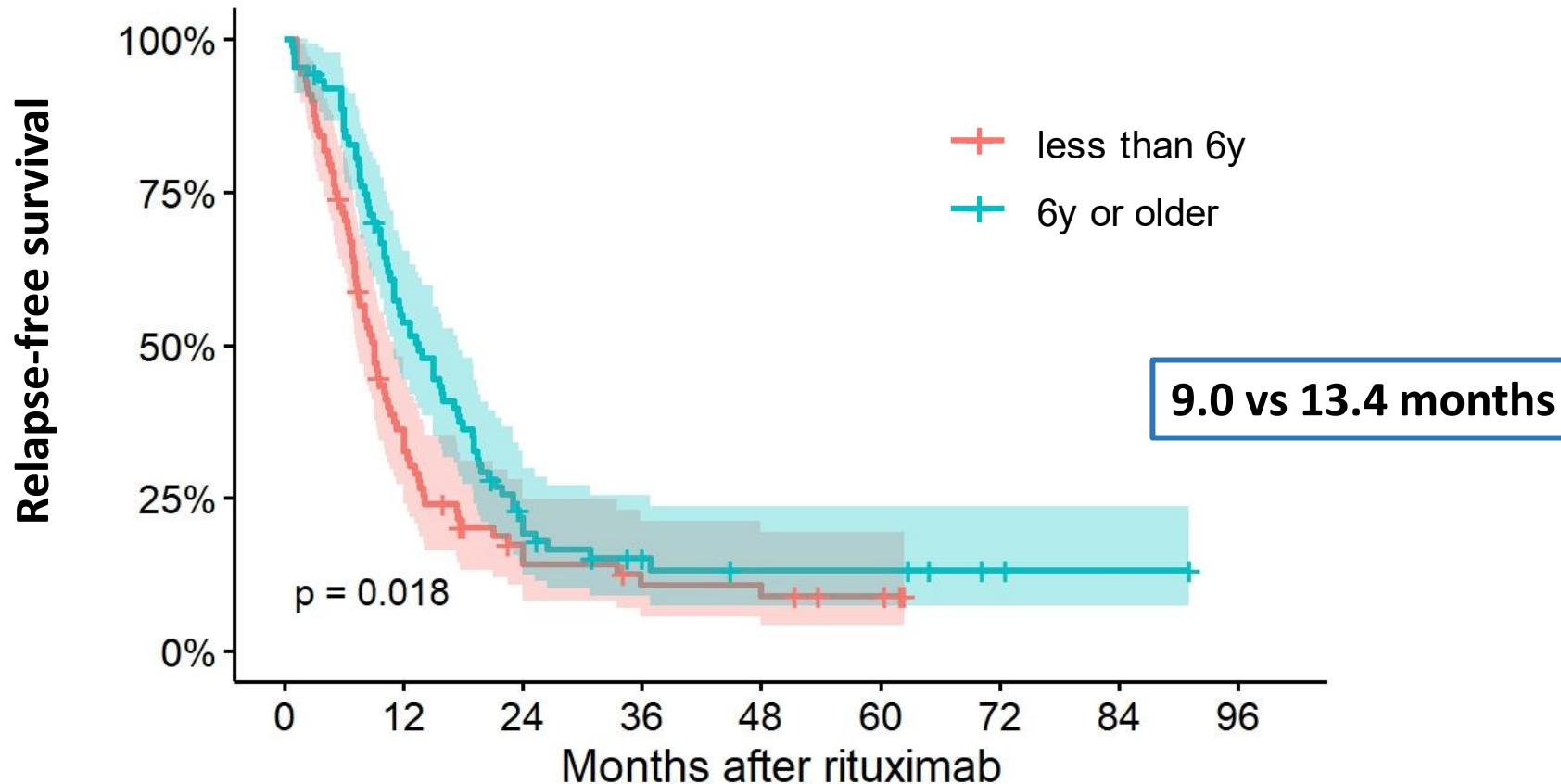
Tetanus vaccine hyporesponsive



Conclusion

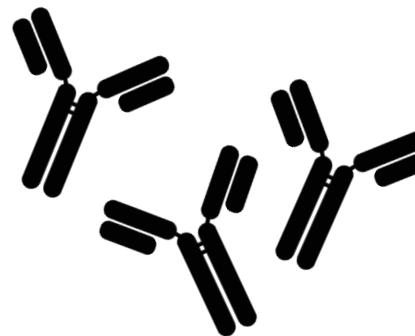
Sequential rituximab therapy enables sustained remission in difficult-to-treat SSNS and SRNS. Therapy carries significant risk of infusion reactions, infections, development of human antichimeric antibodies and low levels of IgG.

