



Childhood Nephrotic Syndrome

An update on management

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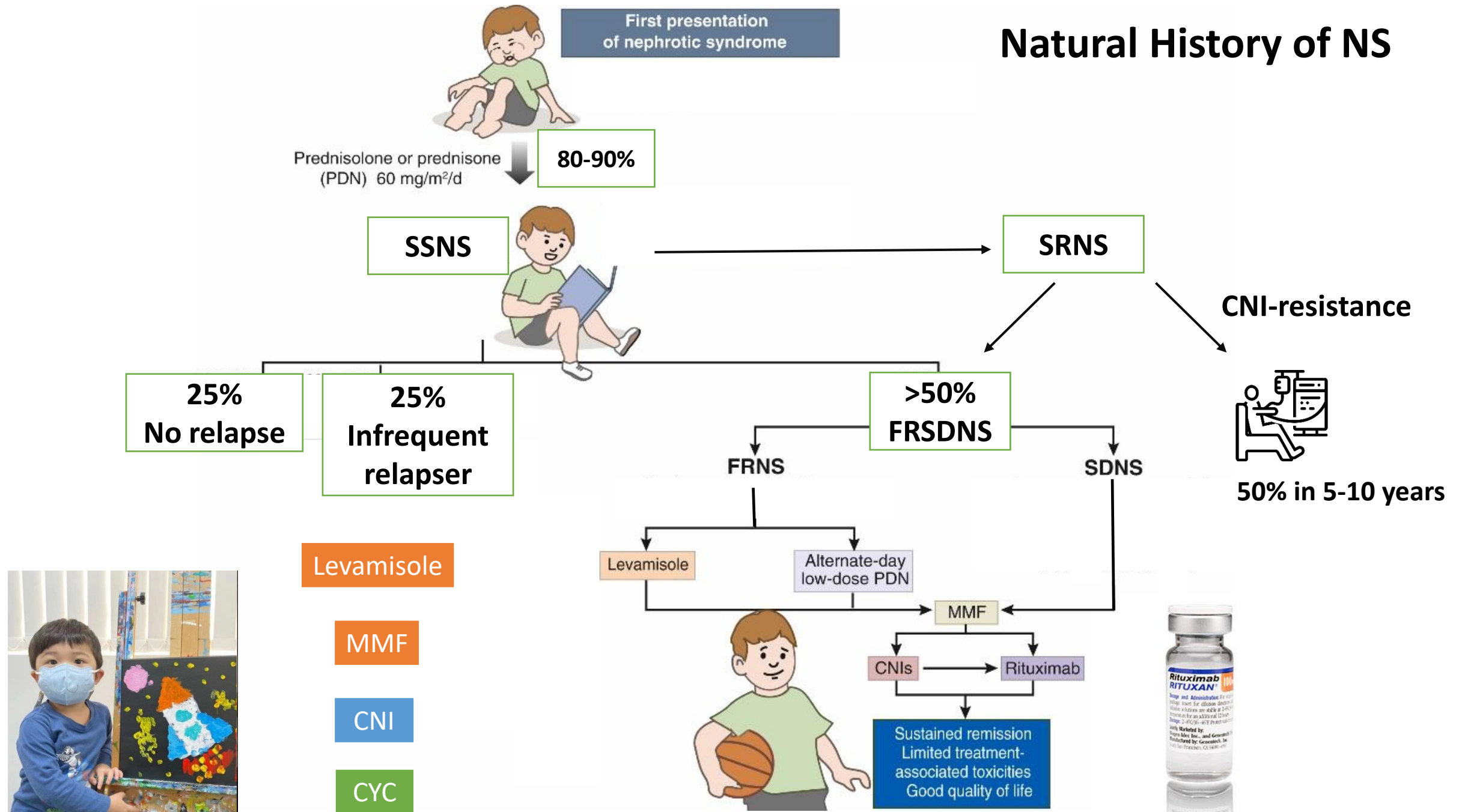
APCN x TSN x 2025

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Hong Kong Children's Hospital

Disclosures

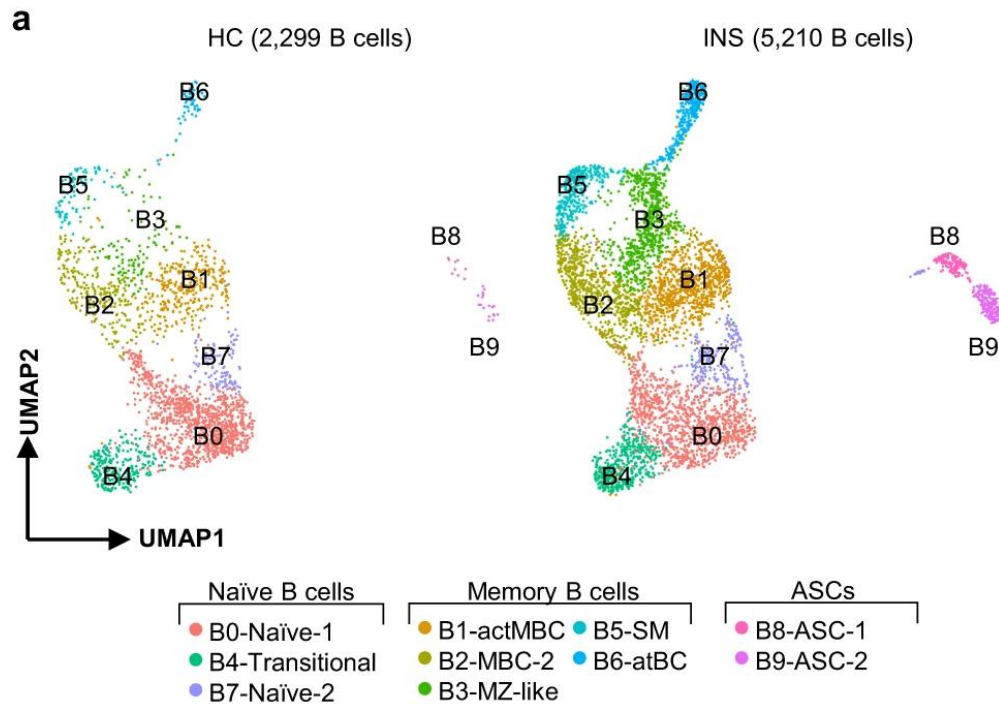
- No relevant financial relationships with ineligible companies

Natural History of NS

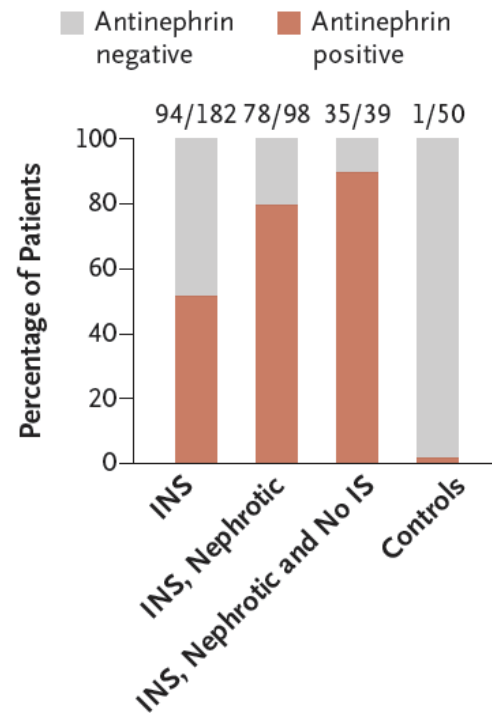


B-cells and anti-nephrin antibodies: Towards personalized medicine?