**Matched 88 young children (<6 years)
with older children (>6 years) at first RTX:
Shorter relapse-free survival in young children**



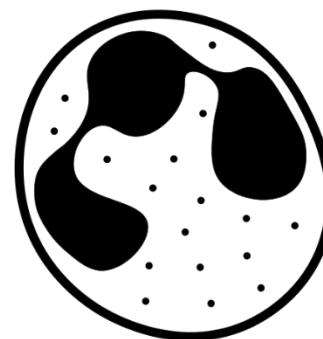
Safety profiles (younger vs older children)

Severe infusion reaction – minimal



Hypo IgG, 53% vs 39%

Agranulocytosis, 6% vs 1.2%

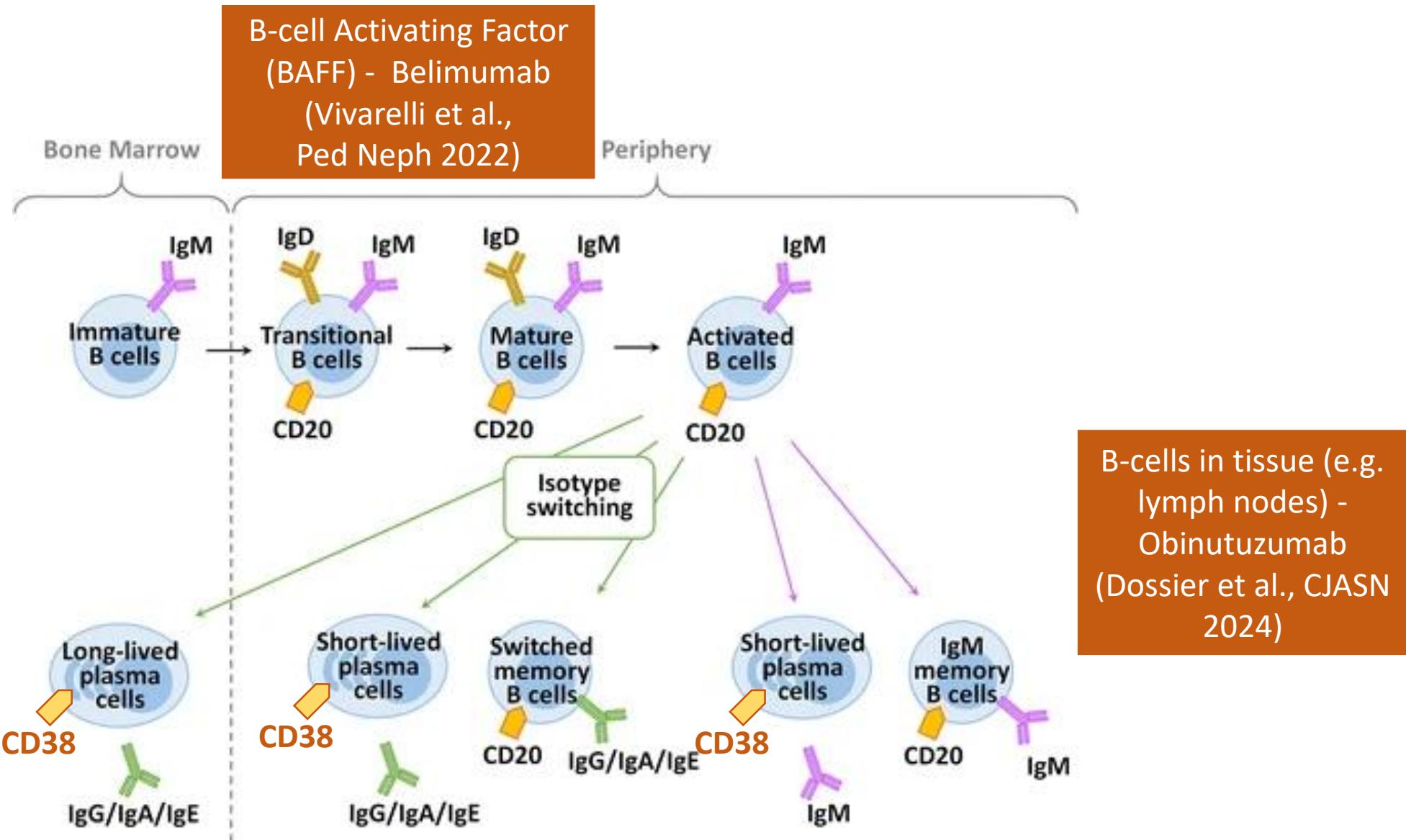


Infection, 7% vs 3%

New therapeutic targets/ approaches on B cell

CD20 -ve short and long lived plasma cells (CD38+)

Add-on daratumumab (Dossier, Pediatr Nephrol 2021; Angeletti et al., KIR 2024)





ORIGINAL ARTICLE: GLOMERULAR AND TUBULOINTERSTITIAL DISEASES

 Download

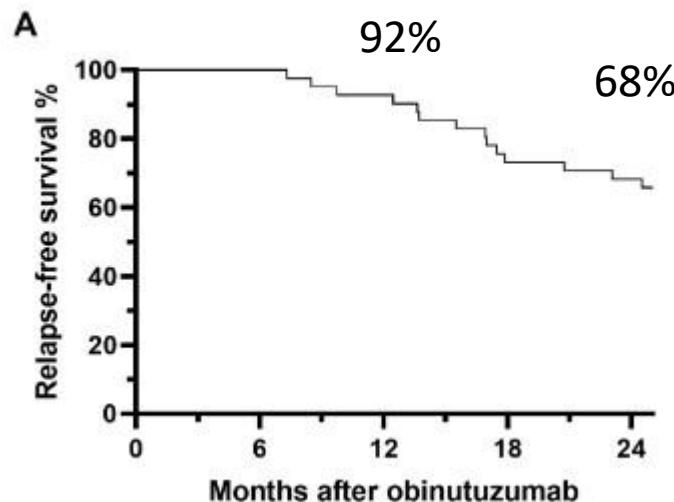
 Cite

Obinutuzumab in Frequently Relapsing and Steroid-Dependent Nephrotic Syndrome in Children

Dossier, Claire¹; Bonneric, Stéphanie¹; Baudouin, Veronique¹; Kwon, Theresa¹; Prim, Benjamin¹; Cambier, Alexandra¹; Couderc, Anne¹; Moreau, Christelle²; Deschenes, Georges¹; Hogan, Julien^{1,3,a}

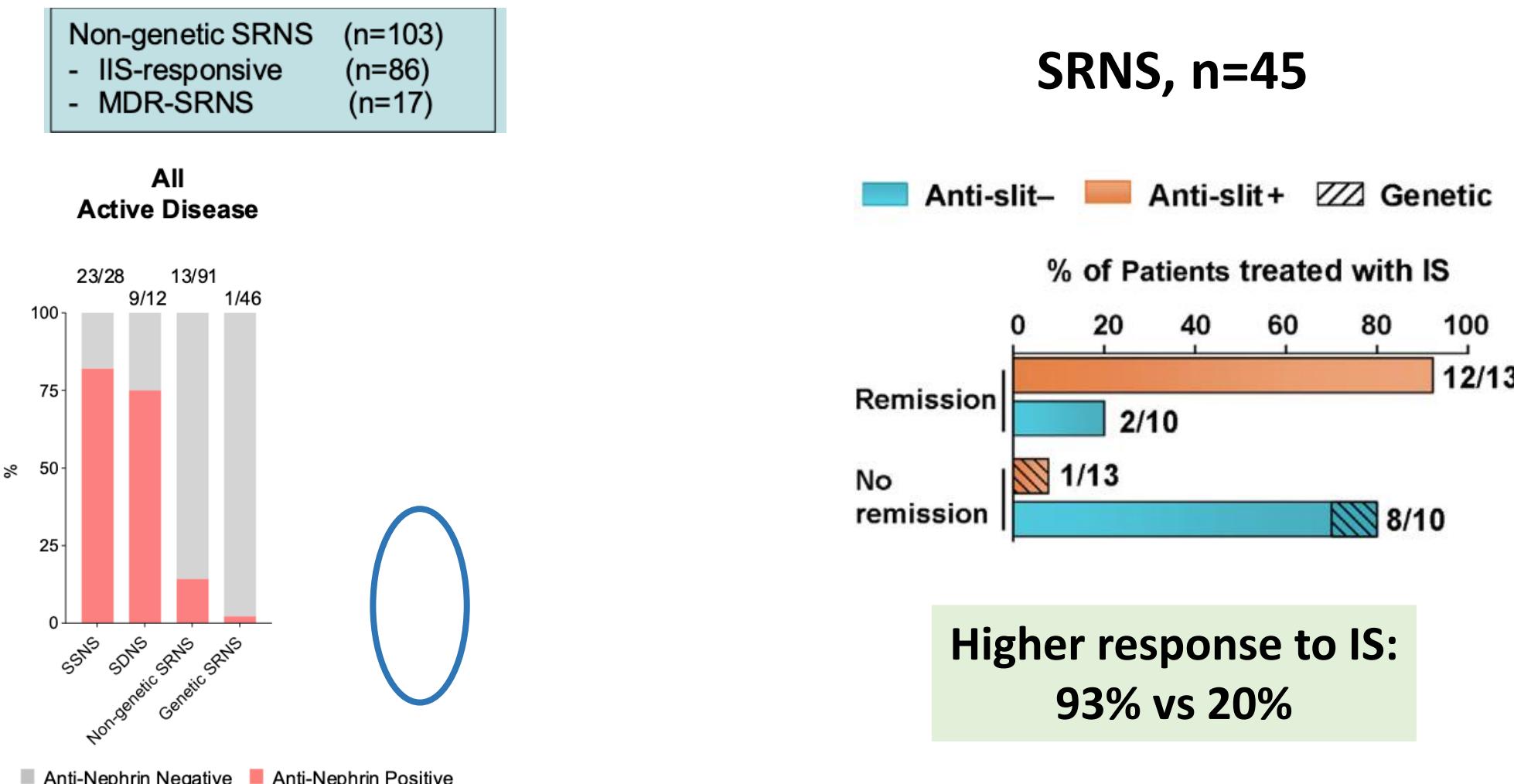
- Single centre, n=41
- Resistance or relapse after ritux
- 1 single infusion of Obi 300mg/1.73m²
- Cessation of IS within 2 months