SSNS

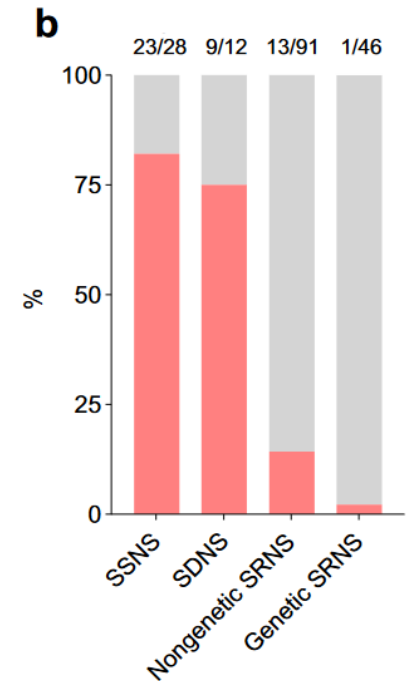


Extra-follicular B cell response



**80-90% children with SSNS
had anti-nephrin Abs**

SRNS



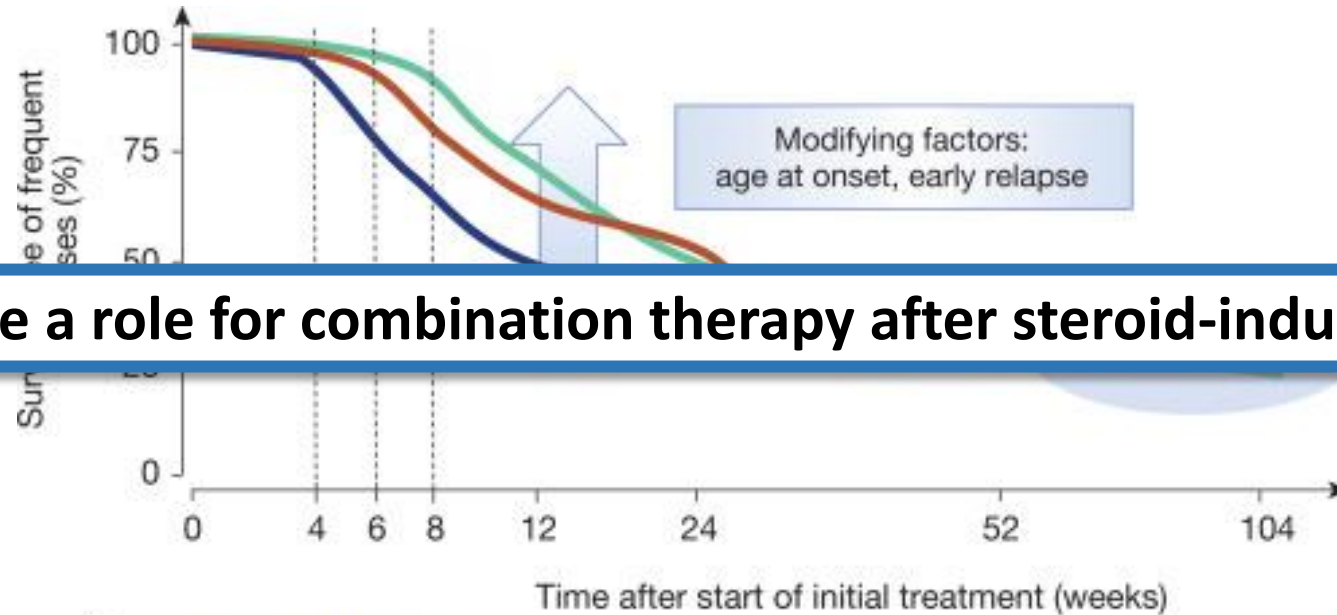
~20% SRNS has anti-nephrin Abs

Outlines

- Initial management
- Anti-CD20 monoclonal antibodies in FRSDNS
- Management of immune-mediated SRNS

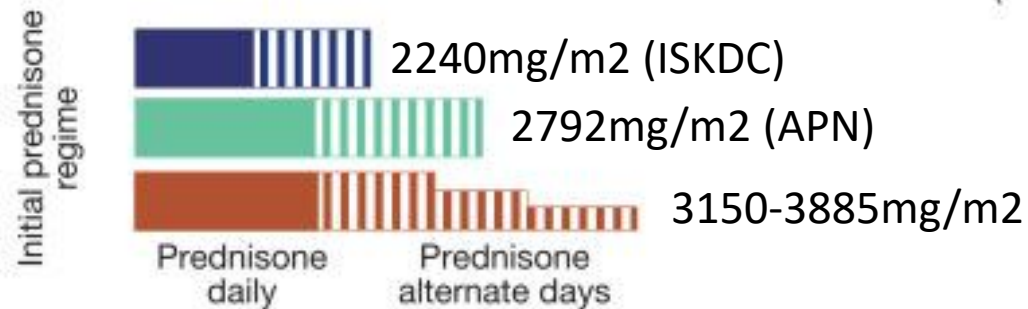
Initial treatment

Initial steroid treatment does not alter long-term disease behavior

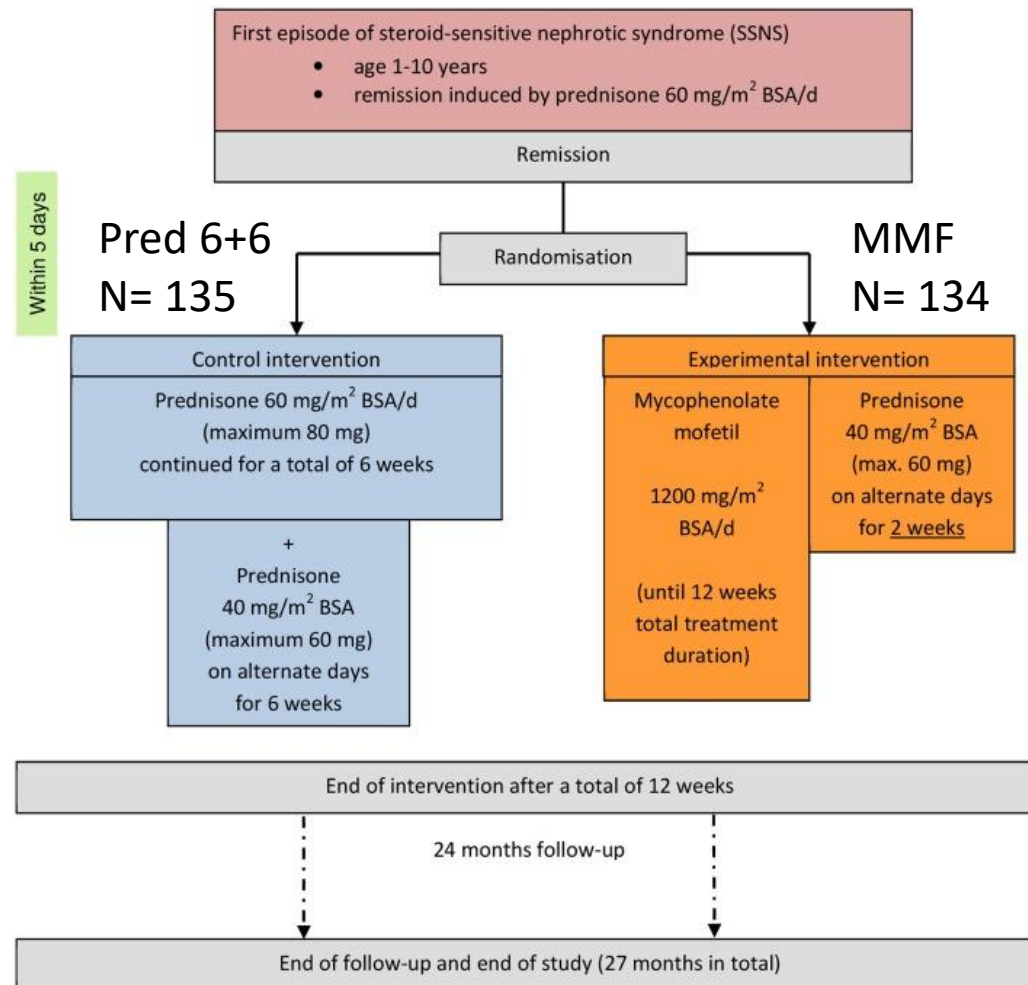


Is there a role for combination therapy after steroid-induced remission?

50% frequent relapses



MMF (Phase 3, open-label, non-inferiority INTENT Trial)



Primary outcome: Relapse

N= 269 First NS

Median Age 4 years

MMF not inferior to prednisolone (79.1% vs 74.8%);

Difference 4.3%, 95% CI -4.2 to 12.7%

FRNS rates similar between two groups

Less steroid S/E with MMF group

More infections and GI disorder

Preprint:

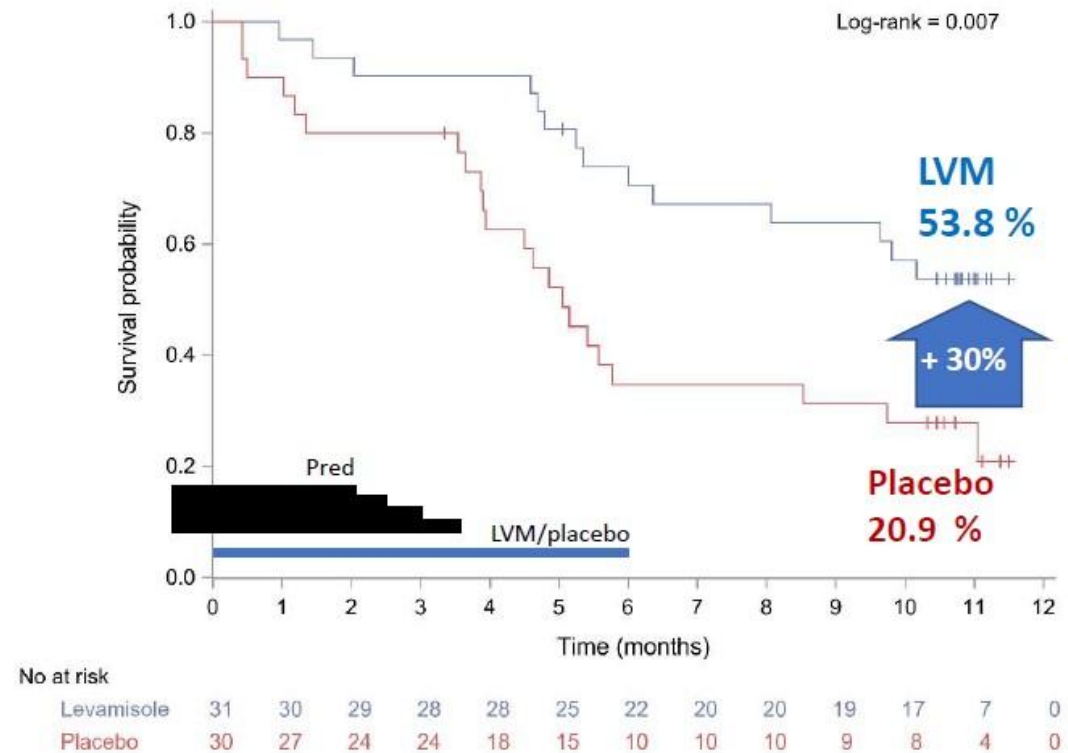
<http://dx.doi.org/10.2139/ssrn.5306078>