- B cell depletion 8.3m, longer than ritux
- Infusion reaction 12%, neutropenia 21%
- HypolgM (83%)



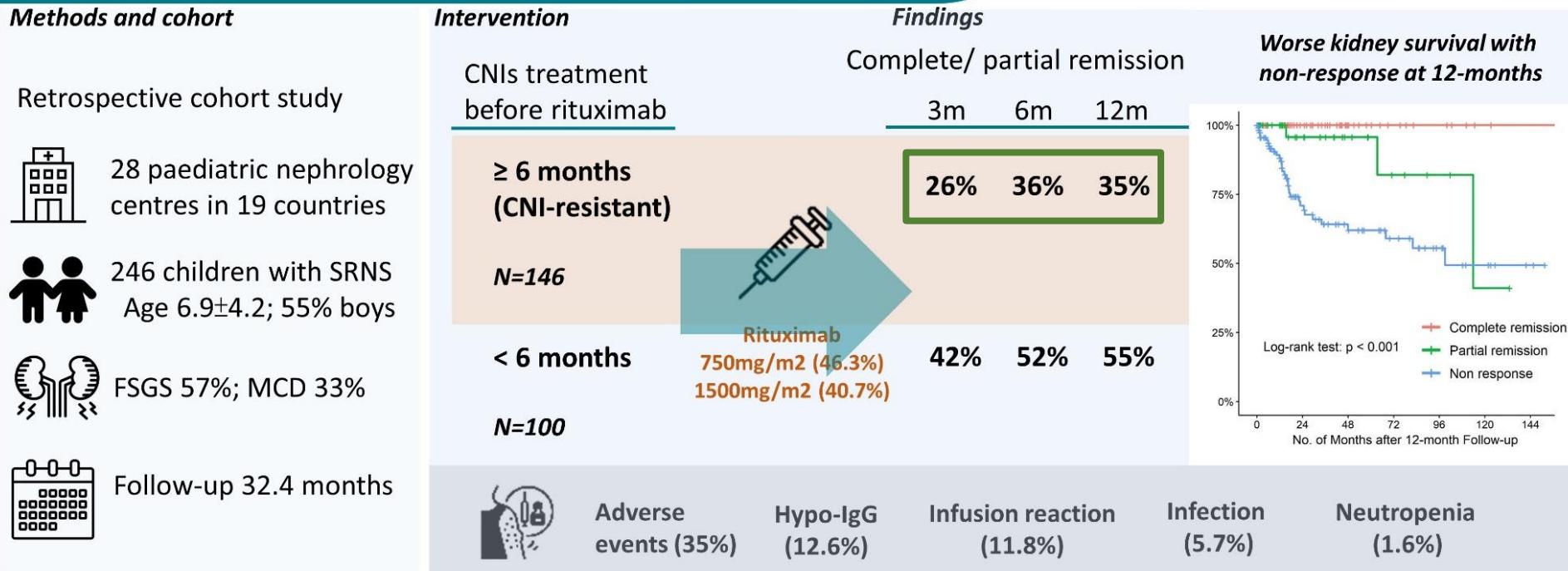
Immune-mediated SRNS

Anti-nephrin/ slit Ab uncommon in SRNS but indicate immune dysregulation and predict response to IS