Levamisole

LEVAMISOLE, NEPHROVIR-3 study

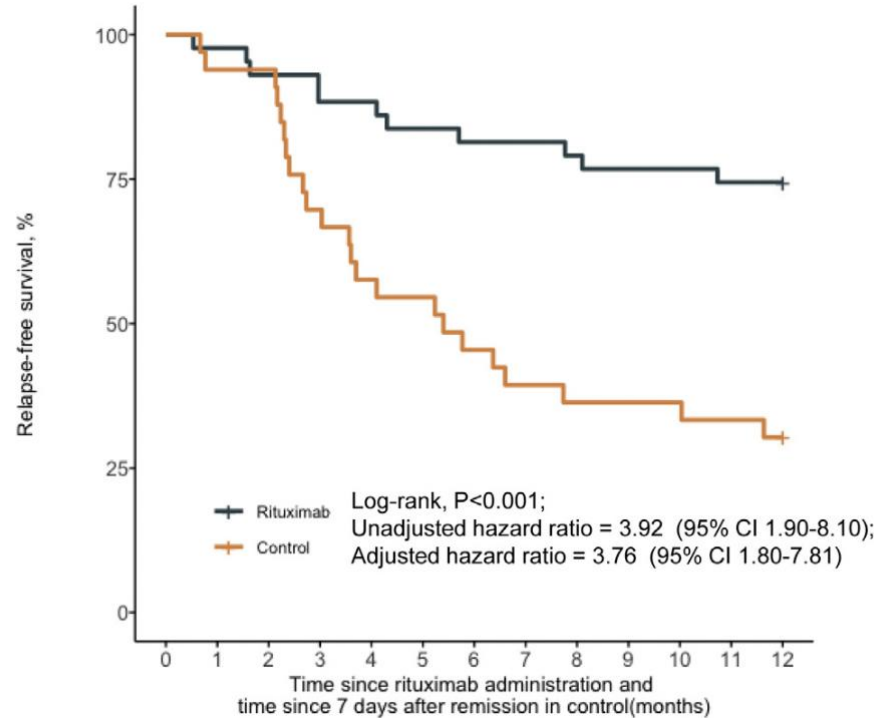
- A placebo-controlled, double-blind, superiority, randomized (1:1) trial
- ✓ *Primary Objective* : Assess the efficacy of **levamisole**, given at the posology of **2.5 mg/kg/48h, during 6 months**, in addition to a **18 weeks-steroid** therapy in children at first flare of steroid sensitive nephrotic syndrome.
- ✓ *Primary Endpoint* : Relapse-free survival at M12

- 38 centers (NEPHROVIR network / Paris area)
- 2-16 yrs
- N= 86 inclusions
- N= 63 randomisations (SS after 4 wks of oral pred)



N° EUDRACT 2016-002324-92, NCT02818738

Rituximab - Moving more upfront?



Complete protocol:

- IV rituximab $\times 4$
- 1-week intervals



N=17

Complete remission in **12 cases (70%)**

- 11 maintained
- 1 relapsed after 85 weeks

Partial remission or no response in **5 cases**

**Add rituximab therapy
after steroid-induced
remission**

**Anti-CD20 monotherapy as
induction for new-onset NS**

Anti-CD20 therapy in FRSDNS

MMF reduces relapse but effect wean after discontinuation

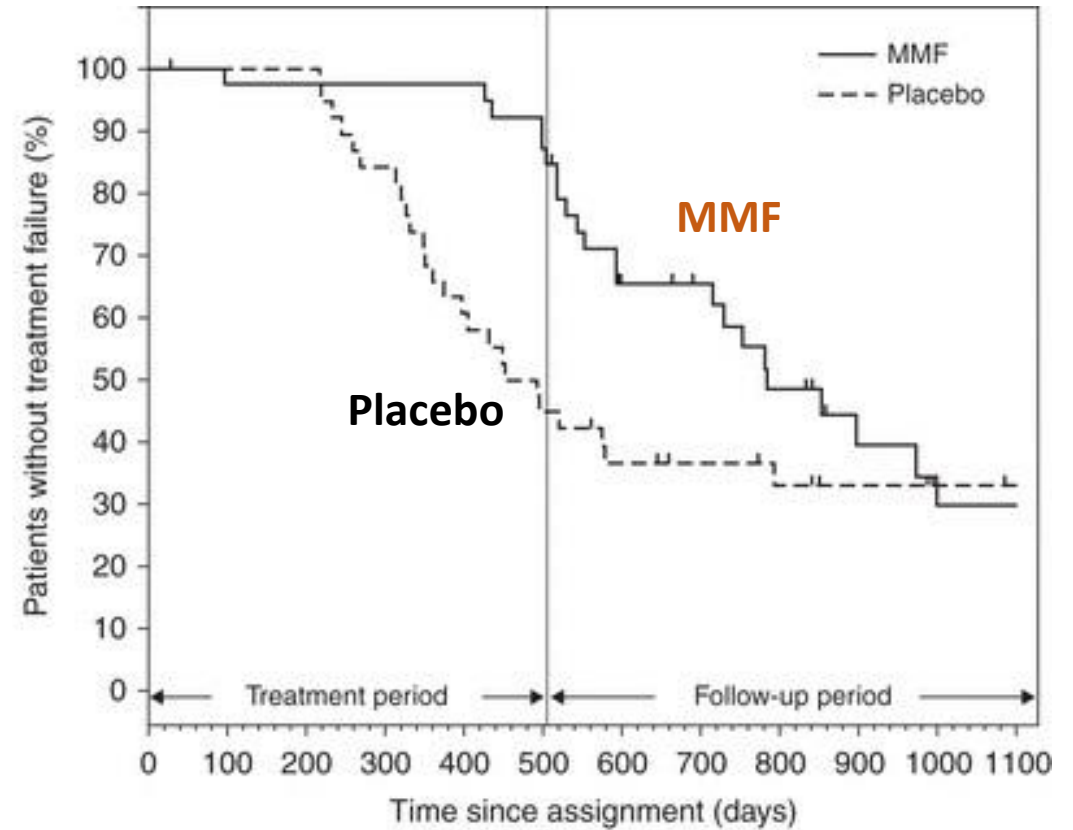
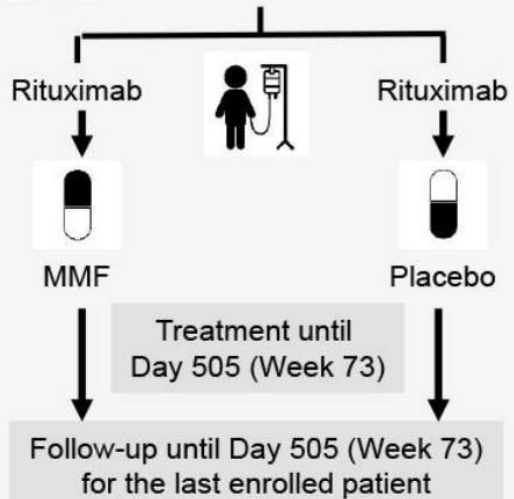
Mycophenolate Mofetil after Rituximab for Childhood-Onset Complicated Frequently-Relapsing or Steroid-Dependent Nephrotic Syndrome