Rituximab enhances remission in CNI-resistant SRNS

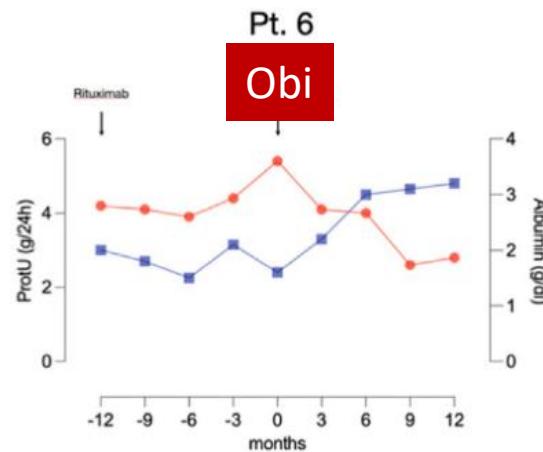
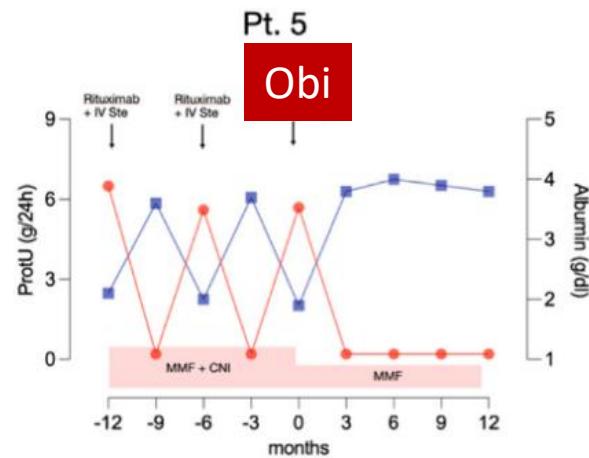
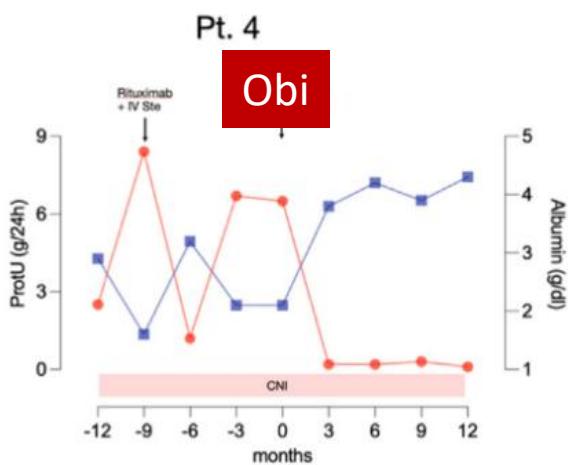
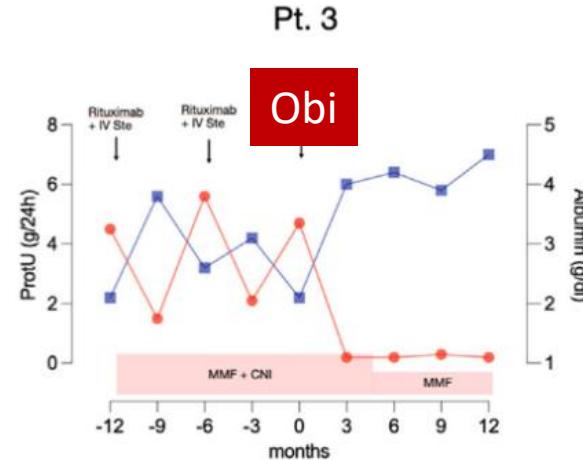
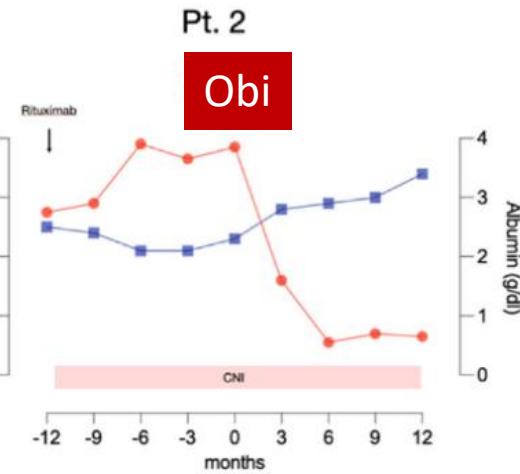
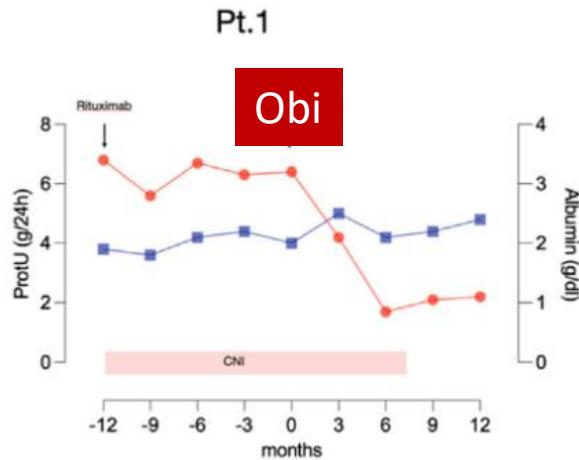
Rituximab therapy in childhood steroid-resistant nephrotic syndrome (SRNS): an international, multi-centre study