JASN
JOURNAL OF THE AMERICAN SOCIETY OF NEPHROLOGY

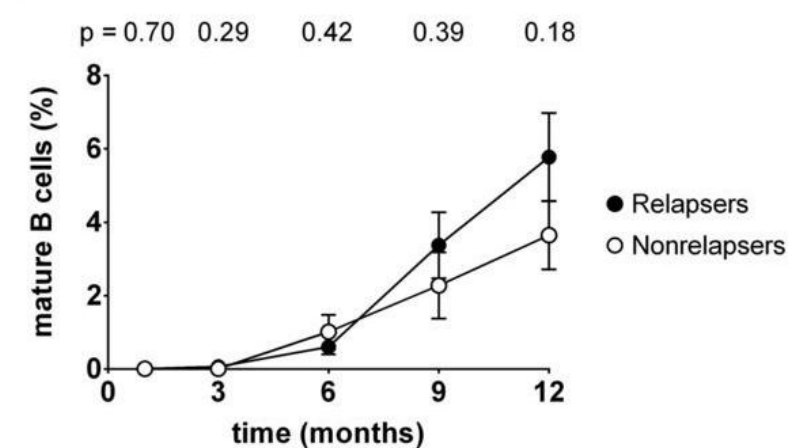
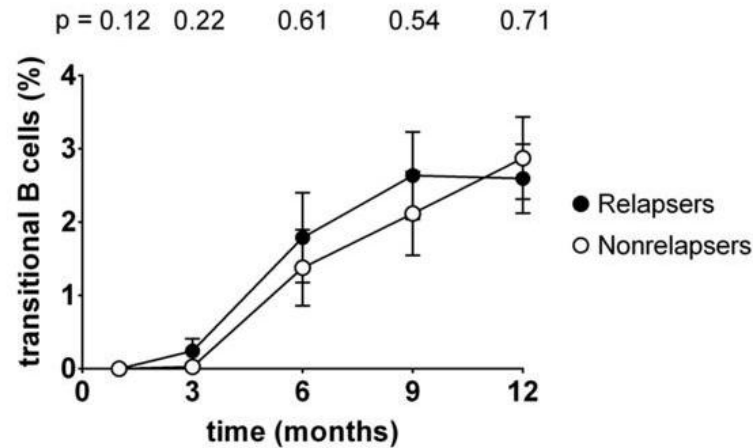
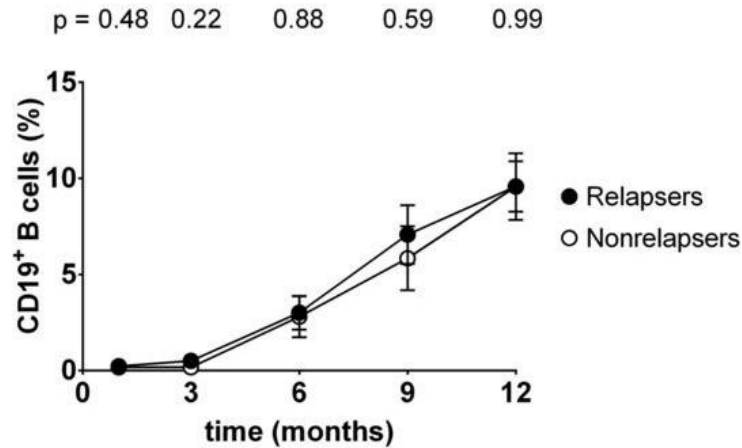
METHODS

Multicenter, randomized, double-blind, placebo-controlled trial

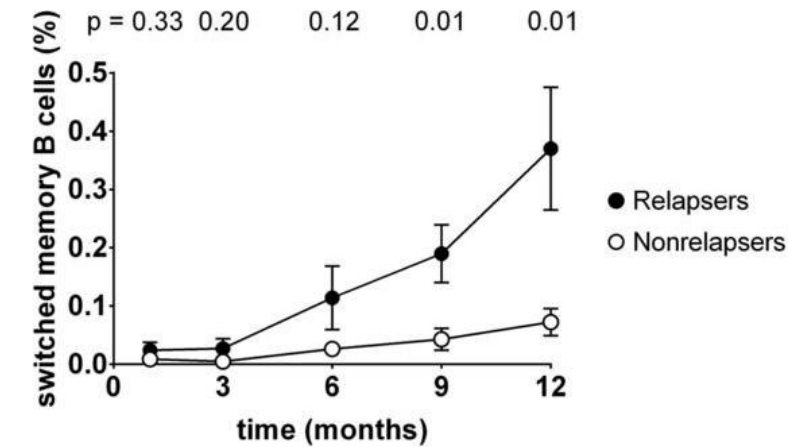
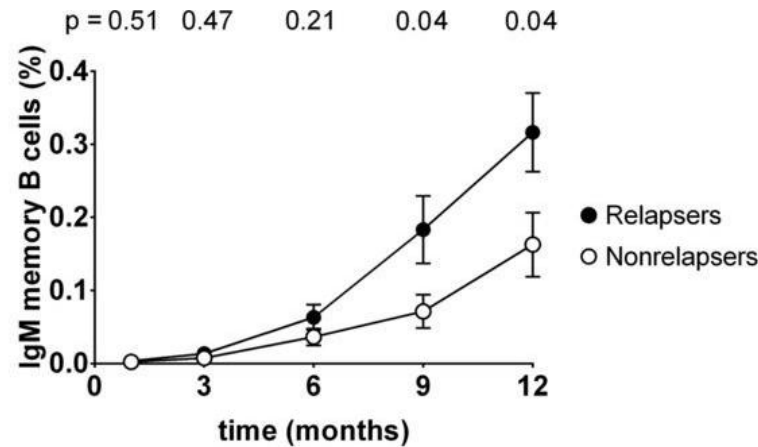
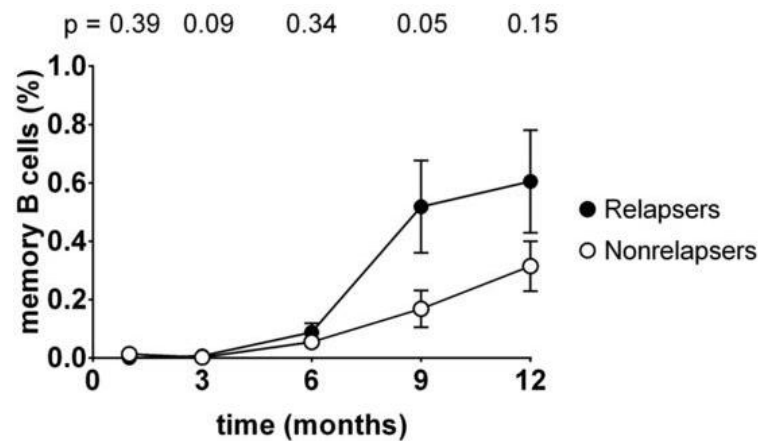
78 patients with childhood-onset complicated FRNS/SDNS



Memory B cells as a promising biomarker



Total, transitional and mature B cells: No difference between relapser and non relapser



Memory B cells & subsets reconstitution are associated with NS relapse

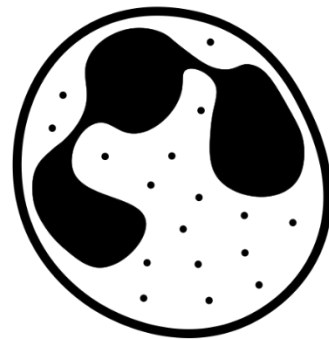
Long-term safety profiles (346 children, 1149 infusions)

Infection

Similar incidence with increasing courses
and cumulative dose of RTX

1%

Neutropenia, 4%



Neoplasia, n=1/1149

Sequential rituximab therapy sustains remission of nephrotic syndrome but carries high risk of adverse effects

Background

Rituximab induced remission of nephrotic syndrome lasts 6–18 months; repeat therapy is often required. Significant adverse events have been reported following multiple rituximab doses.

Methods



Nephrotic syndrome

- 72% boys
- Median age 10yrs
- Steroid dependence (SSNS) n = 127
- Steroid resistance (SRNS) n = 123



Therapy

≥ 2 sequential courses of IV rituximab



Screened for adverse events (AE)