Chan et al. 2024

CONCLUSION Rituximab enhances remission in a subset of children with SRNS, and is generally safe. Complete remission following rituximab is associated with favourable kidney outcome.

Obinutuzumab in SRNS



Obi, N=6
RTX & CNI R MRNS
CR 3/6, PR 3/6

Summary

- Rapidly evolving therapeutic landscape - precision and personalised medicine
- Combination therapy in high risk patients at disease onset
- Using anti-CD20 as second or third line IS in FRSDNS and SRNS
- B cell depletion (?) and deeper) in selected patients
- ? Prognostic value of anti-nephrin antibodies



多謝晒 ! *Many thanks!*

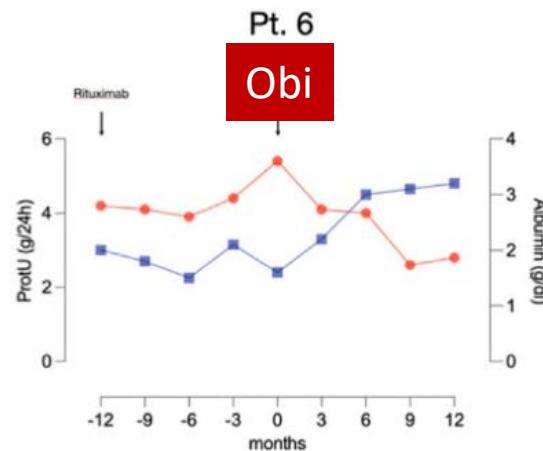
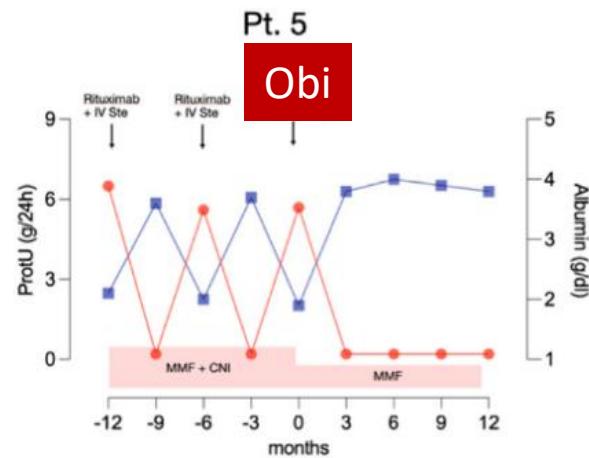
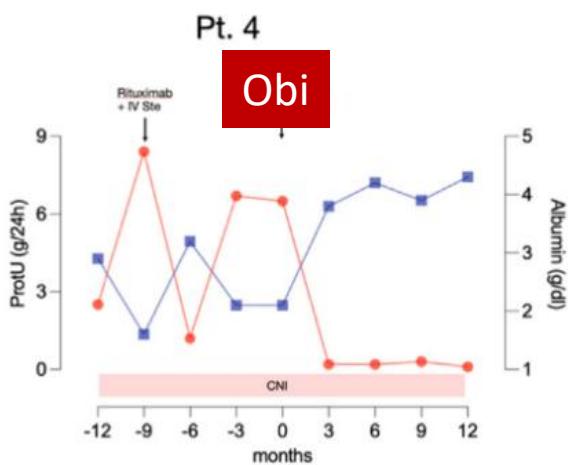
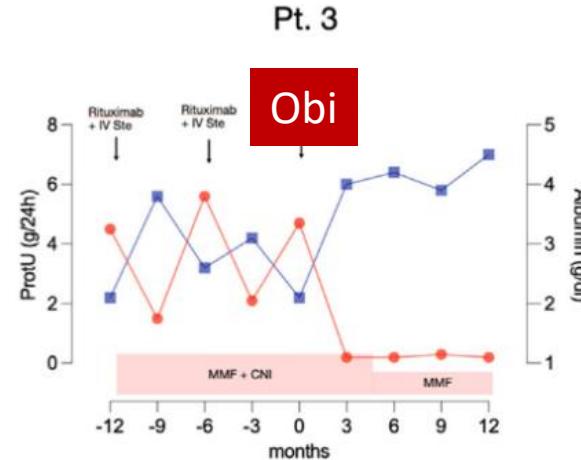
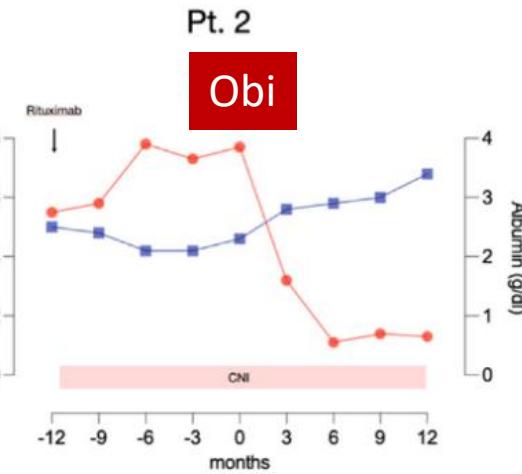
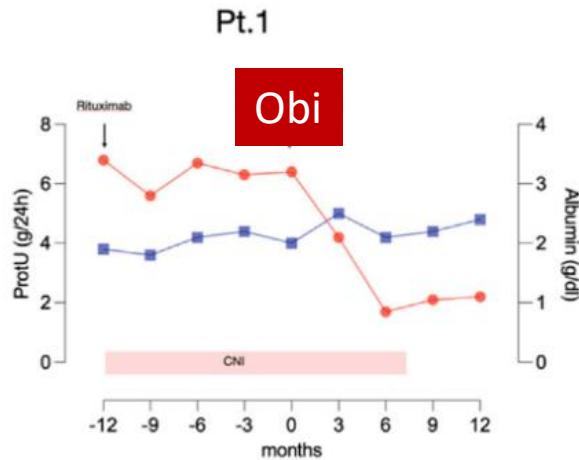
Email: Eugene.chan@cuhk.edu.hk