Results

Efficacy



Relapses

2.0 (95% CI 1.8–2.2) per person-year

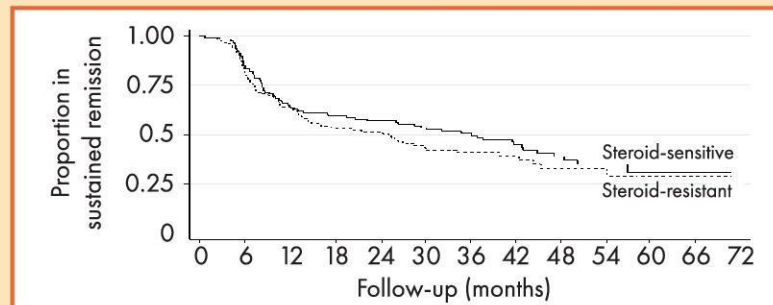
Sustained remission

SSNS: 41%

Median time 3 yrs

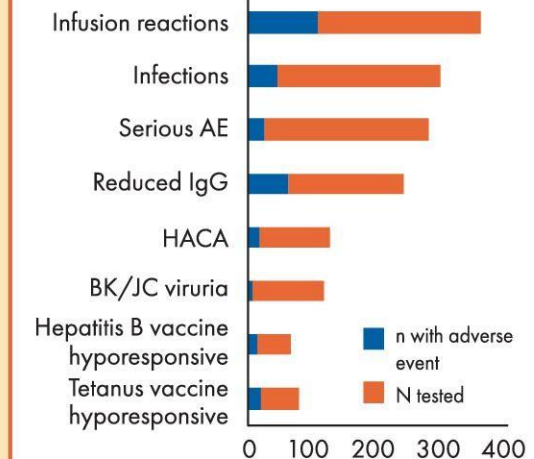
SRNS: 40%

Median time 2 yrs



Adverse events

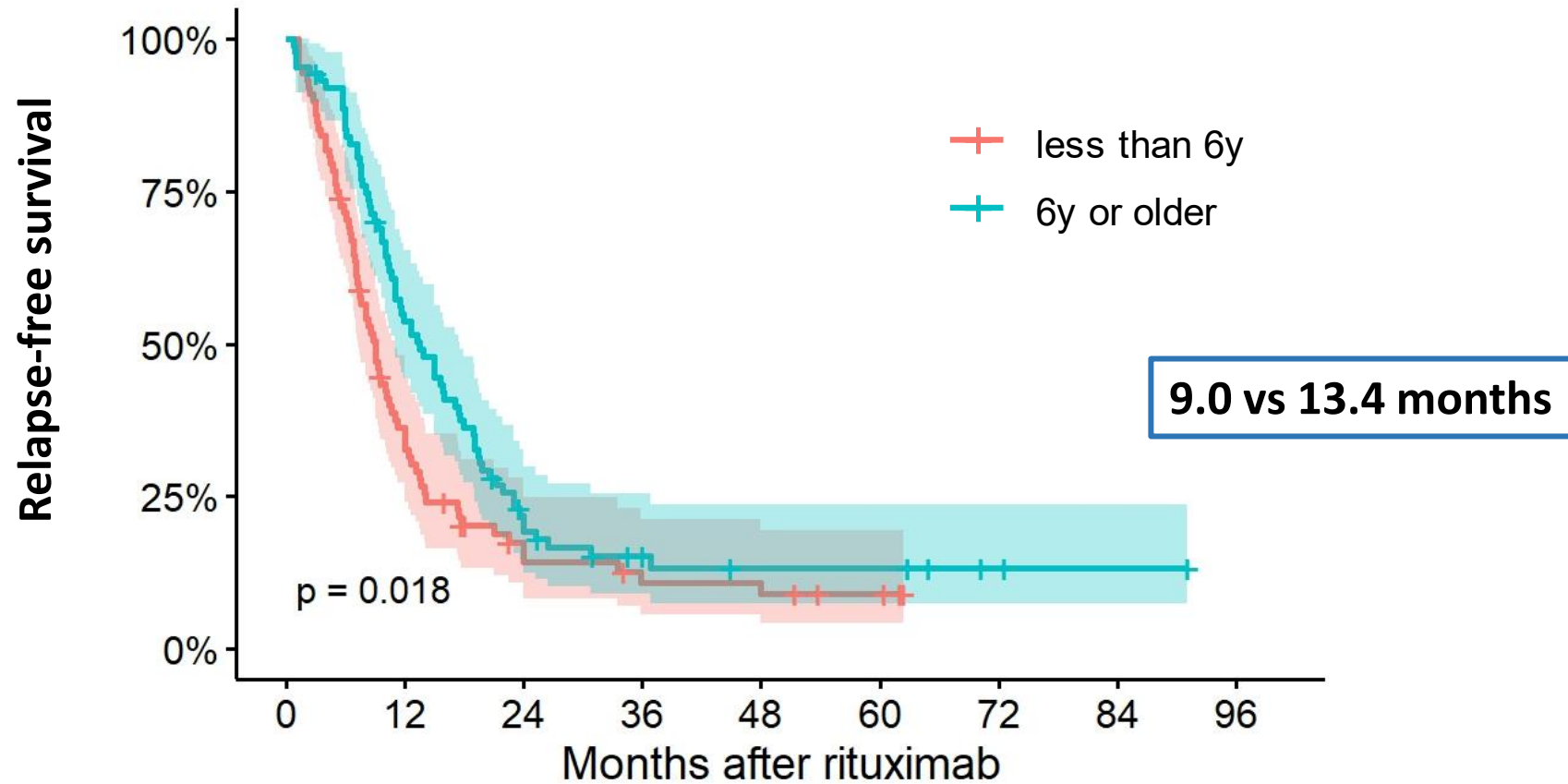
0.20 (95% CI 0.17–0.23) per person-years



Conclusion

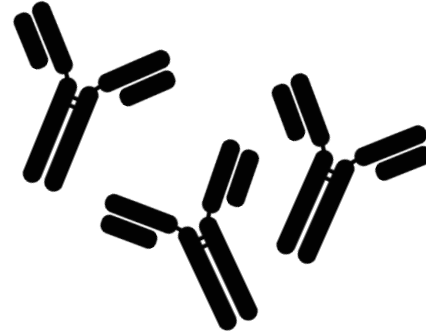
Sequential rituximab therapy enables sustained remission in difficult-to-treat SSNS and SRNS. Therapy carries significant risk of infusion reactions, infections, development of human antichimeric antibodies and low levels of IgG.

**Matched 88 young children (<6 years)
with older children (>6 years) at first RTX:**
Shorter relapse-free survival in young children



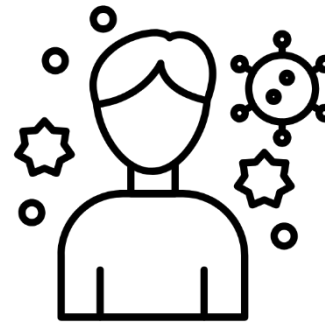
Safety profiles (younger vs older children)

Severe infusion
reaction –
minimal



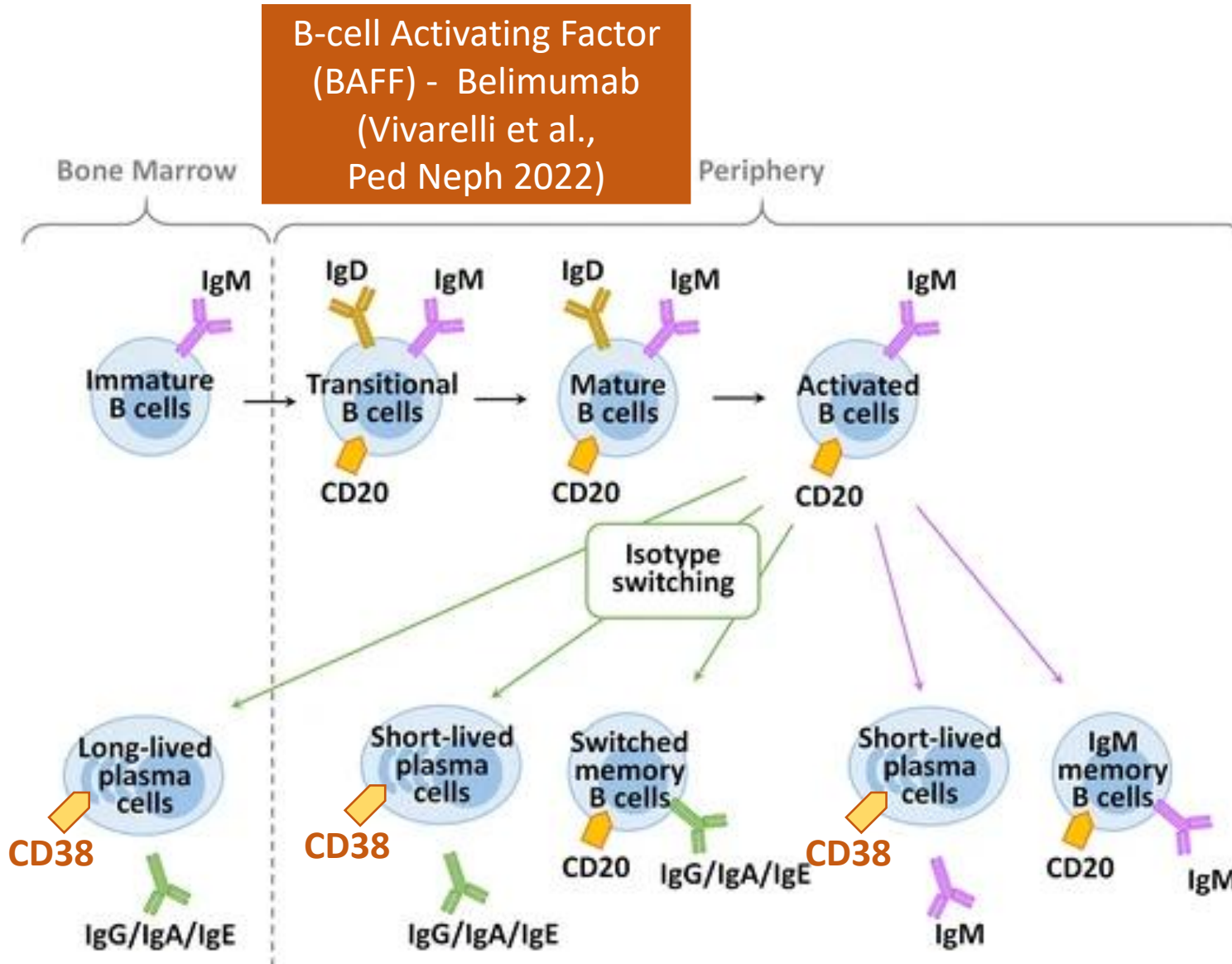
Hypo IgG, 53% vs 39%

Agranulocytosis,
6% vs 1.2%



Infection, 7% vs 3%

New therapeutic targets/ approaches on B cell



CD20 -ve short and long lived plasma cells (CD38+)