香港中文大學醫學院
Faculty of Medicine
The Chinese University of Hong Kong



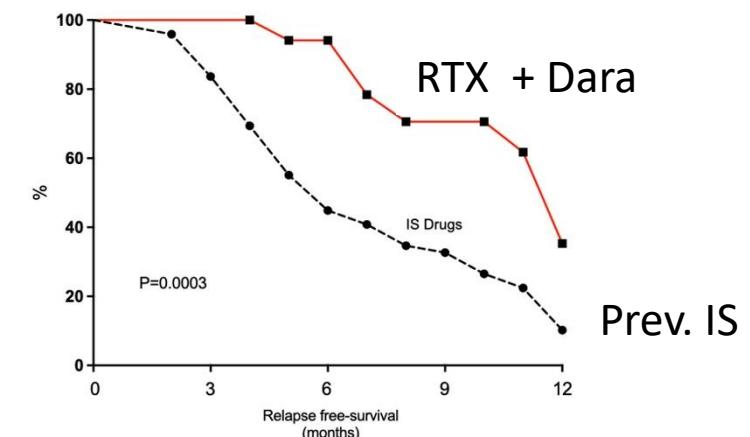
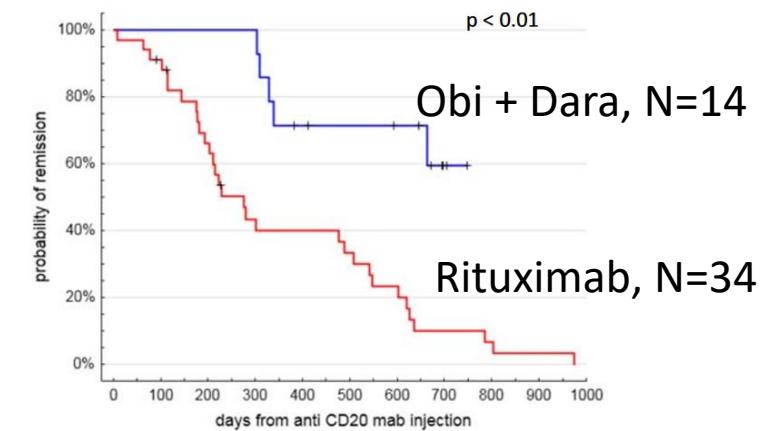
Obinutuzumab in SRNS