Add-on daratumumab (Dossier, Pediatr Nephrol 2021; Angeletti et al., KIR 2024)

B-cells in tissue (e.g. lymph nodes) - Obinutuzumab (Dossier et al., CJASN 2024)



ORIGINAL ARTICLE: GLOMERULAR AND TUBULOINTERSTITIAL DISEASES

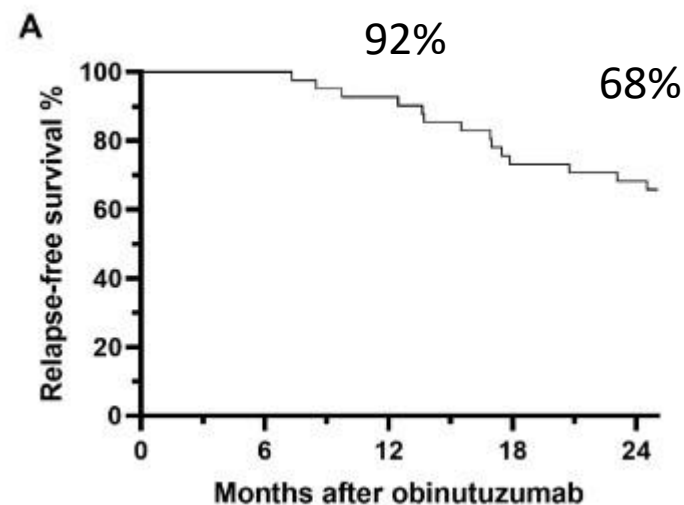
Obinutuzumab in Frequently Relapsing and Steroid-Dependent Nephrotic Syndrome in Children

Dossier, Claire¹; Bonneric, Stéphanie¹; Baudouin, Veronique¹; Kwon, Theresa¹; Prim, Benjamin¹; Cambier, Alexandra¹; Couderc, Anne¹; Moreau, Christelle²; Deschenes, Georges¹; Hogan, Julien^{1,3,a}

Download

Cite

- Single centre, n=41
- Resistance or relapse after ritux
- 1 single infusion of Obi 300mg/1.73m²
- Cessation of IS within 2 months
- B cell depletion 8.3m, longer than ritux
- Infusion reaction 12%, neutropenia 21%
- HypoIgM (83%)

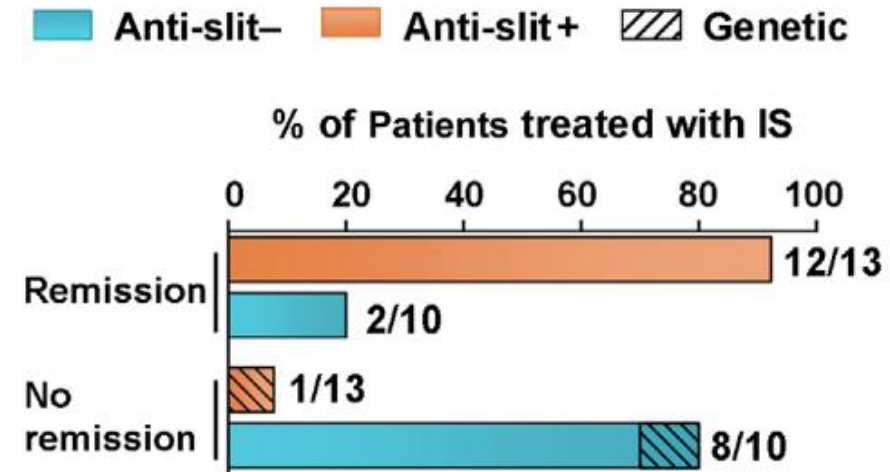
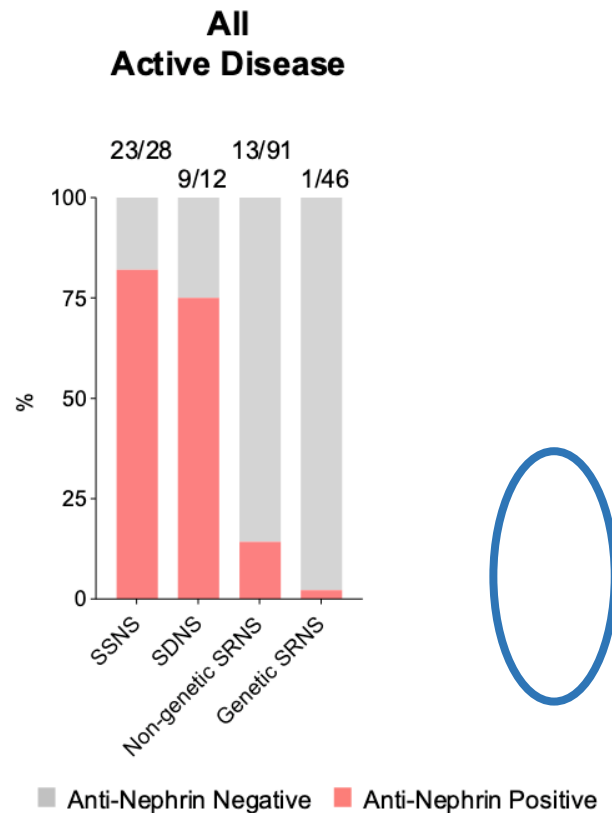


Immune-mediated SRNS

Anti-nephrin/ slit Ab uncommon in SRNS but indicate immune dysregulation and predict response to IS

Non-genetic SRNS (n=103)
 - IIS-responsive (n=86)
 - MDR-SRNS (n=17)

SRNS, n=45



**Higher response to IS:
93% vs 20%**

Rituximab enhances remission in CNl-resistant SRNS

Rituximab therapy in childhood steroid-resistant nephrotic syndrome (SRNS): an international, multi-centre study



Methods and cohort

Retrospective cohort study



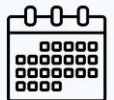
28 paediatric nephrology centres in 19 countries



246 children with SRNS
Age 6.9 ± 4.2 ; 55% boys



FSGS 57%; MCD 33%



Follow-up 32.4 months

Intervention

CNls treatment
before rituximab

≥ 6 months
(CNl-resistant)

$N=146$

< 6 months

$N=100$



Rituximab
750mg/m² (46.3%)
1500mg/m² (40.7%)

Findings

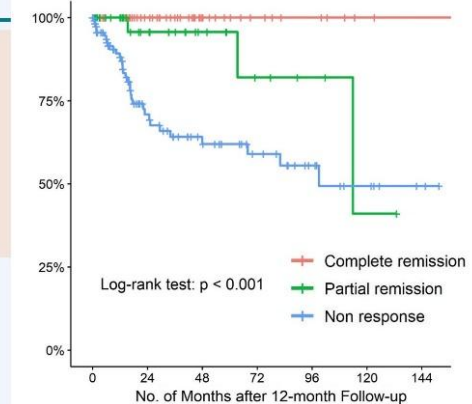
Complete/ partial remission

3m 6m 12m

26% 36% 35%

42% 52% 55%

**Worse kidney survival with
non-response at 12-months**



Adverse
events (35%)

Hypo-IgG
(12.6%)

Infusion reaction
(11.8%)