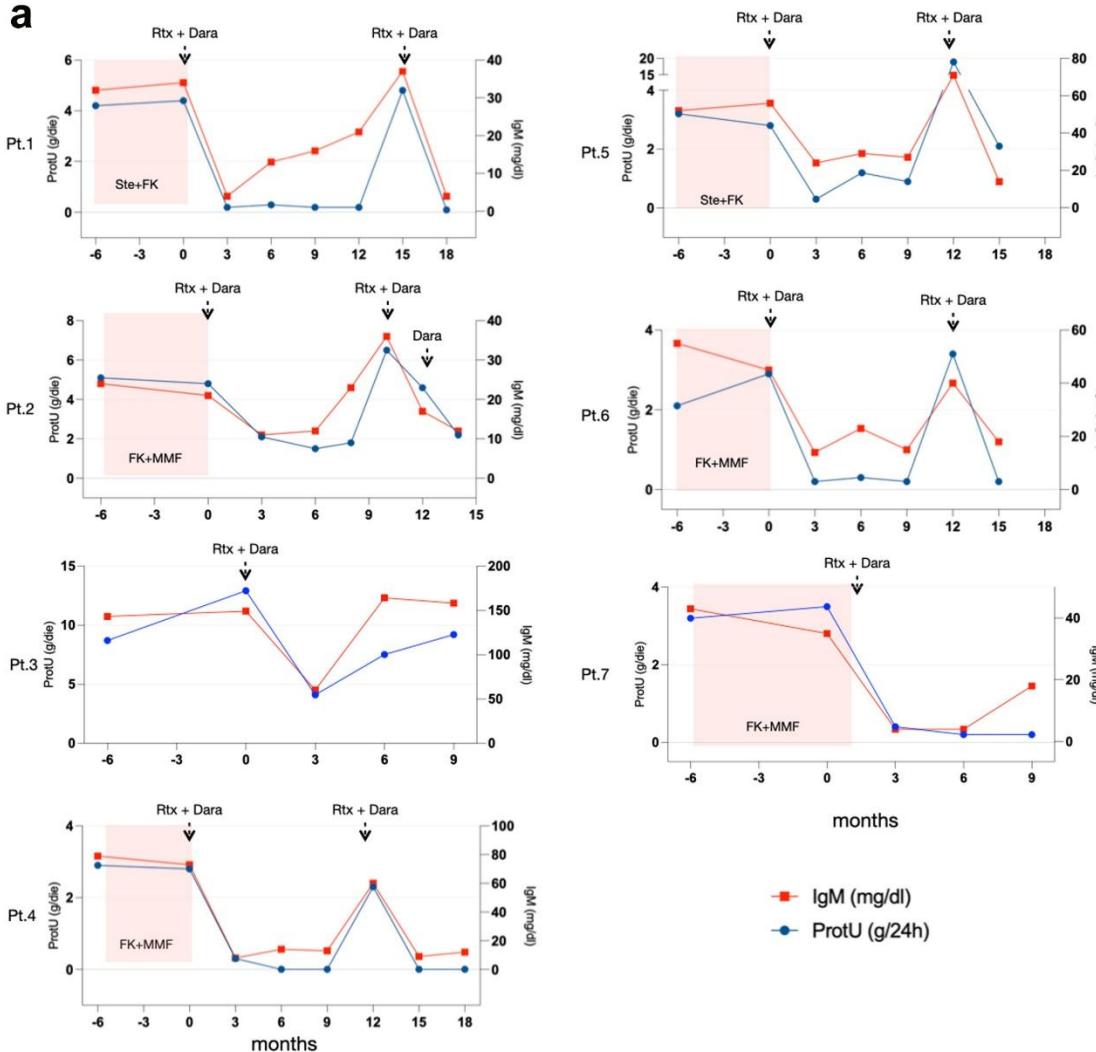
Obi, N=6
RTX & CNI R MRNS
CR 3/7, PR 3/7

Anti-CD38 Daratumumab w/ anti-CD20

- Dossier et al. N=14, refractory to rituximab
 - Obi + Daratumumab
 - ? Obi effect
 - Mild Infusion reaction, neutropenia
 - Low IgG 12/14, Low IgA 8/14 and IgM 14/14
- Angeletti et al. MDNS, n=16
 - IS drugs Prev. Ritux, N=12 (75%)
 - RTX + Dara, tail IS



RTX + Dara in SRNS



RTX + Dara, N=7 MRNS
CR 4/7, PR 2/7