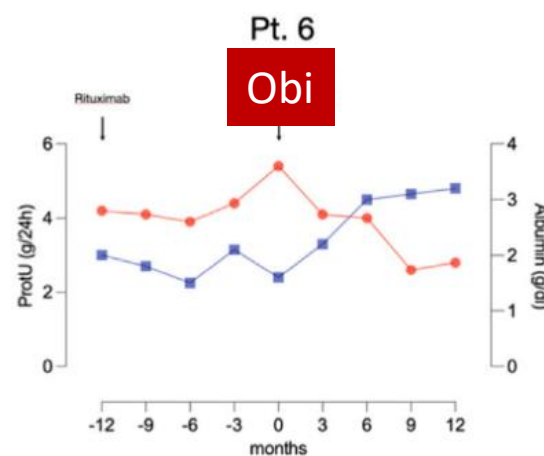
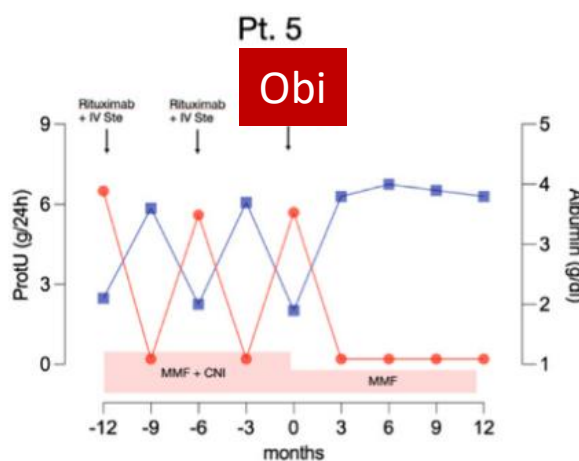
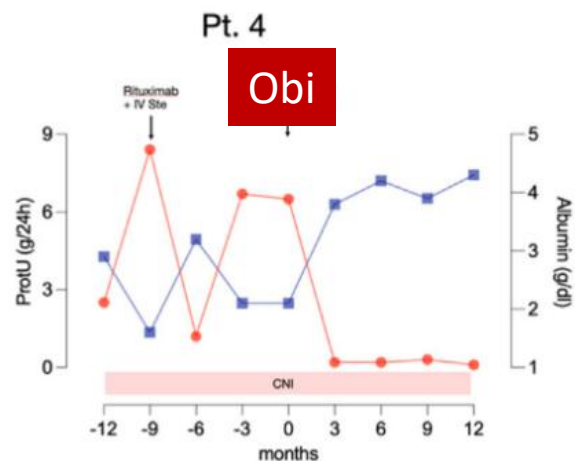
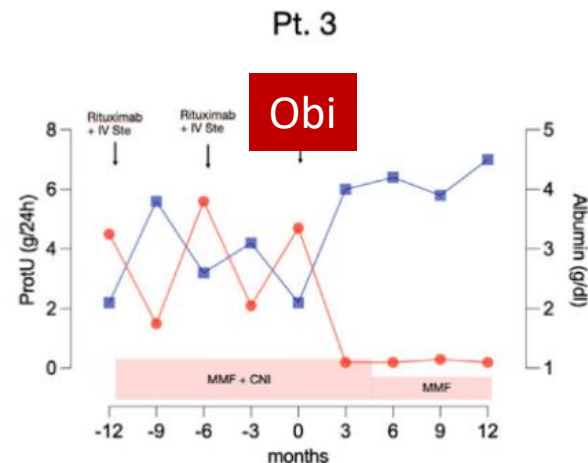
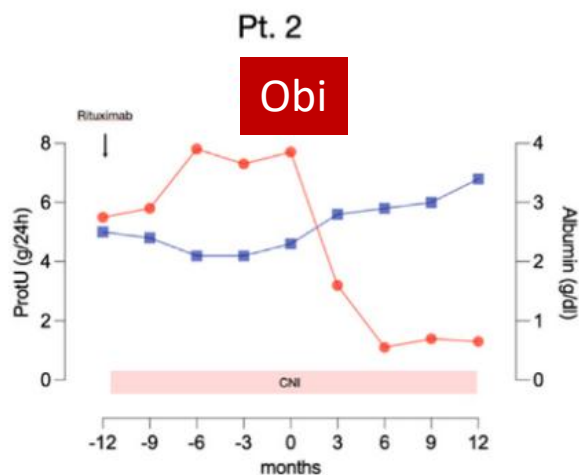
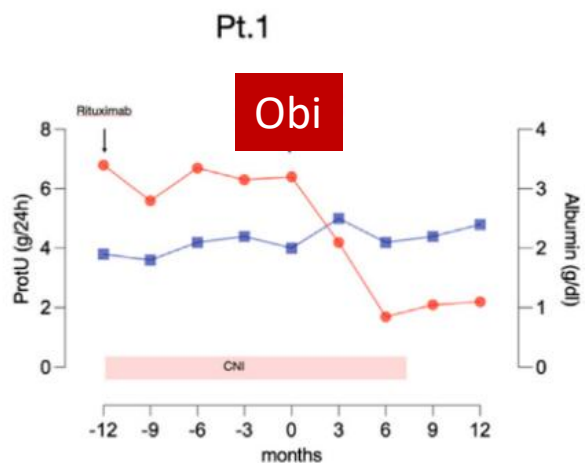
Infection
(5.7%)

Neutropenia
(1.6%)

Chan et al. 2024

CONCLUSION Rituximab enhances remission in a subset of children with SRNS, and is generally safe. Complete remission following rituximab is associated with favourable kidney outcome.

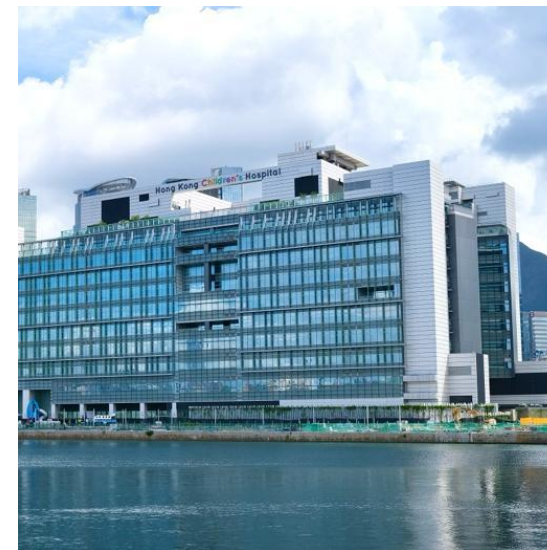
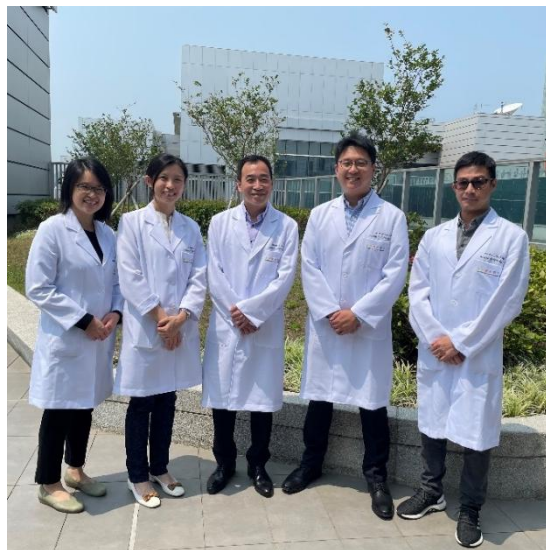
Obinutuzumab in SRNS



Obi, N=6
RTX & CNI R MRNS
CR 3/6, PR 3/6

Summary

- Rapidly evolving therapeutic landscape - precision and personalised medicine
- Combination therapy in high risk patients at disease onset
- Using anti-CD20 as second or third line IS in FRSDNS and SRNS
- B cell depletion (? and deeper) in selected patients
- ? Prognostic value of anti-nephrin antibodies



多謝嘢 ! Many thanks!

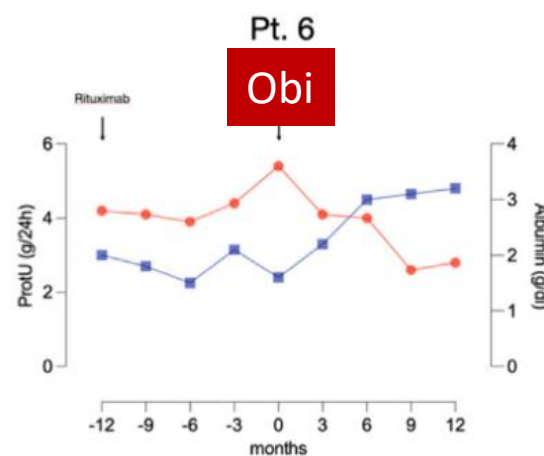
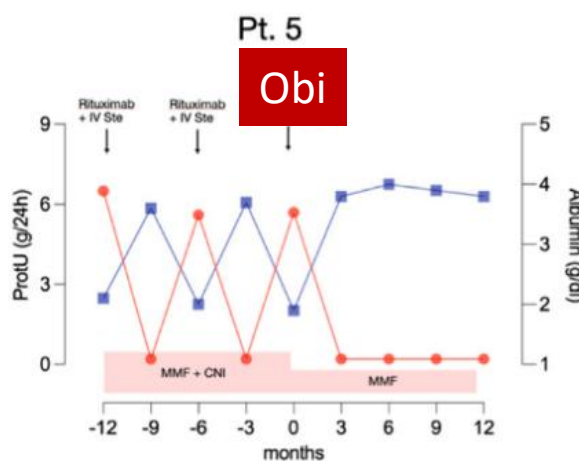
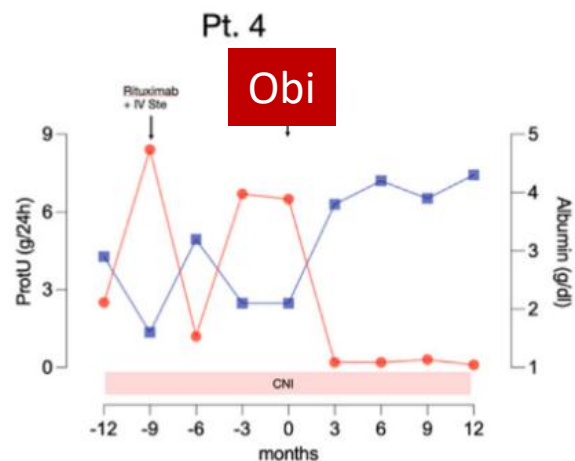
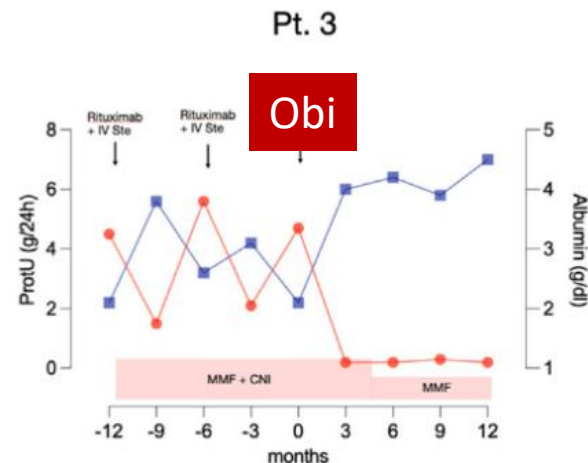
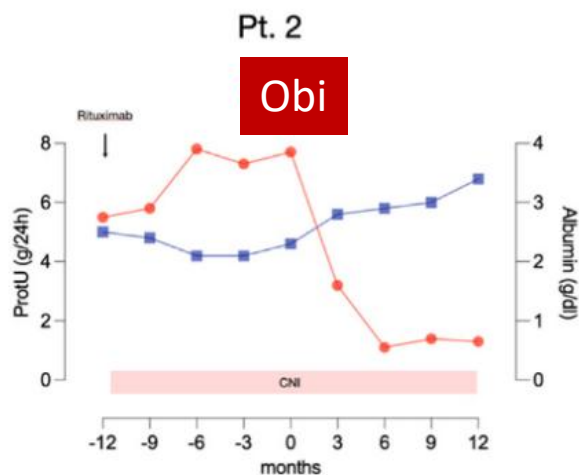
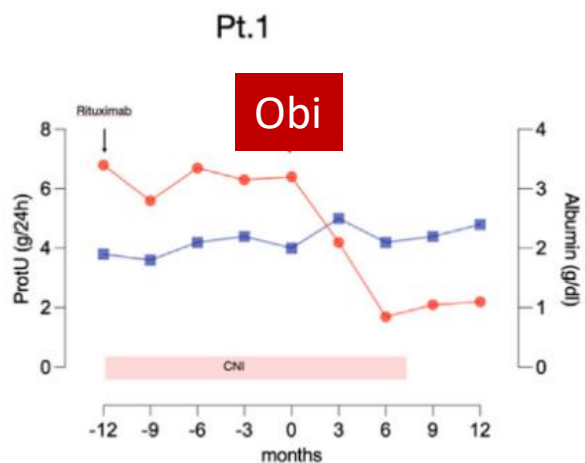
Email: Eugene.chan@cuhk.edu.hk



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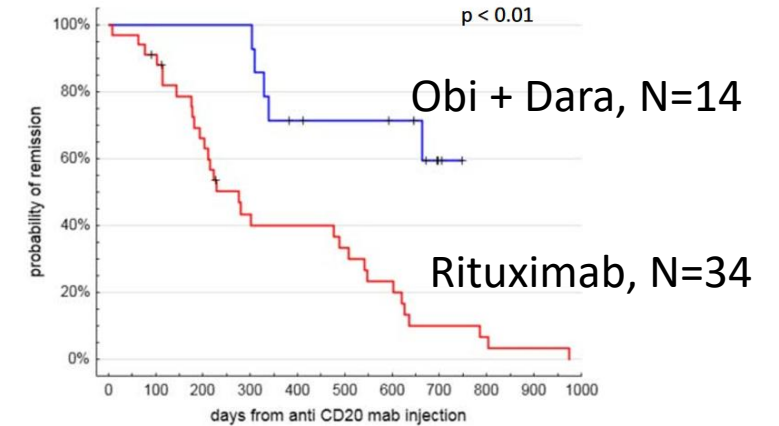
Obinutuzumab in SRNS



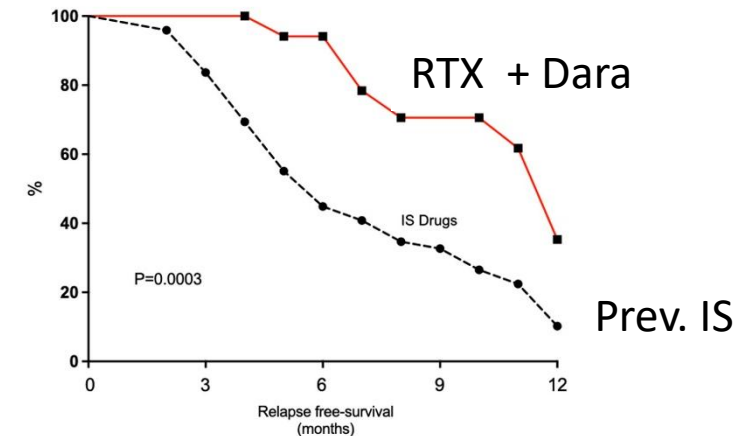
Obi, N=6
RTX & CNI R MRNS
CR 3/7, PR 3/7

Anti-CD38 Daratumumab w/ anti-CD20

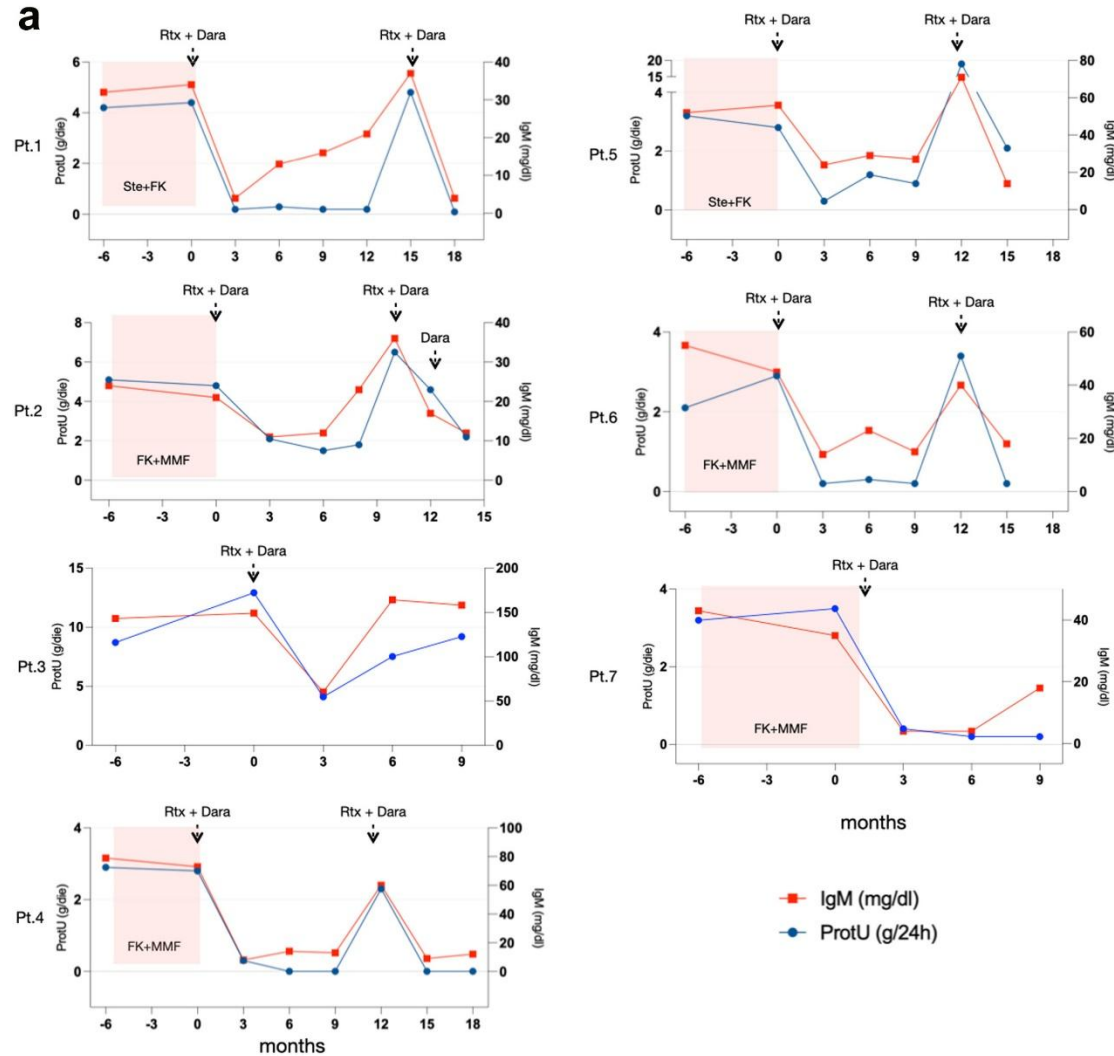
- Dossier et al. N=14, refractory to rituximab
 - Obi + Daratumumab
 - ? Obi effect
 - Mild Infusion reaction, neutropenia
 - Low IgG 12/14, Low IgA 8/14 and IgM 14/14



- Angeletti et al. MDNS, n=16
 - IS drugs Prev. Ritux, N=12 (75%)
 - RTX + Dara, tail IS



RTX + Dara in SRNS



RTX + Dara, N=7 MRNS
CR 4/7, PR 2/7